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# Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

JUNE, 1989

### PRESIDENT'S MESSAGE

The end of the 88-89 ski season marks the beginning of the 1989 PVS social season. Please note that our Program Chairman, Ray McKinley, has been very busy arranging events to carry us through the summer. The Calendar is loaded with a variety of interesting activities that should get us to the next snowfall. Be sure and sign up early and remember, if you need to cancel from an event, do so early so that another member can take your place.

A special welcome to new members Maryse Delevaux, John Smith and Pat Tengel, Hope to see you at some of the events.

*Dick*  
Dick Comerford, President

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### MONTHLY MEETING

Tuesday, June 20, 1989  
8:00 P.M.

Where: Shirley Rettig's Home  
604 Princess Street  
Alexandria, Va.



June is BUSTIN' out  
all over. Come join  
The GANG  
at Shirley's!!

\* Please note the change in location for the June meeting and come prepared to enjoy once again Shirley's antique-filled Olde Towne house and her warm hospitality. Plus business and entertainment as usual.

**DIRECTIONS:** From the beltway, take Virginia exit #1N which is the first exit on the Virginia side of the Wilson bridge. Stay on Henry St. (US 1) through 8 traffic lights. Princess St. is the first street after the eighth light. Turn right onto Princess Street and go four blocks to 604 on the right side of the street. Via the George Washington Parkway - take the GW Parkway south toward Mt. Vernon and continue past National Airport into Alexandria. Princess Street is the eighth traffic light in Alexandria. Turn left into Princess St. 604 is in the first block on the right side of the street. Parking is plentiful and unrestricted on Washington Street which is the Alexandria segment of the GW Parkway. If lost call, 836-0147.

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# Coming Events

## SAIL AND SWIM AT HADLER'S COTTAGE ON THE BAY

Saturday, June 10th. Rain date: Sunday, June 11th.

See last month's TOOT for details on this fun event. There is still space for you but call coordinator Gail Pease NOW to reserve as the event is limited, as usual, to 40 people. Gail's telephone: H: 620-4573 O: 248-6624

If weather is "iffy" on Saturday morning, call Jan Marx (451-9158) for a Go/No Go decision.

Here is a repeat on the directions:

Go east from Annapolis on Rte 50 over the Bay Bridge. At first overpass after the bridge bear right to go south on Rte 8 on Kent Island. The Matapeake Recreation Ground entrance is 3 miles south of Rte 50 (a public boat landing if you wish to launch your own boat). At the Kentmorr Airpark entrance, 5 miles south of Rte 50, turn right (back towards the bay). Take that road to Hadler's cottage. It's the only road - you can't go wrong. It's the blue (4th) cottage after the 90° turn.

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## EIGHTH ANNUAL FUN RUN AND BRUNCH WITH THE CLARKS

Saturday, June 24th. 9:00 A.M. Rain or Shine.

\* NOTE THAT THIS EVENT HAS BEEN RESCHEDULED FOR ONE WEEK LATER THAN APPEARED IN LAST MONTH'S CALENDAR

This popular event is already fully subscribed but if you want to just jog or stroll with the group but not stay for lunch come along and meet leader Dick Clark at the trailhead at 9 A.M. If more information is needed, call the Clarks (978-9435).

Directions: Take Beltway Exit #5 (Braddock Road) in Virginia. Go West (outside beltway) one tenth mile to light and well-marked Wakefield Park sign on the right. Drive to main parking lot (as far as road goes) and meet by the small bridge immediately on your left as you enter the lot.

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### Special

SKI TRIP LEADER MEETING  
Tuesday, June 13th. 800 P.M.

THIS IS A MUST MEETING FOR ANYONE WHO HAS EVER LED, PLANS TO LEAD, OR HOPES TO LEAD A PVS SKI TRIP. PROBLEMS, SCHEDULES, AREAS WILL BE DISCUSSED. YOUR INPUT IS NEEDED.

The meeting will be at Ray McKinley's Arlington home. Call Ray for directions: (527-7126).

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COMING EVENTS

STEAK AND SWIM AT THE ELRODS

At long last the Elrods' house is finished and the pool is ready. Grand opening for PVS will be on Saturday, July 15th at 2:00 P.M. (Rain date: Sunday, July 16th.)

Bring your own plate, eating utensils and salad or dessert - check with coordinator Bette Walker (333-0766)

Cost will be approximately \$10.50 a person.

Reservations: There are only a few spots left so call Bette now. There is a limit of 50. Deadline for reservation is Monday, July 17. No-shows will be responsible for the cost of their steaks.

Directions: Take Route I95 south towards Richmond. Take the Dumfries/Manassas exit for Route 234. Go left on Rte. 234, then right on old Route 1 to left on Virginia Route 1107 at the Triangle Plaza sign. Follow 1107 to a T-type deadend and bear right on Cabin Road. Continue on Cabin Road to Hemlock Point - last street on left. Address: 3100 Hemlock Point Phone: 703-221-4122

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"SAIL THE GREEK ISLES" TRIP DATES ARE NOW SEPTEMBER 16 - 30, 1989. FOR FURTHER INFORMATION CONTACT BOB GRASLEY, 3800 POWELL LANE #907 FALLS CHURCH, VA 22041. PHONE: (703) 931-0415.

CALENDAR

- June 3 ... International Dinner at the Copes. 6:30 P.M.
June 10 ... Picnic at Hadler's. See page 2. Gail Pease coordinating.
June 13 ... Trip Leaders Meeting at Ray McKinley's. 8:00 P.M. See page 2.
June 20 ... Monthly Meeting at Shirley Rettig's. See page 1 and note change of location. 8 P.M.
June 24 ... Fun Run and Brunch with the Clarks. See page 2. 9 A.M.
June 27 ... ExCom at the Felkers. 7:30 P.M.
July 7 ... Evening at Wolf Trap. Barbara Leonhardt (279-9056) will send participants tickets and directions shortly.
July 15 ... Steak & Swim at the Elrods. Limited to 50. See above and call coordinator Bette Walker (333-0766)
July 25 ... ExCom at Dick Comerford's home. 7:30 P.M.
July 29 ... Picnic/Sail at the Flakes. Limited to 40. Call coordinator Charlotte Reith (765-1810).
Aug. 12 ... Boating and other water sports at Dean Worcester's. Limited to 40. Call coordinator Jean Heitchue (860-9190).
Aug. 22 ... ExCom
Sept. 3 ... Bicycling in Leesburg area. This is a new event for Labor Day weekend. (No crab feast this year.) Put it on your calendar and see next month's TOOT for directions. Irene Farrell coordinating.
Sept. 19 ... Monthly Meeting at Bob McNeill's Rockville home.
Sept. 24 ... Chili Cookoff at the Evans. This is a Sunday event and details will be in upcoming TOOT. In the meantime, sharpen your chili skills and prepare to challenge the host. The Evans phone: 620-0545.

New Dir

Charlotte put it 10/7

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PAST EVENTS

HIKING IN THE RAIN

Twenty two stalwart PVSers met on May 13th for the club's biennial hike in Cedar Run/White Oak Canyons in Shenandoah National Park. The forecast was for (what else this May?) rain and more rain. This dire prediction failed to daunt the spirits of the hikers. They stuffed rain gear into their knapsacks along with dry socks and started off - 10, led by Bob Marx, to make the 8 mile circuit of both canyons, and 12, led by Lu Beale, to climb 3½ miles up White Oak Canyon to the top of five water falls and return by the same route.

The overhanging clouds, the mist, the occasional rain drops, and, more than anything else, the torrents of rain water cascading down the canyons added to the excitement and mystique of the hike. The waterfalls in both canyons were picture postcard spectacular. You had to be there to believe it.

Crossing the turbulent streams was an adventure in itself. Except for wet feet and a few wet pant legs, all challenges were met without casualty.

After several hours climbing, each group settled down for lunch at the top of its respective canyon. After that, it was down hill all the way as the weary but jubilant hikers made for trailsend and the beverages and snacks awaiting them in their cars.

Then, refreshed and rejuvenated by the day's achievement, all made their way back (through a now heavy rain) to the ho-hum tasks awaiting them at home. Memories of a glorious day sustained them.

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PARTYING IN THE RAIN

For the second year in a row, there was rain - a deluge, in fact - for the club's May 17th spring meeting at the beautiful home of Jean and Howard Hensley in Arlington. Jean was chagrined to have her lovely patio garden washed out for the second time and vowed that next year there would be a rain date. But, in truth, you couldn't find a better place to take refuge in a storm than the Hensleys' flower flooded, warmly lighted, treasure-filled home.

Super host Howard met the fifty or so guests at the door and after exchanging their umbrellars for drinks, directed them to the upstairs dining room where a feast awaited them - fruit, cheeses, veggies, Tex-Mex dip, chicken salad sandwiches, and (can you believe your eyes!) a homemade chocolate, chocolate cake - all specialities of the house from Jean's own kitchen. Setting off the elegant repast were vases of freshly cut flowers from Jean's own green-thumb garden.

After an hour of socializing, the guests managed to settle down for a 6-minute business meeting conducted with wit and grit by newly inaugurated president Dick Comerford. After that, Jan Marx showed slides of past club hikes and events. Identifying oneself and friends in the unposed pictures caused much merriment and nostalgia.

After the meeting and after the entertainment, it was back to the dining room for more refreshments because heaven forbid that the host and hostess be left with a single crumb to scrape from a single plate. With that task completed, it was time to go back into the rainy night with heart felt thanks to Jean and Howard for their twice proven perfect port in a storm.

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PAST EVENTS

**Derby Day Party** by Ski Rac



Forty would-be gamblers descended upon Nancy and Ray Garrett's house on May 6 to eat, play some games, eat, watch the running of the Kentucky Derby on TV, and eat some more.

It was a scene from the old south (of Burke) as the ladies in wide-brimmed hats and fancy dresses and their gentlemen escorts in colorful outfits

arrived by motor cars.

To while away the two hours or so before Derby time, the guests were bankrolled with play money to place bets on their favorite horses. Also, the Garretts had exercised much imagination to come up with several interesting games designed to make a few players richer and many players poorer. There was the Big Steamboat Race (Hank Thomas' boat hit a reef and sank), Poker (Ken Evans was seen borrowing money from a lady), a Hot Air Balloon Race (Jack Peoples won this hot-air event), and a Wheel-of-Fortune (Barbara Wingrove was seen writing a computer program to calculate the odds).

As the magic hour of the Big Race approached everyone scurried about to get a good seat near the track (TV screen) while one dude in a green sport coat and flowery shirt was seen sipping his fifth mint julep while his lovely lady friend sat on his knee.

Post time came and the excitement reached fever pitch as each one cheered his mount to victory. Sunday Silence came in first despite our Saturday noise and the house began paying off the bets. After a grand feast which included delicious barbeque sandwiches and "Derby Pie", Nancy announced the big winners and awarded special prizes to all winners. No one came away empty handed.

Thanks to Nancy and Ray and all the cooks and helpers for a great day at the races.

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CURTAIN TIME by Bette Walker



Beside an attractive screened enclosure an elegantly attired mannequin (PVS cap, shirt, jacket and borrowed skirt) greeted 24 PVS theatre-goers at Montgomery Playhouse on Sunday May 21st.

Behind the screen, on tables decorated with beautiful rhododendron from the Huggins' gardens (plural intentional) was an assortment of international cheeses (Brie, Camembert, Danish Blue, Saga, Jarlsburg, Fontina, Casleborg, Ste. Rochelle and award-winning New York Herkimer Chutter) plus veggies and dips, wines and sodas. Sara and Charles, responsible for the sumptuous feast, were there to welcome all.

At 7:30 a well-fed group trooped into the theatre to enjoy Neil Simon's The Good Doctor, adapted from the works of Anton Chekhov and admirably presented by a talented cast.

Nibbling and sipping continued during intermission and at conclusion. Thanks are due Sara and Charles for a well-planned and executed pleasant Sunday evening.

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# COOK'S CORNER

by

Nancy Garrett

## \*\* SALADS FOR SUMMER \*\*

Salads are the answer to delightful cuisine without a hot kitchen. Three of the salads are presented

by popular request by many who attended the Sutton Party. The most recent McKinley Chili Hike afforded the opportunity for us to try Susannah's Salsa. Now you, too, can prepare these for your family and friends.

### MARINATED SHRIMP WITH ORANGE

Helen McMahan

In boiling water, cook for 2 minutes ONLY:

- 3 lbs large shrimp, uncooked, shelled, and deveined

Rinse with cold water until thoroughly chilled. Drain. Set aside.

Combine in large bowl:

- 4 oranges, peeled, sectioned
- 4 medium white onions, sliced
- Shrimp, from above

Mix together and pour over shrimp mixture:

- 1 1/2 cups cider vinegar
- 1 cup vegetable oil
- 2/3 cup fresh lemon juice
- 1/2 cup ketchup
- 1/4 cup sugar
- 2 Tablespoons drained capers
- 2 Tablespoons minced parsley
- 2 teaspoons salt
- 2 teaspoons mustard seeds
- 1 teaspoon celery seed
- 1/4 teaspoon pepper
- 2 cloves garlic, crushed

Cover and refrigerate for 8 hours, or overnight, stirring occasionally.

Serve in individual shells on a lettuce leaf or as a luncheon dish over a bed of lettuce.

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For the Sutton party, Betty used a mixture of wild and regular rice in her version of the next recipe.

### WILD RICE SALAD

Betty Walker

Cook according to package directions:

- 1 lb. wild rice

Add to rice and marinate overnight:

- 1 green pepper, chopped
- 1 red pepper, chopped
- 1 yellow pepper, chopped
- 1 cup mustard vinaigrette dressing
- Add a few herbs of your choice

Just before serving, add:

- 1 cup mayonnaise
- 1 cup sour cream

### MARINATED ASPARAGUS

Jean Heitchue

- 1 lb. asparagus

Snap off tough ends of asparagus. Bring 1 inch of water to a boil in a wide pan over high heat. Add asparagus, cover, cook just until barely tender (3 to 5 min.). Drain, immerse immediately in ice water until cool, then drain again.

Place asparagus in shallow bowl and add:

- 1/4 cup rice wine vinegar mixed with
- 2 teaspoons sugar
- 1 Tablespoon sesame oil
- Salt to taste (Jean added none)

Cover and refrigerate, stirring occasionally, until cold (30 min.).

Using small frying pan, medium heat, cook and shake continuously for 2 to 3 minutes:

- 1 Tablespoon sesame seeds

To serve, lift asparagus from marinade, arrange on platter. Sprinkle with seeds.

### SUSANNAH'S SALSA

Susannah Swaby

In food processor with steel blade, place:

- 2 (28 oz) cans Hunts whole tomatoes (drained)
- 2 (4 oz) cans whole green chilies
- 4 whole cloves garlic
- 1 (10+ oz) can pickled jalapeno peppers (Add fewer peppers for milder salsa)
- 1/2 large onion, coarsely chopped
- 8 Tablespoons salad oil
- 4 Tablespoons vinegar

Coarsely cut all vegetables before placing in processor. Use pulsing action, puree to degree of fineness desired.



# THE KNEE

by

Ray McKinley

The club is still without a vice president. I have a suggestion. Pick one from Maryland or D.C. If memorknee serves the Knee correctly, picking a Marylander would break a long chain of Virginia vice presidents (and presidents).

The last non-Virginian to serve PVS in either office was 13 years ago when we had President Geoff' Wadknee (oops). Anykneeway, if we pick a Marylander, he, or she, can continue the tradition of that other great Maryland VP - Spiro T. Agnew.

It's time for the Knee to get fiscal. Do you know what we did to our-selves? By modifying our dues structure for biennial membership, we doubled this year's payment. There was no increase in dues, just an increase in how much we have to pay!

Our new president, Dick Comerford, not only missed his inaugural gala at Adele Waggaman's, he also missed his first ExCom meeting. Since we had no Veep, Dick asked Jan Marx to preside. Unfortunately, Jan had to go to Minkneesota (that's a very small Pepsi) because of her mother's illness (see below). So the ExCom was chaired by ex ex ex President (that's 4 x) Marilyn Clark. Chaos reigned. Indeed, the club has now been dissolved making the double membership fees a moot point. Therefore, this is your last TOOT!

(The Knee has decided it is more fun to make up news than report it!)

Jan Marx's mother, who has attended several PVS events, is now out of the hospital and recuperating.

Since this is a ski column, herewith a bit of ski news:

Ski Liberty is now closed for the '88 - '89 ski season. Said the area manager, "It matters not how much snow base you have, by June everyone wants to garden." Liberty patrollers Jim Wingrove and Bob McNeill assured me they have never patrolled there beyond mid-May. Bob, incidentally, skied 45 days last season.

Alan Mills set a personal record by skiling 3 weeks in St Anton.

Jack Peoples skied late season at several areas around Seattle. Jack, did you see the Kneedle?

Charles Farwell is organizing a group to ski in Argentina in late summer. Right on!

Kirk and Peggy Burns skied Mt Sutton mid-April and reported the skiing "great" as of May 5th. (PVS picked the wrong end of Mt Sutton's season.)

Betty Comerford is just back from water skiing while on a Mexican cruise. Betty no longer speaks to the Knee after last month's report of her demise. That's okay, Betty, I don't expect demised PVSers to speak.

A tip of the ol' Knee Cap to Jan Marx, the new secretary of BRSC. She was voted in at the last meeting while, incidentally, she was in town. She wasn't there to ~~represent herself~~.

At the Copes' International Dinner all recipes are from Don and Pat's Cope-ious library. Don Swaby attends in order to collect wine corks for use in a lamp. It was easier before asbestos was banned.

The Elrods have moved into their new home. We all look forward to inaugurating their "PVS Wing" at the July Steak and Swim.

Some attending the Montgomery Players Neil Simon play, which was set in Russia, thought a better title might be "Ruble Without a Cause."

While enjoying Sara Huggins' wine and cheese before the play, Dot Mills and Tina Farwell were discussing the student riots in China. They noted how different it was on their China trip last fall when the students were extremely polite and friendly. Dick Clark explained that they were only polite and friendly 'til they discovered how much they were missing.

At a recent EXCom meeting, Knox Felker noted that the term cook-off (referring to the Evans' upcoming chili cook-off) refers to an explosion in a ship's gun such as occurred on the USS Iowa in April. Myra Evans said she was not inviting the Iowa's captain, one of their neighbors, to PVS's cook-off.

Knox explained the term because of his naval prowess. The Knee has little naval prowess but does have his navel indented.

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Ann Slanders reports that, judging from her mail load, there are a lot of troubled PVSers out there. If you need advice, address her c/o TOOT editor, 4040 51st St. N.W. Washington, D.C. 20016 and she will get to your problem in due course.

Dear Ann Slanders:

I plan to host a PVS meeting in the near future. Because of the reputation of the members' eating habits, I plan to hire two cooks for the week before the meeting. I think the treasury should reimburse me for this, also. Do you agree?

Panicky

Dear Panicky:

You are right to be concerned because feeding PVS is like buying a yacht - if you have to ask how much it is, you can't afford it. You may be running with the wrong crowd and perhaps a Weight Watcher's Club would suit you better.

Dear Ann Slanders:

I bought a pair of those ski which are for powder on one side and ice on the other. Unfortunately, I lost the stickers that tell me which ski to put on which foot. I need to know if I'm perpendicular or parallel. What should I do.

Peripheral Pete

Dear Pete:

Try applying the Pythagorean theorem to your problem. If this fails, you might consider Einstein's theory (E equals MC<sup>2</sup>) as it relates to your situation. If neither of these approaches solves your problem you must then apply Newton's law - just point the skis downhill and let nature take its course.

Jan & Bob Marx  
8312 Oakford Drive  
Springfield, VA 22152

