



VOLUME XXIV *Potomac Valley Skiers, Inc* NOVEMBER
 NUMBER 11 WASHINGTON MARYLAND VIRGINIA 1989

PRESIDENT'S MESSAGE:

Well, its about that time of year again, the beginning of a new ski season. Snow has already fallen in Colorado, Keystone has reported in with an early opening on the 21st of October. With the advancing season, it will soon be too late to do 2 of the most important things. First, to get in shape for the season and second, to sign up for any of our ski trips. Don't let either of these pass you by.

This past summer we have had some excellent events. I would like to express my appreciation to the host and hostesses of these events and to the Program Chairman who managed to keep us occupied during the off-ski season.

Dick

Dick Comerford, President

MONTHLY MEETING

Tuesday, November 21, 1989
 8:00 P.M.

Home of Myra and Ken Evans
 3146 Cobb Hill Lane
 Oakton, Va. Tel: 620-0545



DIRECTIONS:

From the Beltway take I-66 WEST toward Front Royal. Take the THIRD EXIT (Winchester/Dulles) onto Rt 50 (Fair Oaks Mall will be on your left). At the first traffic light, turn RIGHT onto WEST OX ROAD. Go about 3/4 mile and turn RIGHT onto PENDERWOOD DR. Go to the end of the street and turn LEFT onto WAPLES MILL ROAD. Go about 1/4 mile and turn RIGHT onto VALE ROAD. Go 1 mile and turn LEFT onto COBB HILL LANE. We are the second house on the left (3146). From Fairfax, take Rt. 50 to West Ox and from Vienna or Oakton, use Vale Road. If you get lost, call 620-0545.

Besides the usual
 good times
 good food
 and brief business

The Ski Center's
 Brian Eardley will
 present the latest
 in ski equipment.

DON'T MISS THIS ONE!!!

COMING EVENTS

GREAT FALLS HIKE WITH CHILI AT THE KNEE'S

Saturday, November 18th. 1:30 P.M. RAIN OR SHINE

Limited to 25, this event already has a waitlist of ten. If you can't come, please call Ray McKinley (527-7126) so that someone else can have your place. The club's cancellation policy will prevail and you are responsible for your share of costs if you are a no-show.

If the weather is forbidding and you decide not to hike, come for supper anyway. Or, if you can't get on the dinner list, come and hike anyway.

We will meet at the Visitors' Center at Great Falls for a six mile circuit hike after which we will proceed to Ray's house for an early supper of Mexican dishes orchestrated by the Knee.

Please bring salad or dessert. Ask Ray!
Cost: \$5 if you bring salad or dessert. \$7 if you don't.

Please bring your own chili bowl and utensils.

Directions to Great Falls: Take Beltway Exit #13 for Great Falls via #193 (Georgetown Pike). Go West 4 miles to Old Dominion Drive where there is traffic lite and sign for Great Falls Park. Turn right, continue through main gate and park in lot near Visitors' Center where we will meet.

WINTERFEST DINNER Saturday, December 2, 1988. 7:00 P.M.

Our 9th Annual Winter Dinner will be held in the party room of the Colonnade Apartment Building, 2801 New Mexico Avenue, Northwest, Washington, D.C. 20007 courtesy of resident Bette Walker.

A dinner committee composed of Marilyn Clark, Nancy Garrett and Jan Marx. is planning a gourmet feast.

Coordinator for the event is Bette Walker (333-0766).

Call Bette before the cut-off date of November 26th to reserve your place and get your menu assignment.

Please, eveyone bring your own plate and eating utensils.

Limited to 40. Cost: Approximately \$15.

Directions to the Colonnade from the Beltway:

Take Beltway Exit #39 on River Road for Washington. Go 4.1 miles to Western Avenue where turn right and go .7 mile to Westmoreland Circle. Take Massachusetts Avenue ^{left} towards D.C. off the circle and proceed 1.2 mile to next circle (Ward Circle) where turn right onto Nebraska Avenue and go 0.2 mile to first light where turn left onto New Mexico Avenue and proceed 0.8 to 2801 New Mexico Avenue.

WINTER STEAK & SWIM AT THE ELRODS

Date: January 6, 1990. Limited to 25.

We don't have to tell you what fun this event is but we do remind you to make your reservation as soon as possible. Call coordinator Dorothy Mills (527-5036). Details in Dec. TOOT.

PAST EVENTS

Gemütlichkeit Galore:

by Dorothy Mills

Good cheer was "bustin' out all over" at Barbara and Fred Leonhardt's Oktoberfest on October 1 in Potomac, Maryland. With a beautiful view of a rain-drenched garden beyond us there was so much sunshine inside that all 61 of us forgot the weather outside. Fanciful decorations of gourds and scarecrows brightened every room with festive spirit. Continental color was added by the presence of the emperor Franz Josef - or Kaiser Wilhelm - or was it Emperor Knox Felker? - in an imperial black and gold helmet, Kirk Burns in Tyrolean lederhosen, and Ginny Larson in peasant dirndl.

The German hors d'oeuvres were almost too pretty to eat and just as good to taste. We finished them off as we gorged ourselves with beer, wine, and soft drinks. Then came the real feast --- weisswurst, bratwurst, chicken, saurkraut, red cabbage, potato salad, black bean salad, assorted other salads, and pumpernickel, seeded rolls, and other German breads. When we had polished off this feast, the buffet table blossomed with pflaumenkuchen and a sumptuous assortment of other desserts. And we topped all this off with coffee and schnapps!

After this gourmet celebration Charlie Farwell put on his dancing shoes and he and Kirk Burns led anybody who could still move in spirited dancing to oom-pa-pa music in the rec room.

What a festive day! Barbara must have spent a week in the kitchen. She was assisted by Aina Thomas who contributed the sauerkraut and helped with last minute pre-party preparations, by dessert and salad contributions from Peggy Burns, Marilyn Clark, Karen Felker, Myra Evans, Joan Flake, Nancy Garrett, Jean Heitchue, Nancy Monacelli, and Margaret Wyckoff, and by Fred of course.

PROSIT!! to Barbara and Fred. It was a very special day.

OCTOBER MEETING by Jan Marx

Sally Finan opened her home to 45 of us happy eaters and skiers and laid out a FANTASTIC spread on her dining room table.

Jack Lilley had blown into town and joined us for a good catch up time. Meg Anderson was heard from but had to catch a plane too soon.

Kirk Burns convinced us all that the only answer to cold is three hats. He gave us old methods and new hints for keeping warm and, best of all, explained WHY we get cold.

100 % attention was on our star model, Dina, as she showed us the newest of ski wear that Marilyn commandeered from Alpine Ski Shop. Ray paraded in the meng' jackets and there were fashions for all pocketbooks.

As the TV was turned on for the ski video, we learned of the earthquake. Irene was especially concerned because her daughter is out there. Through the miracle of technology she soon learned that all was OK; just lots of broken glass.

Thanks, Sally. Your're terrific!!

PAST EVENTS

FALL HIKE AND DINNER IN STRASBURG by June Kelsay

It was an absolutely beautiful morning when some 30 members and friends of PVS started the steep climb to the Massanutten Ridge on October 14th.

Just one and half minutes into the journey, it was obvious something had gone awry - the leaders were coming back down the red-blazed trail while the trailenders were still going up. It appeared to be a hopeless case of the dog chasing his own tail but point man Bob Marx soon straightened everyone out and the hike proceeded apace with sweeper Jan Marx taking care of the stragglers.

Non-climbers Ginny Larson, Peggy Burns and Marilyn Clark remained behind to shuttle the drivers back to their cars at the end of The hike. I understand they spent a very nice day in the antique shops in Strasburg.

About a third of the way to the summit, as some of us stragglers were - er, straggling - we could hear the pounding steps of someone coming fast up the trail behind us. With barely time for a greeting, Prez Dick Comerford (who had gotten a 20 minute late start) dashed past us on his way to catch up with the lead hikers in order to set a proper presidential example.

Lunch on the rocks overlooking a wonderful scene of fall foliage to the east was hastened somewhat by an onslaught of biting insects (gnats?) who feasted on the feasters.

At the end of the 8-mile trail we were rewarded with cold beer in the parking lot at Elizabeth Frunace.

We then proceeded to the beautiful historic home of Jamie and Shahradsad Miller in Strasburg. This, of course, was the highlight of the day. We relaxed with a glass of wine and discussed plans for skiing next winter. We dined on delicious barbecued chicken, huge tomatoes grown by Shahradsad's father, potato salad, ice cream and two kinds of cake, all prepared by Shahradsad.

We were pleased to have a chance to get to know Jamie and Shahradsad's son, Ray. We also enjoyed having hike-leader Lu Beale's daughter, Mary, with us.

Thanks to Lu for planning this wonderful outing and to Jamie and Shahradsad for the delicious dinner and gracious hospitality.

Sailing Against the Wind at St. Michael's by D.W. Mills
(on bicycles)

Potomac Valley Skiers and Eaters and Hikers is fast adding "Bikers" to its talents. Sixteen eager bikers hauled their bicycles to St. Michael's, Maryland on October 7 for a wonderful afternoon of cycling. Forewarned by Dr. Gridlock that traffic would be devastated on Route 50 by fans attending the Navy-Air Force football game and the International Boat Show, we took devious routes to avoid the logjam. Even^{so} it took almost 3 hours travel (less than 1½ return trip). But the day was worth it. Superb!

SAILING at St. Michael's (Continued from page 4)

President Dick Comerford was apparently run over on his way, since he arrived with tire tracks across his T-shirt, but had managed to survive in good cycling condition. When we were finally assembled we headed into the wind for Tilghman's Island. Thirteen miles later everyone (including one biker who needed the expert assistance of trip leader Huey Roberts, Bob Marx, and Gorman Young to learn to ride a new 15-speed bike) arrived happily at The Bridge Restaurant on Tilghman's Island, more than ready for refreshment. We enjoyed oysters and pitchers of beer on the dock at the restaurant as we watched the boats - and a fledgeling operator trying to manage the intricacies of the drawbridge to the island. While we thus feasted the wind changed, and we rode against the wind back to St. Michael's. A great ride - during which Jack Peoples' seat was saved (his rear end, that is) by Good Samaritan Jan Marx, who contributed her lambs' wool seat cover to the cause of Jack's getting back intact! Tired and hungry we descended on the Crab's Claw for dinner, only to be told that the wait for dinner was 1½ hours. Since by this time it was nearly seven o'clock we thought this was not really practical and went in search of another restaurant. A short walk around town brought us to The Longfellow, where we feasted on a truly delectable seafood dinner before heading wearily home, bicycles in tow.

Thanks Huey and Irene for a great day. Let's do it again!

!! SEASON

OPENER !!

FVS VOLUNTEER DAY

We are a member of the BRSC and should help out to make this show a success.

Volunteers who work 4 hours (anytime) get areal bargain this year; \$5 toward Saturday night's party ticket of \$15 OR a FREE ticket to Warren Miller's Movie.

FVS volunteer time is Saturday, noon to 4. We'll then see the movie and go to dinner. Those who can't go then can stop into the ski show office anytime and volunteer.

They'll love to see you! Call Jan Marx to sign up. (451-9158)

Jack Peoples is organizing the TRIATHLON team. Call him for info. (840-2213).

Washington BALLSTON COMMON
Ski Show NOVEMBER 10-11-12

**FREE ADMISSION
 OVER 70 SKI &
 TRAVEL EXHIBITS**

**BALLSTON
 COMMON**

**WARREN MILLER'S
 WHITE MAGIC**

NOVEMBER 10-11-12

THE KNEE

by

Ray McKinley



Raking leaves on cool crisp fall afternoons.

At this time of year, I'm certainly no dendrophid. (Look that up in your Funk & Wagnalls - unabridged edition only.) In the midst of fall thinking of winter. And skiing. Methinks there's the start of a column here.

June Kelsay and Janet Marx were on a PVS hike last month. It was a pleasure to see June in October and Jan in October.

Remember I did not start out to write this column. I was the desigknee.

We're not getting older, we're getting better. Shahrsad Miller missed Oktoberfest due to her own special birthday party.

Joan Flake was at the fest having just celebrated her 50th. She was sporting new braces - a gift from her dentist and a new Jaguar, a gift from hubby Glade.

Applicant member June Read was the last to arrive due to holding an Open House. She, Sheldon Drews and hostpersons (the Knee is never sexist) Fred and Barbara Leonhardt were reminiscing about a shared ski trip to Europe in 1973 when Fred and Barbara first met.

The ubiquitous Jack Peoples just received his first Social Security check.

But not everyone believes we are getting better. A recent article in a magazine promoting the state's prime industry had these subtitles extolling New Hampshire skiing: "Skiing Isn't Just for the Young." "Special Programs for Older Skiers." and "Skiing for the Elderly." The article was titled "You Can Ski After 40" I suggest we boycott New Hampshire ski slopes.

My Compliment of the Month Award goes to Howard Hensley who on seeing Norm Engleman for the first time in many months, observed "You're looking better."

Parts of PVS are looking like the walking wounded. Bob Grasley is recovering from a pulled Achilles tendon.

Marilyn Clark is out of her cast and recovering from a broken foot. Tina Farwell is recovering from a slipped disk. Fred Leonhardt is recovering from arthroscopic knee surgery. Since they are all recovering they must have been covering once already.

Janet and Chris Wala report they are enjoying living in southern Califorkneeia and will be happy to host a PVS event there anytime.

Jack Pulos is back from a month in Greece. The Englemans are just back from 3 weeks in Russia - including Lenkneengrad.

Frank Shelburne is back from up the river. He cruised the Danube from South to North, Coincidentally, Myron and Fumiko Marquardt were "doing" the Danube from North to South. Ubiquitous PVS..

Still more on ubiquity: I was at Arena Stage to see Midsummer Night's Dream and ran into the Hagers and the Farwells. They're suing.

Bad news: Marty McNeil was shopping at Congressional Plaza for goodies for the September PVS meeting. When she came out, her car had been broken into. Luckily, there was no major loss.

At the PVS meeting hosted by Sally Finan last month, Kirk Burns demonstrated all the layering necessary to stay warm. When it was all out, it occupied a major portion of the floor. Myron Marquardt commented on the size of the bag necessary to carry it all. Kirk put on a ski mask as a first layer and asked what it does for you. Myra Evans responded, "People will take you for a mugger."

The second part of the evening, a fashion show ably prepared by Marilyn Clark, almost wasn't. Alpine Ski Shop forgot the date and it required major effort on Marilyn's part to recover the act.

Dot Mills tells the true story of an Englishman in her ski class at St Anton. It was a snowy, blowy, sub-zero day. Trying to warm up at the top of a long, uncovered lift ride, the Englishman said, "You know, you really have to be rather well off to be so miserable." Yeah!

COOK'S CORNER



From the July Excom at the Felkers:

by

Nancy Garrett

SHRIMP MOLD
Karen Felker

November is the beginning of winter - a time to complete those things we began in the summer and fall. This month's recipes

bring those I've been keeping in my pocket from the summer and fall events - International Dinner, Excom, and Chili Cookoff.

From the International Dinner in May:

OYSTER ROLL
Dorothy Mills

Blend together:

- 1 (8 oz) package cream cheese
- 1 Tablespoon mayonnaise
- 1/4 teaspoon onion salt
- 1/4 teaspoon garlic salt
- Dash pepper

Between two sheets of waxed paper, roll the cream cheese mixture flat into a base of approximately 8 X 12. (May be a bit smaller.) Remove top waxed paper.

Along length of cream cheese base, spread evenly:

- 1 can smoked oysters

Roll as for jelly roll. (Use the waxed paper and a spatula to roll the cream cheese mixture.) Refrigerate until firm. Slice into 1/4 inch slices. Serve on crackers or party rye.

QUICK PARTY DIP FOR VEGIES
Lu Beale/Nancy Garrett

Mix together, and chill:

- 1 (8 oz) container plain yogurt
- 1/2 cup low calorie mayonnaise
- 1-2 Tablespoons horseradish
- 2-3 teaspoons Worcestershire sauce
- Few drops tabasco
- 1/2 teaspoon garlic salt
- Few drops lemon juice

Heat and stir until boiling:
- 1 can tomato soup (undiluted)

Add and continue stirring until well blended:

- 1 package Knox Gelatin
- 1 (8 oz) package cream cheese
- 1 cup mayonnaise

Remove from heat and add:

- 2 (6 oz) packages small frozen shrimp
- 2-3 Tablespoons diced celery
- 2-3 Tablespoons diced onion

Mix well. Pour into 5 cup lightly greased mold. Chill for several hours until firm. Unmold on lettuce leaf.

For those who constantly count calories (doesn't everyone?), use Philadelphia Light Cream Cheese and low calory mayonnaise (I prefer Hellmans.)

Serve with crackers.

From the Chili Cookoff at the Evans':

BLUEBERRY TORTE PIE
Marilyn Clark

Blend together with mixer:

- 1 (8 oz) package cream cheese
- 1 cup powdered sugar

Beat as directed, not too stiff:

- 1 package Dream Whip

Add to cream cheese mixture.

In 9-inch torte pan, make graham cracker crust. Cover crust with one half of cream cheese mixture.

Top cream cheese layer with:

- 1 can blueberry pie filling

Top with remaining cream cheese mixture.

Sprinkle with cinnamon.

Chill several hours.

!! SKI TRIPS !!

MONT SUTTON - January 14 - 21, 1990. Sunday to Sunday.
Places still available. Call leader Jack Peoples (301) 840-2213



JANUARY 13 - 15, 1989 - SKI WISP - M.L.KING'S B'DAY
FOR THE SKIERS WHO ARE UNABLE TO JOIN JACK AT MT. SUTTON
OR OTHERWISE HAVE TIME ON THEIR FEET, JANUARY CAN BE A LONG MONTH.
HOW TO SOLVE THIS PROBLEM? WHY NOT JOIN DINA TAYLOR AND HER FRIEND
JAN THOMAS FOR SKIING AT THE FABULOUS WISP. WE WILL BE STAYING AT
THE POPULAR GRANTSVILLE HOLIDAY INN. RATES ARE REASONABLE AND IT
WILL BE FUN. WE WOULD WELCOME YOUR COMPANY. YOU CAN MAKE YOUR OWN
RESERVATIONS, OR I WILL BE GLAD TO MAKE THEM FOR YOU.

IF INTERESTED, PLEASE CALL DINA AT HOME 301-663-6089. LEAVE A
MESSAGE ON THE RECORDER IF I AM NOT AT HOME AND I WILL RETURN YOUR
CALL. JUST REMEMBER, THIS PARTICULAR WEEKEND IS A POPULAR ONE AND
RESERVATIONS MUST BE MADE NOW. SO DON'T DELAY. CALL ME SOON.

CANAAN VALLEY SKI=O=REE - Feb 2-4

Approximate cost per person:

Single -\$172, Double -\$115, Triple -\$95, Quad -\$86.

Included:

- * 2 nights lodging
- * 2 breakfasts, 1 dinner
- * Wine, beer, soda and cheese social
- * Party with open bar after dinner
- * Use of the "Beach Club" (health club and new pool, Sauna, etc.)
- * Tax and gratuity

Lift tickets are about:

\$26 adult and \$20 junior daily OR
\$48 and \$36 two day incl Sat night.

XO Buffs - Timberline Ski area's lift gives access to 50 miles of
cross country trails in Dolly Sods Wilderness area.

To sign up for this fun weekend, or for more information, please call
JAN MARX 451-9158.

Please send \$50 per person deposit to:

Janet Marx
8312 Oakford Dr.
Springfield, VA 22152



SKI TRIPS

MONT TREMBLANT - February 11 - 16, 1990
 Call leader Jack Peoples for information. (301) 840-2213

PVS ALPS '90 - February 24 - Mar 11, 1990
 Trip leaders: Knox and Karen Felker (703) 931-6843
 Trip full and all systems go.

KILLINGTON, VT. March 11 - 16, 1990
 Call leader Jack Peoples for information (301) 840- 2213

THE FOLLOWING TRIPS ARE SPONSORED BY BRSC AND ARE AVAILABLE TO MEMBERS OF PVS:

WINTER PARK, COLORADO January 11-15, 1990. Columbia Ski Club
 For information call trip leader Lee Plate (301) 465-7587

MT. SNOW, VT. Jan 21-26, 1990. Columbia Ski Club
 For information call trip leader Debbie Halpern (301) 995-0121

ALSO

BRSC WINTER CARNIVAL Feb. 24-Mar 3. Breckenridge and area.

Approximately \$760-800. We do not have enough members interested in this trip to officially sign up. However, those who wish to ski the Summit may join with our fellow BRSC clubs, Arlington Hall or Pentagon. Please call coordinator Jan Marx - 451-9158.

Help

PVS IS PLANNING TO PROVIDE PROSPECTIVE SKI TRIP LEADERS WITH GUIDELINES AS TO WHEN WE WOULD LIKE TO SKI AND WHERE IN 1991.
 WE NEED YOUR HELP. NOW!!
 DO YOU WANT TO GO TO EUROPE IN DECEMBER?
 THE EAST on APRIL 1ST?
 → PLEASE CALL ONE OF THE COMMITTEE BY NOVEMBER 10th:
 CHAIRMAN RAY MCKINLEY (527-7126) -he has answering machine. SHELDON DREWS (521-5167) MYRA EVANS (620-0545) - she has machine. IRENE FARRELL (921-0590). BARBARA LEONHARDT (279-9056).

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CALENDAR

- Nov. 18.... Hike & Chili with Ray. See page 2.
- Nov. 21 ... Monthly Meeting at the Evans'. See page 1.
- Nov. 28 ... ExCom at Bill Anderson's. 7:30 P.M.
- Dec. 2 ... Winterfest Dinner. See page 2.
- Dec. 19 ... Annual Glühwein party at the Heitchues'. 8 P.M.
- Dec. 26 ... ExCom at Dot Mill's. 7:30 P.M.
- Jan. 6 ... Winter Steak & Swim at the Elrods'. See page 2.
- Jan. 23 ... ExCom at Barbara Leonhardt's. 7:30 P.M.
- Jan. 30 ... Monthly Meeting at Aase Berling's. (On 5th Tuesday, not 3rd.)
- Feb. 20 ... Monthly Meeting at Jack Peoples' home.
- Mar. 20 ... Monthly Meeting at the Marquardts'.

PVS OFFICIERS

EXCOM

President Dick Comerford
 Vice President.. Nancy Garrett
 Secretary Irene Farrell
 Treasurer Margaret Wyckoff
 Membership..... Marilyn Clark
 Program Chairman .. Ray McKinley
 TOOT Editor .. Lu Beale
 TOOT Production .. Jan & Bob Marx
 Movie Mogul ... Rosemary Soler
 Answering Service. The Marxes (451-9158)

SECOND TERM
 Knox Felker
 Nancy Garrett
 Barbara Leonhardt

FIRST TERM
 Bill Anderson
 Myra Evans
 Dina Taylor

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