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Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

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PRESIDENT'S MESSAGE:

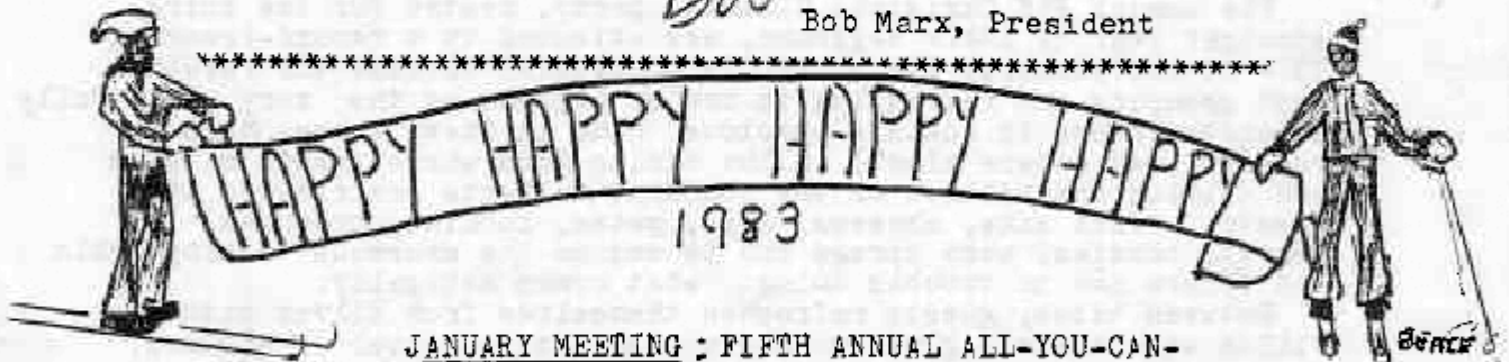
As we come to the end of 1982 and look back on the past 12 months it seems incredible to me that we have done so many things together in such a short time. It is also hard to believe that we are in what should be the first few weeks of a new local skiing season - a season that just doesn't want to get started locally. For those of you lucky enough to be heading west, it looks like a great year!

We on ExCom wish to extend special thanks to all those people who helped make PVS such a great club in 1982. We will be working hard for you in the coming months to make 1983 even better than 1982.

To each and every one of you, a HAPPY, HEALTHY, PROSPEROUS NEW YEAR!

Bob

Bob Marx, President



JANUARY MEETING ; FIFTH ANNUAL ALL-YOU-CAN-EAT SHAKEY'S PIZZA AND SKI MOVIE MEETING

Date: Tuesday, January 18, 1983

Time: 6:00 - 8:00 P.M. for "all you can eat - chicken, pizza, salad and potato." \$3.95 per adult, tax included. Drinks (beer or soda by the pitcher) are extra.

8:30 P.M. meeting and ski movie in private room.

Prospective members are always welcome. Come and bring a friend!

Arrangements: by Celinda McKinley. No reservations necessary.

Directions: Shakey's pizza Parlor, 1471 Rockville Pike - one block north of Congressional Shopping Plaza. Take Route 270 north to the Montrose Rd. exit (north) to Rockville Pike (Route 355). Left on the Pike about a mile to Shakey's on your left. Park and eat! Or come just for the meeting!

PAST EVENTS

HARVEST DINNER by Dorothy Mills

Saturday, December 4th was the 353rd anniversary of the first recorded Thanksgiving in America - no, you Yankees, not at Plymouth - at Berkeley Hundred near Williamsburg, VIRGINIA! Thirty nine PVSers celebrated the occasion in great style in the 17th floor glass-walled penthouse at Skyline Towers, VIRGINIA. Yes, our annual Harvest Dinner had a proper date and a proper setting.

And what a celebration! Other than the date and the convivial company and the state, there was no similarity to "days of yore." The glass walls of the spacious penthouse overlooked the glittering lights of Arlington and Alexandria as far as the eye could see. Karen Felker, our resident hostess, had arranged beautiful fruit centerpieces in keeping with the occasion, and Bob Wyckoff supplied terrifically danceable music.

The gourmet dinner consisted of punch and elegant hors d'oeuvres, beef Stroganoff, baked rice, green salad, French bread, coffee and a sumptuous array of desserts that was hard to do justice to after all that had gone before. The wine flowed like water - as did the main topic of conversation: skiing. With temperatures in the high seventies, prospects were not much more than a gleam in the eye, but it was fun talking about anyway.

The dinner was catered by Marilyn Clark, Karen Felker, and Dot Mason, with the assistance of all the participants. A great time was had by all. You stay-at-homes don't know what you missed!

CHRISTMAS GLUWEIN PARTY by Lu Beale

The annual PVS Christmas Gluwein party, hosted for the third straight year by Adele Weggaman, was attended by a record-breaking 70 - 80 merrymakers. The number is unofficial because the revelers kept grouping and regrouping in one or another of the many beautifully decorated rooms in Adele's spacious home in Chevy Chase. Main assembly was (where else?) in the dining room where guests nibbled and nibbled and nibbled on the abundant delights contributed by guests. Fruit cake, cheeses, dips, patés, cookies, brownies, vegies, candies, were spread end to end on the enormous dining table and PVSers had no trouble doing what comes naturally.

Between bites, guests refreshed themselves from silver pitchers filled with Adele's gluwein and a huge cutglass bowl of egg nog.

Red and green were, of course, the party colors. Dresses ranged from long to short to designer pants. Many gentlemen were resplendent in red or green jacket. However, fashion took a back seat when Pres. Bob Marx began distributing the club's new sweat shirts emblazoned with the club's motif stunningly designed by Mort Kuff. All was pandemonium as club members searched for the right style and fit. Some, unable to make a decision, took both styles.

The evening was a house-cooling, of sorts, for Adele is moving and this is the last year Melrose Street will be the location for PVS's Christmas party. Unless, of course, Adele should sell to skiers in which case we'll promptly take them into PVS. (Perhaps Adele can use that as a selling point!)

Well, it's been great, Adele. We thank you for your grand hospitality.



The Knee

by

Ray McKinley

Welcome to 1983, in Chikneese it's the year of the Knee.

Happy Knee Year. I admit it will be tough to top last year's brilliance but I'll try. I'm not complaining. It's just diffkneecult coming up with different, witknee (a mountain in California, tallest in the U.S. - except, I note, for Mt McKinley), zanknee puns.

I was terribly disappointed in the Bowl match-ups on Knee Year's Day. In the Rose Bowl I was hoping for Southern Califorkneesia vs Minkneesota. What kind of a pun is Michkneegan vs UCLknee? Even perenkneelial favorite Knebraska didn't make it to a bowl.

It's time once again for our annual get-lost-going-to-Shakey's meeting. Seems that some years back, for 2 consecutive years, we were told to turn the wrong direction on Rockville Pike. Result: pandemokneesium. To prevent this happenkneeing again, herewith are the correct directions: off Montrose Rd. go right, that's RIGHT, south on the Pike approx. 7 miles to the Beltway where go right onto the outer (counter clockwise) loop of the Beltway.

Continue once around the Beltway, some 59 miles, until you come to the Rockville Pike exit. Go north (right) on Rockville Pike. After some 7 miles you will come to Montrose Rd. Go half a block further and there's Shakey's on your left. (Editor's note: see page 1 for an easier route.)

Hope to see all of you at Shakey's so you can see for yourselves that my favorite food isn't baloknee, it's pizza. Peppereroknee, of course.

Mary Ward couldn't come to the Harvest Dinner on Dec. 4th. She was skiing in the Donner Pass, Squaw Valley area. What a pity - she missed a great dinner arranged by Marilyn Clark, Karen Felker and Dot Mason. I had expected a simple ethkneecial meal-weeknes with mayokneese, kidknee beans, brownknees, etc. The Beef Stroganoff was an acceptable substitute.

Karen Felker suggested we put all

Now, that doesn't strike me as a great idea. They would all get greasy and leak out-especially the straganoff.

Mary Ward wasn't the first PVS skier this season. Paddy and Shirley Frucht were skiing well before Thanksgiving at Santa Fe Basin near their Knee Mexican home.

At the PVS hike in Great Falls in November nearly all hikers arrived in white cars. Isn't that carrying a snow fettish a bit far? I note that the Kuffs have a yellow Morgan. What is it they say about yellow snow?

What do they call people who are addicted to video games? Vidiots.

You shoulda been at last month's ExCom meeting at Lu Beale's. No, you shouldna. There wasn't room. As it was, there were some 800 people there.

That will teach Lu to be such a gracious host - er hostess - er host-person. (Actually, Santa Claus is the best hoperson.) Mort Kuff was there to discuss designs for what he called a sweaty tee shirt. (I wonder if the British wear Tee shirts?)

Mort provided 4 gorgeous designs with the following note: "Please note that these designs reflect the broad scope of the personalities of our membership..from the eloquently understated to the supercilious (Mort and Ray obviously, but which is which?). It's obvious, Mort. No one would call a canary yellow Morgan (with a canary yellow duster) understated.

Halfway through the sweatshirt discussions, Margaret Wyckoff suggested "we should all drop our zippers." No comment. Later Pres Bob Marx was sort of fiddling with one of the now empty cheese plates. Hoperson Lu told him "I'll take it, it's only an heirloom."

Finally, my Kneedle of the Month - awarded posthumously, you might say: Some years back Dot Mills and her brother Alan were skiing in Zermatt.

They skied the last day and then got on the train wearing their ski garb and carrying all their luggage. Waiting for the train to start, Dot got a bit warm so she grabbed a set of after-ski wear and dashed to the station's restroom to change. When she reappeared there was no train, no luggage, no Alan, no purse, no money. As a result, Dot spent the night outside at the station and died of frostbite.

CANTING by Geoff' Wadey

Last month we had a report of Brian Eardley's talk on orthotics. There is another thing that he, and a few other ski technicians, can do for you. He can modify your Lange boots (and possibly others) to provide adjustable canting. First, what is canting and why is it needed? It all begins with your shin bone.

If you stand in front of a mirror, pull up your trousers (or skirt), and look at your shin bones above the ankle, you will see that they are not at right angles to the floor, but, for most people, the two shin bones diverge somewhat above the ankle. Modern ski boots are made stiff laterally with flex only back and forth and clasp the leg firmly well above the ankle. This provides good edge control. However, if the boots are made straight, because of the angles of your shin bones, the soles (and the skis bolted to them) will not be flat on the floor, but will be more or less on their outside edges. To compensate, cants, which are plastic wedges, can be mounted between the ski bindings and the skis. Ski shops have machines to measure the required angles.

Most people in modern boots, without cants, will be fighting to stay off their outside edges. The racers found this out and started using cants. Some boot manufacturers, including Lange, now build a cant angle into their boots; that is, the top of the boot is not straight up and down, but slopes outward somewhat. My new Lange 900s are made that way. However, the fixed boot cant angle is a compromise which is too much for my shin bones. As a result, I was on my inside edges. Running on outside edges tends to bifurcate the skier. Running on the inside edges makes the skis turn too quickly and causes tip crossing. What to do?

On their fancier boots, Lange has an adjustable cant. The outside ankle rivet is replaced with an adjustable pivot. Brian Eardley put adjustable rivets into my boots and now I can set them myself just by standing on a hard flat floor in the boots, loosening the adjustment nut with the little wrench provided and retightening. Now, each boot is individually adjusted to my leg and I no longer need cants on my skis (expensive and a nuisance). Also, if I want to, I can experiment by putting myself slightly on my outside or inside edges to see if I like it. I am convinced it is the answer to the canting problem.

SWEATSHIRTS SWEATSHIRTS SWEATSHIRTS SWEATSHIRTS

COME AND GET 'EM !!!

Steve Grenleski (384 -9013) is Custodian of Sweatshirts. They are navy blue and carry the PVS insigna designed by Mort Kuff. Pullovers are \$9.50. Hooded with zippered front are \$13.00. You can't afford to be without one. Call Steve or pick up one at the next PVS meeting.

INNOVATION

For your benefit a movable bulletin board will appear at future club meetings. On it will be posed club notices... activity sign-up sheets... personals... etc. Watch for it!

Have you heard that the Peases, Marxes, and Slack/Wards have rented a condominium at Wisp for the season?

MEMORIAL

The club notes with regret the death of long time member Henry (Pete) Peterson who had cancer and died of respiratory failure December 22nd. The club sends sincere condolences to his wife, Eleanor, and to his three children.

As reported in the Washington Post, Pete was born in Minnesota and moved to Washington in 1942. He was a chemical engineer with the Naval Research Laboratory for 38 years before his retirement in 1980. During his career he received many awards and also held several patents. He wrote numerous technical and professional papers.

Those who travelled and skied with Pete on club trips will never forget his delightful dry wit, his self effacement, his cheerful acceptance of hardships, his helpfulness to whoever was in need.

He was a fine skier and the sight of his lanky figure in bright yellow windbreaker and red billed hat carving perfect turns down the mountain will always be a treasured memory for his friends.

REQUEST FROM THE PRESIDENT:

In order to complete the PVS library, we need copies of several old issues of TOOT. If you have any of these issues please call Bob Marx (451-9158) or have copies made and send to him. (You will be reimbursed for your expenses.)

- 1972: July, August, September, October, November, December
- 1973: January, February, March
- 1976: March

CALENDAR OF EVENTS

- January 18 ... Monthly Meeting. Pizza at Shakey's. See Page 1.
- January 25 ... ExCom Meeting at the Marx's. 7:30 p.m.
- February 15 .. Monthly Meeting at Glade Flake's. 8:00 p.m.
- February 22 .. ExCom Meeting at the McKinley's. 7:30 p.m.

SKI TRIP SCHEDULE

- January 15 - 30 ... La Plagne, France, Wyckoffs leading. (589-5532).
- February 18- 21 ... Wisp 11. Barrys leading. (560-3127).
- Feb. 26 - Mar 12... Banff/Whistler. Englemans leading. (299-2635).
- Mar 4 - 11 ... Mt. Washington Valley, N.H. Barrys lead.(560-3127).

REMEMBER THE CLUB ANSWERING SERVICE WHEN LOOKING FOR A MIDWEEK SKI COMPANION. IF YOU WANT TO BE LISTED IN TOOT AS INTERESTED IN SUCH MIDWEEK TRIPS CALL JAN MARX (451-9158). LISTED SO FAR:

- | | |
|------------------------|-------------------------------|
| Lu Beale 363-3521 | Helen Price 333-0154 |
| Irene Farrell 963-2075 | Charlotte Reith 765-1810 |
| Jan Marx 451-9158 | Dean Worcester (301) 987-6017 |
| | Dean says, "Call Collect!" |

Events Chair Vivian Barry is looking for someone to lead PVS in a February ice skating soiree; outside, if it ever gets cold enough, or indoors, if necessary. We know there are several of you ice skaters out there -- please call! 560-3127

