



## DECEMBER MEETING

16 DECEMBER 1969

Events followed fast after the Pease GLOOWEIN. Ginny Larsen and the Coleman's were accepted as members and promptly told that their dues were in arrears. Shirley suggested that PVS'ers expand the Winter schedule to Schaefer Cup involvement and promptly accepted to assist Dick King with the distaff race team. It was a SNOW TALK night. The guests showed great enthusiasm and added to the noise of the members in the active discussion. The din subsided during the S.R. Lowe Cinema and that "SKIN" movie that Larry had located. It was a bubbly evening and another big success as Shirley's Christmas Meeting. Many thanks, Shirley.

## KILLINGTON BUS SKICADE

31 DEC - JANUARY 4

The BRSC "Ski Talk" listed our trip and it became an instant success. PVS thanks Editor Eloise Newdorp. The 29 adults and 2 junior skiers affiliation breakdown as follows: 13 PVS, 4 of Sun, Ski & Surf, 9 SCWDC and 5 guests. Joined as 2 BUSES LOADED. The entertainment will sure break the ICE. SSS has first eve initiated with Home Movies and terminated with a New Years Party, Friday nite at the "Wobbly Barn" and Saturday for [REDACTED] Fondue nite.

A Saturday nite phone call reached an ecstatic Aina, or more correct, one suffering from DEMENTIA SKILIRIUMS - fabulous snow, blue skies, BEAUTIFUL moguls, Colorado skiing and everyone skiing that hard that they are found crawling on the bus each evening - exhausted. Killington, Sugar Bush, Mad River and crack of dawn Sunday planned for "first tracks" of the snow that fell during the night on Killington. Entertainment? my yes - how can it be otherwise with two bus loads of exhilarated skiers. Everyone most bubbly at the New Year Party - danced the night at the "www-obbly Barn" - hilarity at the [REDACTED] Fondue with lips being seared to match sunned faces of the schussboomers. Home Movie? SURE WAS most professional (Note to Editor - "We will have to take lessons from SSS!"), [REDACTED] [REDACTED] [REDACTED] [REDACTED] - (??? Dont ask me for at that moment I heard "This recording will self destruct in - - - -"). Did overhear a weak "The trip will be written up for the next Toot by -" and then there was a horrendous explosion. ( I float fo<sup>r</sup>ward - wisps of snow curl skyward and a wake billows to the rear as I DECEND East Fall - engulfed momentarily only to soar forth magestically - - - - -) the air tinkels with a music of impacting snow crystals - - - Crash - Bang - - DAMN! I have to get back into bed).

BRSC SKI-O-REE - PVS MEETING--17th - 17-18 JANUARY 1970

This is the second year that PVS will conduct the Uniform Proficiency Tests. It is also the years ON-THE-HILL Meeting for IVS. Lets make it a big day with a get together Saturday evening after skiing. The Uniform Proficiency Test Judges Clinic will be offered each morning as a three hour class & hill work period by

Tate Milligan and members of SCWDC. This will include the Basic and Standard Tests. PVS members can complete their Standard and receive the Judges card at the same time. It will be to our advantage for Dick King, who is responsible for the Proficiency Tests, will be looking for help on the hill. Both Judges and clerical help is needed to speed applicant processing on both days. This is a great PVS opportunity to advance as a group in the realm of organized skiing. Granted it will be a hectic two days for those involved, but enjoyment will be your payment.

Sponsors of new applicants to PVS be sure that your nominees are present to take the Basic and fill that club requirement. If you feel they can pass the Standard, suggest that they join in the Clinic, but remember that one must be a member of USSA or an affiliation to participate in the Standard Test.

The SOR in addition to having the Clinic, tests up to Qualified Amateur Instructor will also have races on both days. It is obviously an ambitious program that necessitates a tight schedule and a great deal of help. PVS has qualified personnel that can make the SOR a success. Therefore, lets all be present when not participating in a program to offer our help. Be sure to check with Gilbertson, the SOR co-ordinator, and PVS's Jack and Dick who will have the tough testing program to run. I don't have to mention that you should sign up for the races, for after passing your Standard slalom you will be ALL HOT TO GO. All the races are unsanctioned and only for unclassified skiers.

RACES TWO

PVS COMPETITION CHAIRMAN

DICK KING

Interclub Races that Dick has Scheduled for PVS enjoyment:

VALLEY FORGE SC	Blue Knob, Pa.	30 January 1970
RICHMOND SC	Roundtop, Pa.	28 February 1970

The race with VFSC will also have other clubs entered, so we may be involved in a precedent. This race could grow into one regional unsanctioned race of significance. This could be a PVS club first(what? Another one!). If we work on the planning and participate we certainly can make this years race a basis for continuance. Regional meetings are filled with talk of value of unsanctioned races. Our area has a definite need and for that reason the success of this race is of prime consideration. Four or five clubs this year - eight to ten next year - - - - . Yes PVS has an opportunity - what do we want to do with it? As we have been requested to field Juniors it could start our own Junior Program. I've watched BKSC Juniors so suggest that you bring all cameras available to record the enthusiasm, interest, and avid participation. It will make you a believer in a day. It is work, but come SEE and then decide PVS direction.

"Dutch" will hold a NASTAR that Sunday and VFSC has informed us that they are in. Here is your chance to outtime Jimmy HEUGA. Please read(beg, borrow or steal)"Getting High On NASTAR"p.165 of SKI, Oct.69. Blue Knob has the necessary electronic timers.

It is fortunate that we will have races prior to meeting the Richmond SC. If the Vermont PVS Trip guests were representative of the Club it will be a ball. PVS participation in Winters planned activities will make it our best year yet. Gung Ho PVS!

## PRESIDENT'S MESSAGE

JANUARY 1970

The normal range of yearly club attrition in Washington is 25-50% of the membership. There are reasons why PVS is spared such decimation. Some are obvious and others are not readily apparent. An outsider might believe us to be only a select group that seem to have a Hell-of-a-lot-of-Fun. The potential within the individual membership, that force which has maintained the club, is not evident to a casual observer.

It is time that PVS initiate a program that may utilize this potential toward creating a club based upon a plan with direction and purpose. A program that will assure continued growth of the club, increase membership participation and individual satisfaction. A program that guests will find significant.

The Winter program that PVS is committed to is one that will not only benefit each participant but also one that may involve the membership toward the creation of a basic club program that will be more rewarding and purposeful than any attempted in the past. It will increase organized skiing involvement from members to that of the entire club.

May I urge each member to become involved in the Ski-O-Ree and the Interclub Races in order to assure the success of these events. This is your contribution toward a more dynamic PVS.

## CHANGE OF THE GUARD

FEBURARY 1970

Publication of the TOOT is officially transferred to Jack Fox. PVS members are to be relieved of excessive prolixity, furtive attempts at rectification to correct spelling (note Feb. above), that which Samuel Johnson ordained (maybe - interred?), and elliptical phraseology that had you looped indefinitely. Readers will please refer all future juicy tidbits and gossipy news to Jack.

\* \* \* \* \* No I'm not BOMBED

## BASIC TEST REQUIREMENTS

FOR THE YELLOW BOOK

Any individual may take this test that requires a demonstration of his ability to perform the basic maneuvers. Requirements of proficiency on the level, climbing and decent are to be demonstrated on a packed slope.

1. Demonstrate the ability to walk with one-step and gliding-step with proper use of poles.
2. Demonstrate Kick Turn or Step Turn left and right on level.
3. Demonstrate Side Step up a 15° slope.
4. Herringbone 50 feet up a 10° slope with proper pole & use of edges.
5. Traverse side-step up a 100 foot slope with kick or step-turns between traverses. Proper edging and pole action required.
6. Decend 50 feet on a 10° slope with double stem (Snowplow), with alternate slowing down and speeding up, to pre-designated stop between two poles with snowplow maintained throughout.
7. Demonstrate 4 linked Snowplow turns.
8. Demonstrate a Parallel downhill run for 50 feet on 10° slope.
9. Demonstrate right and left controlled Sideslip, fall line or diagonal, for 20 feet down a 20° packed slope.

## BASIC (continued)

10. Execute three long traverses across a 10° degree slope linked by Stem Turns. The turns must be done slowly, smoothly, cleanly and under control. Lifting of one ski is permitted.

Supplementary Note: The candidate must demonstrate ability to remain under control with use of accepted skiing methods through all maneuvers. The candidate must pass all maneuvers in 3 tries.

As this is a test given by USSA designated judges there is a fee that covers the cost of the pin awarded and the registration.

## STANDARD TEST REQUIREMENTS

The test is open only to members of USSA who have passed the Basic Test. The test may be given by two judges, one of them having passed the Standard Test, approved by the Divisional Uniform Test Committee.

The test consists of six sections in two parts that must be passed in the same season. Part A must be completed in one day and Part B requires completion of Part A.

Demonstrate: \* \* \* PART A \* \* \*

1. Four linked Stem Turns down a slope of 15° without lifting a ski during turn or non-tracking of downhill ski.
2. A right and left Stop Christie on a 15° slope. Stop made from 10mph between two poles placed in the fall line.
3. Four Stem Christy turns on a 15° slope each linked with a definite traverse with proper edge control.
- 4a Demonstrate a right and left Kick Turn on the level.
- 4b A right and left Kick Turn on a slope greater than 10°.
5. From a traverse position demonstrate a fall line Sideslip on a 20° slope, first in one direction and then in the other, for 20 feet. Then Diagonal Sideslip with co-ordinate turn to the opposite direction, sideslip continued alternately for 20 feet.

Supplementary Note: Up to three trials per section permitted. Turns to be executed without weight on poles, smoothly and under control. Stem Christy section 5.

\* \* \* PART B \* \* \*

6. Complete a slalom course, without falter or a fall, within 30% greater than time required for a steady run by a good slalom runner over a simple course with 10 to 12 gates placed to fit the terrain and to permit a smooth run for a minimum drop of 150 vertical feet. The course should require the runner to mix Christys, stems and parallel running.

Supplementary Note: Faltering is interpreted when the runner hesitates and works his way through a gate rather than anticipation of turns to maintain a smooth run. Emphasis is on form, steadiness and sureness of execution rather than demonstration of a particular technique.

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Retain this sheet in your PVS Folder for reference. Members attending Judges Clinic will obtain analysis data not included in the above simplified notes of test requirements.