

VOLUME XLIV  
NUMBER 12

*Potomac Valley Skiers, Inc.*  
WASHINGTON MARYLAND VIRGINIA

DECEMBER, 1982

PRESIDENT'S MESSAGE:

With Thanksgiving just past and the December holidays fast approaching, it does seem to be a truly thankful time of year. In PVS we can be thankful for a great year of meetings, events and skiing; thankful for the many wonderful people who make our club the super organization it is -- my fellow officers, our hosts, hostesses and trip-leaders, and of course, YOU without whom the club would certainly be less!

I wish each of you a very happy holiday season and hope the new year brings you all the joy you seek.

Hope to see you at the Harvest Dinner or the Gluwein Party!

Bob Marx, President

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DECEMBER EVENT: ANNUAL CHRISTMAS GLUWEIN PARTY

WHEN: Tuesday, December 21st. 8:00 p.m.

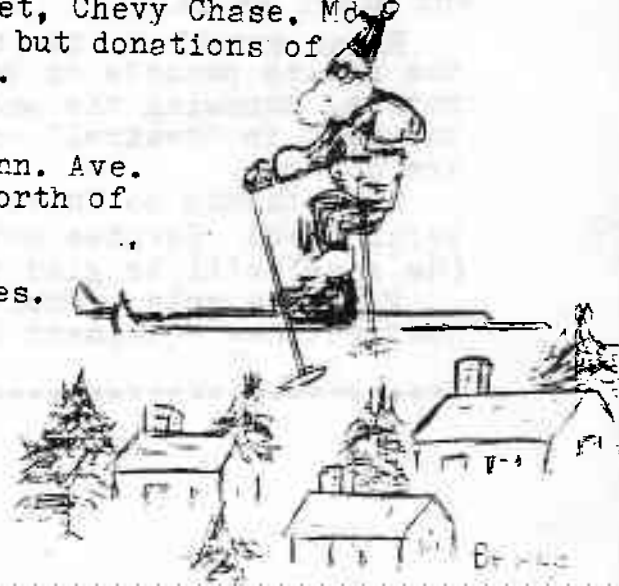
WHAT: The annual Merry Christmas party hosted by Adele Waggaman at her home on One West Melrose Street, Chevy Chase, Md. As usual, beverages will be provided but donations of appropriate nibbles will be welcomed.

NO RESERVATIONS NECESSARY

DIRECTIONS: Adele lives on the corner of Conn. Ave. and West Melrose Street which is 5 blocks north of Chevy Chase Circle.

If coming by beltway, take Exit 20 and proceed south on Conn. Ave. about 2 1/2 miles. Melrose Street is just south of the Chevy Chase Club entrances - on the same side of the street.

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NEW YEAR'S EVE GALA !!!!!!!

- When: December 31st. 8:30 p.m. and on. And on.
- Where: Home of Vivian and Bob Barry, 2535 Ogden St. Falls Church.
- What: PVS Second Annual New Year's Eve get-together for auld lang syne.
- Cost: \$5.00. Plus please bring your favorite hors d'oeuvre. (Vivian would appreciate your recipes unless, of course, they are closely-guarded family secrets.)  
Wine and champagne will be provided. (If you prefer the hard stuff, BYOB.)

Reservations: Call the Barrys by December 28th. (560-3127)

Directions: Take Beltway Exit #10 (Rte 7) for Falls Church. Go about two miles to the light at Shreve Road (there is a Roy Rogers on one corner, Giant Food on another). Turn right at this light and continue on Shreve Rd. for about 3/4 mile - past Elementary School on the left - to Ogden Street. Turn right. It is the deadend side of Ogden Street and the Barrys' house at 2535 has a picket fence and is the next to last house on right hand side.

An alternate route from D.C.: Take Lee highway through Falls Church Center, turn right on Shreve Rd. (Rte 703) and left on Ogden Street - about 1/2 mile from Lee Highway.

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PAST EVENTS

SKI TALK AT NOVEMBER MEETING by Charlotte Reith

It looked like Christmas morning at Charlotte Eddy's lovely home on Tuesday, November 16th. There was a feast in the dining room and new ski equipment in the living room demonstrated by Brian Eardley from the Ski Center.

Air bags for ski boots? No, the bag doesn't inflate when you are about to crash into a tree. It comes with its own built in compressor and inflates around your foot to make a perfect fit. The key phrases used were "feeling your skis" and "control." One binding is tracked so that it can be repositioned forward or back depending on ski conditions. In general, skis seemed to be longer and softer but the length will vary not only in relation to the skier's height but will depend on the make and model as well.

Brian extolled the benefits of Skithotics. Ski boots tend to make the ankles pronate or bend inward which causes the leg and knee to rotate, throwing the whole body position off. The Skithotic positions the foot in "neutral" and aids getting the feel of what your skis are doing.

Many thanks to Charlotte, our gracious hostess, Bob Grasley for the super Grand Targhee movie, and Brian for his second annual ski talk. (He says he'll be glad to talk skis any time back at the shop.)

P.S. the only complaints heard during the evening were "But, I just got new equipment last year!"

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GREAT FALLS HIKE by Lu Beale

It is doubtful the McKinleys chose their home in Great Falls, Va. exclusively for the future pleasure of PVS but if you wanted a blueprint for the perfect club gathering place, Ray and Celinda's hacienda could be the model.

Not the least of its many attractions is its proximity to Great Falls Park and it was here that 19 PVSers recently trekked on a crisp, fall day. Shepherded by the McKinleys, the hikers made their way the few hundred yards through the woods to the edge of the Potomac overlooking the falls and from there proceeded on a 6-mile circuit walk, skirting the river's edge high above Mather Gorge, dropping to Difficult Run and returning through the woods to the McKinley home.

Here wonderful things had been going on in our absence. The hosts had returned early from the hike, Ray to nurse a cold, and Celinda to cook up a storm of New Mexican specialities. The delighted hikers gathered around the warming fire in the huge living room fire place to restore their energies with such delectables as salsa & chips, posole and chili roja (took a mere 2 days to cook!), frijoles refriedo, chile verde, tortilinas, mock cherry -de orjas, accompanied by wine punch- hot and cold.

What a day! What a feast! What hosts! It was a memorable occasion in every way. Thank you, Celinda and Ray. Can hardly wait for the next Great Falls hike!

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CHRISTMAS GIFT IDEAS

1. The PVS Cookbook \$6.95  
Call Bette Walker (554-4766) or Bob Marx (451-9158) or pick up a few at the Christmas gluwain party. A great gift idea for the skier or non-skier on your hard-to-shop -for list.
2. PVS Sweatshirt Pullover \$9.50; Zipper \$13.00  
As you must know by now, PVS has an official sweatshirt available (we hope by Christmas) in two styles - pullover or zipper with hood. Color will be navy blue with white lettering (ooh) and emblem (ahhh!)

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REMINDER: Anyone interested in mid-week skiing call Bob or Jan Marx (451-9158). Your name will be listed and appear in TOOT. Should make it easy to get a ski pal for a local trip!

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ADDRESS CORRECTIONS: Please make these changes in your November roster:  
Pete & Eleanor Peterson 16 Panorama Dr. Oxon Hill, Md. 20745 839-2538  
Office: P. 767-2648 E. 546-3694  
Michael Rysavy PO Box 549 Stevensville, Md. 21666 460-4413 O: 301-643-2711  
Also, delete Thelma Belloli's office phone number.

And correct Irene Farrell's office phone to 933-9750 ext 318.

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# The Knee

by  
Ray McKinley

It's December and time for my annual Chriskneemas visit. Merryknee Christmas

and a Happy Knee Year. And, for our Jewish members, a happy Chankneekah. As you sit around the fully garlanded Christmas Knee, don't forget that all those gifts were brought by Santa in his reinkneedeer-pulled, shinknee sleigh. You all remember the lead reinkneedeer, Rudolph-the one who was very scrawknee.

You shoulda been at the October ExCom meeting. Last month's TOOT reported only about a tenth of the goings-on over our sweatshirts. Had Sheldon Drews not awakened in time to defeat the motion, we would have ended with lilac and honeknee colored sweatshirts. It was one of the funnkneeist ExCom meetings ever.

Several months ago I wanted to find out if the government had any writing improvement courses. It was because I wanted to make this column better. So I wrote Washington and enclosed copies of this column. I was upset that they saw fit to respond through a story in the Washington Post with the following headline:

Thursday, December 2, 1981 THE WASHINGTON POST

## Washington Sets No Date On Knee Rehabilitation

Several weekends ago, the Post travel section featured local skiing. It began with the author describing her experience with a broken chair lift at Blue Knob and a 45 minute wait until the ski patrol arrived. She noted that it was her second such experience at Blue Knob. This must have happened to everyone. Moral: if you like shoddy, broken-down, unsafe lifts, ski Blue Knob. If you don't, don't.

From the Kneething New Department: President Bob Marx, at a recent ExCom meeting, reviewed the minutes of an ExCom meeting held 12 years earlier. They were a

virtual carbon copy of the previous month's minutes. It's nice to know that at least ExCom meetings are not overtaken by techkneology.

Dick and Julie King were in town recently. One night they had dinner with Hank and Ains Thomas and Bill and Elke Stecher. The males in this group represent three of PVS's first four presidents. Do you know who was the fourth?

Dick King flew east from Denver. Julie, who hates flying, came by bus. Julie, don't ever plan a ski trip to Europe. The buses take forever to get there.

Non-relevant quote from the Farmer's Almanac (which predicts lots of snow this winter): "The buck doesn't stop here anymore."

Relevant quote from Larry Pease referring to learn-to-skiers: "I must not confuse enthusiasm with competence." Ah, come now, Larry, they are only learnkneeing. Larry is very precise. I must remember not to quote him erokneesly (e-row-knee-us-ly...Gawd! I hate to have to spell these things out!)

Karen Felker first learned to ski in Lapland. That's what I get when I sit down.

It's been suggested that I get a poetic license plate for my car with KNEE on it. Thanks, but I don't think, based on my last poem, that I kneed it!

You shoulda been at last month's PVS meeting at Charlotte Eddy's home. Geoff' Wadey was there after being absent for many meetings. He did a good job of keeping the Ski Center's Brian Eardley honest. Or, was it Brian who kept Geoff' honest? What they kneeded was someone to kneegotiate between them.

And, finalknee, the Kneedle of the Month which, I'm distressed to say, goes to me. Some weeks ago I was going through some old PVS-related bags, including one which I thought contained some extra paper plates. Sure enough, it did. But on one of the plates was a year or more old piece of fried chicken - or perhaps it was a piece of cake. Anykneehow, it was a homogenkneeous green, moldy mess. Yuck!

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Geoff' Wadey, working on his new home computer, has compiled the following list of all BRSC trips offered this ski season. All skiers in all the BRSC clubs are indebted to Geoff' for this labor of love which makes choosing a ski trip - long or short- as easy as picking up the nearest telephone.

TWO-WEEK TRIPS

AUSTRIA

01/28 ST ANTON RSC 804-358-5612  
03/26 ARLBERG AHL 703-820-0473

CANADA

02/26 BANFF/WHSTLR PVS 301-299-2635

FRANCE

01/15 LA PLAGNE PVS 301-589-5532

ONE-WEEK TRIPS

AUSTRIA

01/22 ST VEIT AFH 703-281-3875  
02/18 INNSBRUCK CTN 301-269-5830

CANADA

01/01 GRAY ROCKS AHL 703-549-3743  
02/19 WHISTLER BC SCW 703-425-6413  
03/03 WHISTLER BC RSC 804-282-7430  
03/13 LAURENTIANS BAL 301-768-4394  
03/19 WHISTLER BC BAL 301-444-9026

FRANCE

01/21 TIGNES/VAL D SCW 703-534-2512

SWITZERLAND

01/20 ZERMATT BAL 301-647-4981

USA

12/04 VAIL CO RSC 804-359-5555  
12/05 NEW HAMPSHR PVS 301-424-5725  
12/25 VAIL CO SCW 703-534-2512  
12/26 OKEMO VT BAL 301-483-9093  
12/26 UTAH RSC 804-747-7986  
01/15 ASPEN CO SCW 703-356-9305  
01/15 JACK FROST AHL 703-451-1336  
01/15 SUGARBUSH VT RSC 804-266-1986  
01/16 SUGARLOAF ME BAL 301-667-4239  
01/22 SUGARLOAF ME CTN 301-647-1551  
01/29 STEAMBOAT CO SCW 703-534-8017  
01/30 STOWE VT AHL 703-522-5609  
02/05 JACKSON HOLE SCW 301-322-1657  
02/05 TROS BAL 301-788-9331  
02/12 STEAMBOAT CO RSC 804-794-6999  
02/13 KILLINGTON BAL 301-377-5333  
02/19 BRECKENRIDGE BAL 301-592-2819  
02/26 KILLINGTON RSC 804-740-4634  
02/26 LAKE TAHOE SCW 703-379-0419  
03/04 N CONWAY NH PVS 301-560-3127  
03/05 SUN VALLEY SCW 703-892-1225  
03/05 VAIL CO AFH 301-261-3602  
03/12 PARK CITY UT SCW 703-671-7694  
03/19 VAIL CO SCW 703-820-9734  
03/20 KILLINGTON AFH 703-978-8831  
03/26 ASPEN CO SCW 703-243-7847  
03/26 UTAH CTN 301-757-3170

SHORT TRIPS

USA

11/24 JAY PEAK VT AFH 703-941-8725  
12/10 HUNTER MT CTN 301-987-1634  
12/17 KILLINGTON BAL 301-768-4394  
12/18 HUNTER MT AHL 703-379-7471  
12/29 MASSANUTTEN AHL 703-532-9314  
12/30 BLUE KNOB CTN 301-757-3170  
12/30 OKEMO VT BAL 301-385-2216  
01/07 GREEK PEAK AFH 301-455-7384  
01/07 OREGON HILL CTN 301-268-2494  
01/07 SEVEN SPRNGS BAL 301-435-0639  
01/07 WISP PVS 202-333-6039  
01/12 LIBERTY AFH 301-530-8744  
01/13 KILLINGTON CTN 301-974-0159  
01/13 PICO VT BAL 301-574-2490  
01/19 WINTERGREEN AHL 703-751-6985  
01/21 SKI-93 NH BAL 301-437-2797  
01/22 SEVEN SPRNGS AHL 301-249-9224  
01/27 ROUND TOP AFH 703-697-4983  
01/28 ELK MT BAL 301-363-3280  
01/28 ELK MT BAL 301-363-3280  
02/04 CANAAN BAL 301-522-3347  
02/05 CANAAN AHL 703-451-1336  
02/09 LIBERTY AFH 301-535-2422  
02/11 BLUE KNOB CTN 301-757-6338  
02/11 CAMELBACK BAL 301-668-0589  
02/15 LIBERTY AHL 703-451-1336  
02/18 GREEK PEAK BAL 301-823-6875  
02/18 SEVEN SPRNGS AFH 301-530-8744  
02/18 WATERVILLE V BAL 301-667-4239  
02/18 WISP PVS 703-560-3127  
02/19 GREEK PEAK AHL 703-370-5778  
02/25 SEVEN SPRNGS BAL 301-270-4855  
02/25 WISP CTN 301-544-1853  
03/02 ROUND TOP AFH 703-920-7446  
03/03 SUGARBUSH VT CTN 301-798-6341  
03/04 GREEK PEAK BAL 301-357-5353  
03/04 KILLINGTON AHL 703-525-6907  
03/11 GORE MT NY BAL 301-321-1383  
03/17 STOWE VT CTN 301-747-3945  
03/18 WHITEFACE NY BAL 301-944-9468  
03/25 SNOWSHOE BAL 301-944-0327  
03/31 STOWE VT BAL 301-788-9331

SHORT TRIPS ARE UNDER 5 DAYS.

CLUB CODES

AFH AIR FORCE HEADQUARTERS SKI CLUB  
AHL ARLINGTON HALL SKI CLUB  
BAL BALTIMORE SKI CLUB  
CTN CRATOWNE SKI CLUB  
PVS POTOMAC VALLEY SKIERS  
RSC RICHMOND SKI CLUB  
SCW SKI CLUB OF WASHINGTON DC

CALENDAR OF EVENTS

- December 4 ... Harvest Dinner. Call Marilyn Clark(978-9435)
- December 21 .. Christmas Gluwein Party at Adele Waggaman's. 8:00 p.m.
- December 28 .. ExCom at the Clarks. 7:30 p.m.
- December 31 .. New Year's Eve Party at the Barrys. (560-3127)
- January 18 .. Monthly Meeting. Maybe skating. Watch this space.
- January 25 .. ExCom Meeting.

LOTS OF GOOD THINGS COMING IN NEW YEAR. DETAILS LATER.

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SKI TRIP SCHEDULE

- December 5 - 11 ... New Hampshire Skierized Car Trip.  
Call Charlie Huggins 424-5725 (H) 436-7565 (C)
- January 7 - 9 ... Wisp l.Kuffs leading. (333-6039)
- January 15 - 30 ... La Plagne, France, Wyckoffs leading. (589-5532).
- February 18- 21 ... Wisp ll. Barrys leading. (560-3127).
- Feb. 26 - Mar 12... Banff/Whistler. Englemans leading. (299-2635).
- Mar 4 - 11 ... Mt. Washington Valley, N.H. Barrys lead.(560-3127).

BLUE RIDGE SKI COUNCIL SANCTIONED TRIPS

Besides the PVS La Plagne and Banff/Whistler trips, the BRSC sanctions these trips available to us:

- January 7-9 ... Greek Peak. Contact John Pitcock (703-455-7384)
- March 20-25 ... Killington, Vt. Contact Carl Jeffers(703-978-8831)

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