

VOLUME XXI *Potomac Valley Skiers, Inc.* JANUARY, 1986  
NUMBER 1 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

The Nominating Committee for the 1986 PVS elections consists of Chairman Dick Comerford and members Jeanne Strickland, Nancy Laymon, Mary Ward, Huey Roberts and Jim Slack. The Committee's nominations for President and three members of the Executive Committee will appear in the February TOOT. Since all nominees must agree beforehand to serve if elected, this is an excellent time to volunteer to serve PVS. Any member of the committee will be glad to take your name or your suggested candidate.

My second message concerns potential 1987 ski trip leaders and the need to coordinate plans. The ExCom motion reported in last month's TOOT requires a meeting prior to the March ExCom meeting at which potential leaders would present the proposed ski areas and dates of their intended trips. Plans could be adjusted at that time to minimize any conflicts. Tuesday, March 4th falls between this year's trips and is the target date for this meeting.

*Shel* Sheldon Drews, President

!! Bulletin: Wasp Trip Planned - January 18th.  
Marx leading. See page 2 for details !!

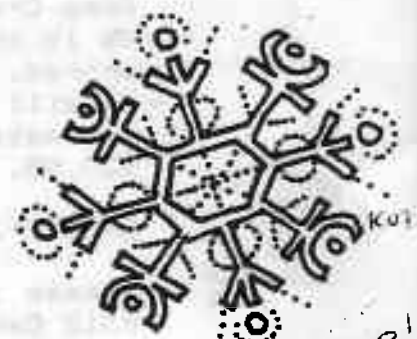
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JANUARY MEETING: FIRST MEETING OF 1986!!  
DON'T MISS IT!! REFRESHMENTS...HAPPY TALK...  
AND, AT LONG LAST, A LOOK AT THE  
LEONHARDTS' NEWLY MODELED RECREATION ROOM!!  
ALSO, SEE THE LEONHARDTS' FABULOUS CHRISTMAS  
DECORATIONS KEPT IN PLACE FOR  
YOUR POST-CHRISTMAS PLEASURE.

DATE: JANUARY 21. 8:00 P.M.

WHERE: Potomac, Maryland home of  
Fred and Barbara Leonhardt  
4919 Jongroner Court, Potomac.  
Telephone: 279-9056

SEE NEXT PAGE FOR DIRECTIONS.



DIRECTIONS TO JANUARY MEETING AT THE LEONHARDTS:4919 JONGRONER CT.  
POTOMAC, MARYLAND:

From Maryland, take #270 north to first exit (Old Georgetown Rd.). Bear right and go to first traffic light (Tuckerman Lane). Turn left and proceed 3.8 miles to Falls Rd. (Rt 189). Turn left at light and then take first right onto Winterset Dr. Go 2 blocks to end of street, go right onto Winterset Terrace and then right onto Jongroner Court. Second house on left is 9419. Enter there.

From Virginia, take beltway to River Rd. exit. Go north to Potomac Village (about 3.5 miles). Right onto Falls Rd. (Rte 189). Go 2.5 miles to Winterset Dr. (1 block after light at Glen Rd.). Turn left and proceed as above.

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PAST EVENT

CHRISTMAS GLÜHWEIN PARTY by Dorothy Mills

Everyone in PVS - well, it seemed like everyone - gathered at Jean and Reg Heitchue's lakeside house (lighted down the driveway by glowing luminaria) for a fabulous Christmas glühwein party on December 17th. There were too many of us to count but the spacious house, sparkling with Christmas decorations, including a beautiful huge wreath over the fireplace made by Jean, was overflowing.

While sipping (?) glühwein - the pièce de résistance of the evening - hot mulled cider, wine, beer and soft drinks, we sampled (nay, gorged on) an overwhelming array of goodies contributed by guests - cakes, cheeses, dips, nuts, patés, candies, etc., etc. Hit of the evening was Charlotte Eddy's hot crab dip (it disappeared first and very early). Runners-up were a shrimp pate and Mexican dips.

After a very serious (!) business meeting (3 minutes), the merrymakers returned to the table of delights and the wine bowls while exchanging news about - what else? - "Where are you planning to ski this winter?"

We missed the few who couldn't make this annual event but we who did had a magical evening. Many thanks to Jean and Reg!

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January 17 - 20

**SKI TRIP**

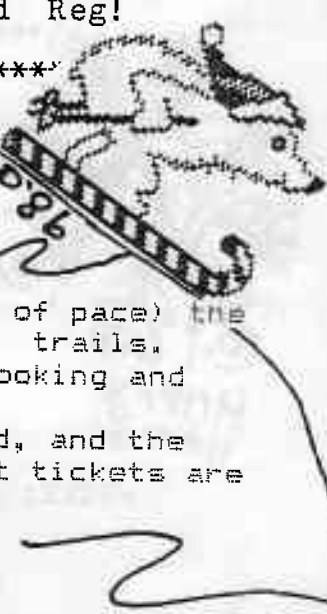
- This is a three day weekend for many PVSers and a perfect opportunity to spend an extra day enjoying our favorite sport. If you can make it for only 2 days, come and join us anyway.
- If you fear long lift lines, (or just want a change of pace) the Deep Creek Lake area offers several interesting XC trails.
- As in the past, we will share in food purchasing, cooking and chores.
- We will be staying at the same house, Norwegian Wood, and the estimated cost is \$30-40 for food and lodging. Lift tickets are \$20.95. Children under 12, \$13.50.

CALL---Jan or Bob Marx---**NOW !!!** 451-9158.

Please send a deposit of \$35 (children, \$20) to us at:  
8312 Oakford Dr., Springfield, VA 22152.



BRM



PAST EVENT

RAY MCKINLEY'S GREAT FALLS HIKE by Jack Lilley  
Illustrated by Nancy Monacelli

The announcement read - Great Falls Hike - November 30th - Rain or Shine.

Thirteen survivalists showed at 1:00 P.M. and departed Ray's abode propelled by a starter of fiery Mexican Salsa made with fresh hot jalopena peppers.

(Defense Department reported to be interested in this potential rocket fuel.)

This "Motley Crue" was outfitted in everything from army surplus ponchos to Roy Elrod's exotic nouvelle dry cleaner's plastic suit cover (a Marine Corp field expedient). With Ray as hike coordinator and Lu Beale on point, some of PVS's finest hiked in an upbeat mood. Shirley Rettig was designated trail-sweeper (in this case, the mopper-upper).

Unphased by the light rain which fell during the entire trip, the group slogged through the quagmire, slipping and sliding on wet leaves, rocks and downed trees left by recent floods. The roaring, surging waters at Great Falls were a spectacular sight as were other scenes created by the high flood level.

Ray left the hike early to start a log fire and ready the kitchen for his Mexican fiesta. As the hikers left the Great Falls lodge on the last leg of a 6½ mile circuit hike, point person Lu Beale informed us we had satisfactorily filled all requirements for membership in an elite club sub-division and were henceforth to be known as the PVS RIVER RATS. Finally, slogging our way back to the hacienda, we bedraggled hikers were greeted by Señor Ray in his Mexican hat and serape to set the tone for the evening - (Ole!)

The "RIVER RATS" quickly changed into dry clothes as another contingent, the "CHICKEN RATS" (PVS persons unable to survive in hostile environments), began arriving in packs. Both RIVER and CHICKEN Rats began hurriedly imbibing beer and wine at a great pace reinforced by more fiery salsa.

Various other Mexican dishes appeared, including Ray's favorite speciality - a most tasty SUPERNACHO. The main course followed two chilis (hot and mild) accompanied by a variety of salads and vegetables and, inevitably, more wine and beer.

The grand finale consisted of a wide variety of desserts with Fumiko's cheese cake winning top honors. Finally, it was time to depart - all in a state of gluttony - not an unexpected condition for RATS be they CHICKEN or RIVER.

Adiós Señor Ray. Muchas gracias for a SUPER event.





# The Knee

by

Ray McKinley



Let me again this year wish you a Happy Knee Year. Also, a happy ski year. The snow is already super out west so it promises to be a banner winter.

Some early reports: Dick Comerford skied at Copper Mt. in mid-December after a business trip in the west. He said that except for the blizzard it was great skiing. I hope Dick contacted Larry Pease before going. Larry, through the Ski Patrol, has a special discount book for the Keystone, Breckenridge, Copper areas. It's a good deal, it's tax deductible and helps the Ski Patrol. See December TOOT for details.

Speaking of the December TOOT, it was a good issue. Nice to read new authors like Dick Clark and Joe Lewis. And a special tip of the ol' Knee Cap to Lu Beale for a great write up on the Mason hike and a superb editing job.

You might note that the December Christmas Tree frontpiece was designed by PVS charter member Nancy Monacelli. After an absence of several years, Nancy has just rejoined PVS. Welcome back.

Club president, Sheldon Drews, has a new job at ANSER. I won't question that. Immediately after starting, he told his new boss he was taking 2 weeks off at Christmas to ski. Right on!

Bing Poon is already busy patrolling and teaching at the Homestead and Bob Grasley reports lots and lots of snow in Czechoslovakia.

Back to early skiers: Ted Cardwell has already skied three weeks in Brighton, Utah. He flew out just after Thanksgiving and returned just before Christmas.

Not to be outdone, Jim and Barbara Wingrove skied December 15 at Liberty, the first day of its operations this season. Jim defined the skiing as "interesting."

At the Great Falls hike last year, Ray and Nancy Garrett locked their keys in the car.

This year, they did better. They only left the car lights on. No harm was done though since a later arrival saw and reported it. Nancy will be off to a 5 week course in Indianapolis in January and February. First prize was a 3 week course!

Norm and Mary Engleman returned from India in early December after doing no skiing whatsoever. Altho they reported that they enjoyed the trip "much more than we expected to" Norm felt a compelling need to put on the boards so on December 6 he started calling airlines. He found a special one week rate of only \$158 round trip to Denver good only Dec. 7-14. Sooo - he went. For the entire week! He skied Winter Park and Mary Jane. It was Denver's best December skiing ever. He said one of his toughest runs ever was a run called Engledive. Honest!

I got really cold over the holidays ... I hope I don't come down with kneemonia.

Both Charlotte Eddy and Barbara Wingrove had new hairdos for the Heitchues' Christmas party. And Aase Berling was elegant in a floor length dress.

Finally, at the party, Knox Felker and Mary Jane McCarthy were having a conversation about silk underwear. (I only report this. I don't question it.) Mary Jane was reported to say "Oh, I know Knox. He never wears underwear at all." No comment.  
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(Because the Knee has been off non-skiing in Jamaica, his column is somewhat abbreviated this month. This, at long last, leaves space for the following illustration which you are free to interpret as you will.)



Can you?

TO HAVE A FULFILLED NEW YEAR TRY  
THIS RICH, RICH CHEESE CAKE, THE  
CREATION OF FUMIKO MARQUARDT AND  
THE HEADLINER OF MANY A PVS&E EVENT.

Bake this creamy creation in a spring-form pan so  
cake will unmold neatly. Cut cake into 12 to 16 wedges,  
it is gorgeously rich.

- 1 9" crumb crust\*
- 3 packages (8 oz. each) cream cheese
- 1 1/4 cups sugar for cake
- 1/8 teasp. salt
- 4 eggs
- 1 teasp. vanilla for cake
- 2 cups dairy sour cream for topping
- 1/4 cup sugar for topping
- 2 teasp. vanilla for topping

1. Make and chill crumb crust\*
2. Let cream cheese soften in large bowl; blend in 1 1/4 cups sugar; add salt; beat until fluffy; add eggs one at a time, beat in 1 teaspoon vanilla, pour into crumb crust.
3. Bake in moderate oven (350°) 50 minutes, or until firm in center; remove cake from oven; let stand 15 minutes; reset oven to very hot (450°).
4. Combine sour cream, 1/4 cup sugar and 1 tsp. vanilla in a small bowl; spread over top of cake; return to 450° oven; bake 10 minutes or just until topping is set; cool cake on wire rack; chill completely.
5. Loosen cake around edge with knife; release spring and remove sides of pan; leave cake on metal base for easy handling and serving.
6. For a party touch, top with various fruit or combination of fruit.

\* Crumb Crust: Combine 2 1/4 cups graham cracker crumbs and 1/4 cup sugar in a small bowl; blend in 1/4 cup (1 stick) melted butter or margarine. Press firmly over bottom and about 2 1/4" up sides of a heavily buttered 9" spring-form pan; chill while making filling.

CALENDAR

- Jan 21 .. Monthly Meeting at the Leonhardts. 8:00.
- Jan 28 .. ExCom at Lu Beale's. 7:30 P.M.
- Feb. 18 .. Monthly Meeting at Aase Berling's. 8:00
- Feb. 25 .. ExCom at Alice Swalm's. 7:30.
- Mar 18 .. Monthly Meeting at the Garretts. 8:00.
- Mar 25 .. ExCom at Marilyn Clark's. 7:30
- Apr 15 .. Annual Meeting at the Engelmans. 8:00

X-COUNTRY SKI TREK

A 2-day, 2-night X-country ski trek will be sponsored. By the American Lung Association of Maryland at Blackwater Falls Lodge, Blackwater Falls State Park, West Va. on February 11-13.

Transportation, food, leaders & lodging will be provided at a cost of \$30. Participants are expected to raise pledges that will aid the Lung Association's fight against lung disease.

For information and application, call Joe Buka (881-6852).

PVS OFFICIERS

- President ..... Sheldon Drews
- Vice President ... Jan Marx
- Secretary ..... Irene Farrell
- Treasurer ..... Margaret Wyckoff
- Membership ..... Marilyn Clark
- Program Chairman . Ray McKinley
- TOOT Editor ..... Lu Beale
- TOOT Production .. Jan & Bob Marx
- USSA Eastern Rep.. Art Topping
- BRSC Reps..... Sheldon Drews
- Gail Pease
- Bob Wyckoff
- Answering Service.. Jan & Bob Marx (451-9158)

EXCOM

Second Term:

- Mary Jane McCarthy
- Alice Swalm
- Bob Wyckoff

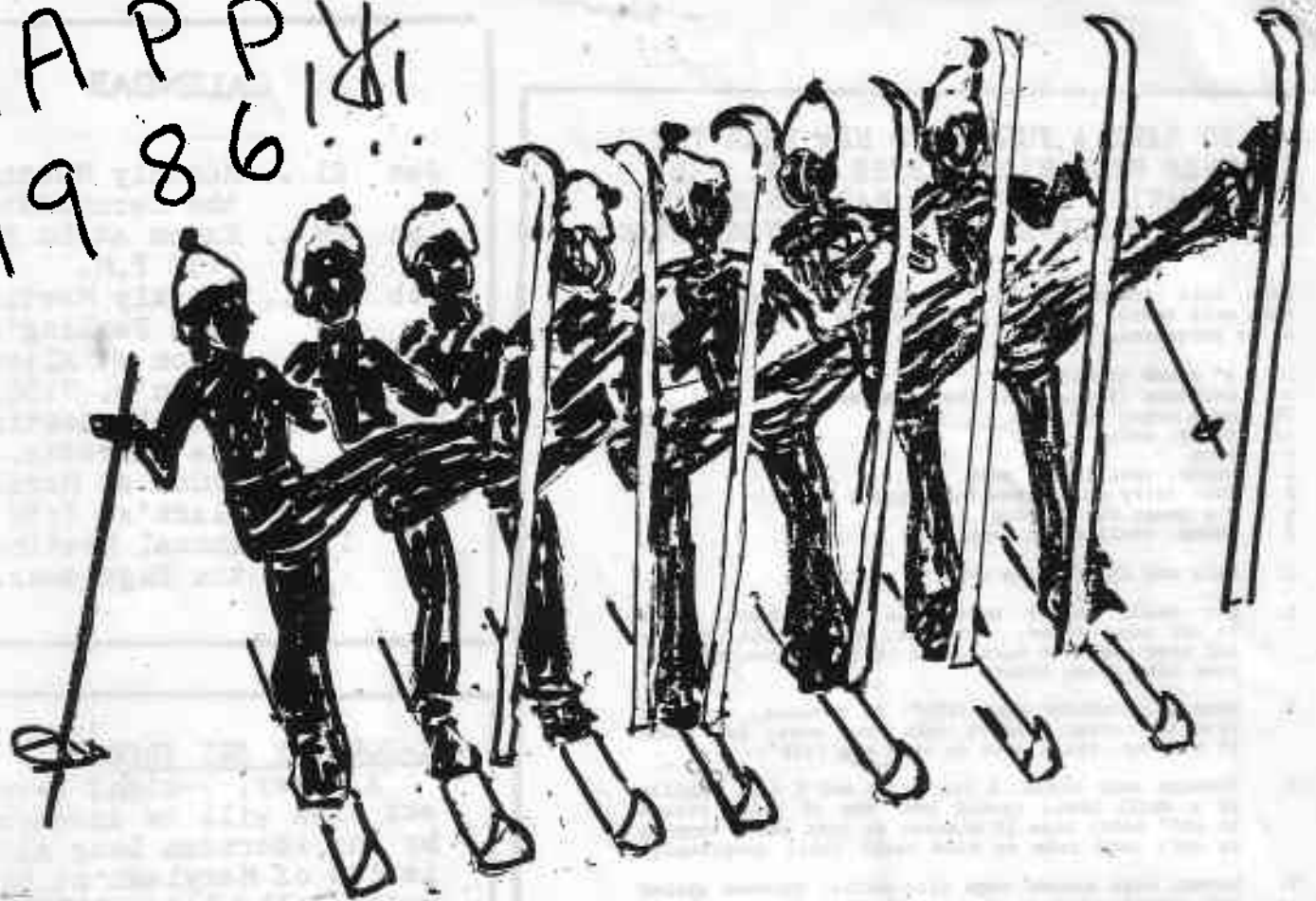
First Term:

- Lu Beale
- Charlie Huggins
- Janet Marx

Ex Officio

- Gail Pease

HAPPY  
1986



Bob & Jan Marx  
8312 Oakford Dr.  
Springfield, Va. 22152