



VOLUME XXIII *Potomac Valley Skiers, Inc.* OCTOBER  
 NUMBER 9 WASHINGTON MARYLAND VIRGINIA 1988

PRESIDENT'S MESSAGE:

Are any of you Closet Trip Leaders???  
 Now's your chance! We need a TL for our second local trip for this season. (The first is the Ski-o-Ree Jan. 27-29, at Canaan Valley.) A trip to the Red Run Inn at Wisp is always fun OR you might want to arrange accomodations at another local area.  
 Please call me with any creative ideas you may have.

*Jan*

Jan Marx , President

**Washington** NOVEMBER  
**Ski Show** 11-13th

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 SPONSORED BY SKI CHALET & BLUE RIDGE SKI COUNCIL  
 (COME TO THE SHOW AND HELP SUPPORT)  
 SPECIAL OLYMPICS - 52 ASSOCIATION - U.S. SKI TEAM

A ski show for skiers and by skiers.

A new, fun event they are sponsoring is a TRI-ATHLON. We are putting together a PVS team of 3. Know someone who's particularly talented in any of these areas? Call me.

OCT 30 = Bicycle Race. NOV 6 = Ski Deck Race. Nov 12 = 10 K. Race.  
 7-9 am. on Aspen Hill Ski 8 am. Start &  
 Md. side of Training Center, finish-Ballston  
 Geo. Wash Pkwy. Silver Spring. Common We can  
 have many runners.

As a member of BRSC, our club will provide volunteer help (easy tasks) on Sat. Nov. 12, from 3 to 5 pm....THEN meet for dinner at 6:00. Call a friend and enjoy the show.  
 Call Jan (451-9158) about dinner &/or volunteering.

Free admission



WARREN MILLER'S "ESCAPE TO SKI"



**MONTHLY MEETING**

Tuesday, October 18, 1988  
 8:00 P.M.

Home of Myra and Ken Evans  
 3146 Cobb Hill Lane  
 Oakton, Va. Tel: 620-0545

Besides the usual FRIVOLITY ... FOOD ... and FRIENDLY FRIENDS there will be a FASHION SHOW produced, directed and perhaps even modeled by our own Marilyn Clark.  
 IT'S A MEETING YOU CAN'T AFFORD TO MISS. SEE NEXT PAGE FOR DIRECTIONS.

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DIRECTIONS TO  
THE EVANS HOME  
FOR OCTOBER  
MEETING



From the Beltway take I-66 WEST toward Front Royal. Take the THIRD EXIT (Winchester/Dulles) onto Rt 50 (Fair Oaks Mall will be on your left). At the first traffic light, turn RIGHT onto WEST OX ROAD. Go about 3/4 mile and turn RIGHT onto PENDERWOOD DE. Go to the end of the street and turn LEFT onto WAPLES MILL ROAD. Go about 1/4 mile and turn RIGHT onto VALE ROAD. Go 1 mile and turn LEFT onto COBB HILL LANE. We are the second house on the left (3146). From Fairfax, take Rt. 50 to West Ox and from Vienna or Oakton, use Vale Road. If you get lost, call 620-0545.



\*\*\*\*\* COMING EVENT \*\*\*\*\*

FALL FOLIAGE HIKE WITH DINNER AT THE MILLERS IN STRASBURG

Saturday, October 22, 1988. RAIN OR SHINE!!

Time: 8:30 A.M.  
Limited to 40. Call the Millers by October 18th to check on available space. (533-7651)  
Cost: Approximately \$8.50

The hike, led by Lu Beale and Frank Shelburne, will be 7-8 miles on the Massanutten Ridge Trail past Buzzard Rock and ending at Elizabeth Furnace. (The trail from the Fish Hatchery area has been rerouted and is less steep than it was when we last hiked there.)

Dinner afterwards at the Millers' historic home will be under the direction of Super Chef Shahrsad and those who were there last year know what that means!

Directions: We will meet at the Cooper School just inside the beltway at Exit 13, Rte 193 (Georgetown Pike). The school is on the right side of #193 (going towards town) on Balls Hill Rd. You can arrange your carpooling here.

Time: 8:30 A.M.  
Bring: Lunch, including beverage and spare drinking water; warm clothing in case it gets cold after dark; rain gear insurance.

PS: IF YOU DO NOT PLAN TO MEET AT COOPER SCHOOL PLEASE NOTIFY LU BEALE (363-3521).

## Special Events

### GREAT FALLS, VIRGINIA, HIKE WITH CHILI AT THE MCKINLEYS

Saturday, November 19th.

Ray Mckinley's annual trek at Great Falls followed by the Knee's own chili. Limited to 25. If you have not already called the Swabys to reserve a spot please call Ray Mckinley (572-7126).

Complete directions in next issue of TOOT.

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## !! SKI TRIPS !!

### MONT SUTTON January 8-15, 1989.

Leader: Jack Peoples (840-2213). Wait-listed.

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### PVS SKI THE ALPS IN TYROL - January 20 - February 5, 1989.

Leaders: Bob & Margaret Wyckoff (589-5532).

This is a super 17-day trip to super ski areas at a super price. First week in Kitzbuhel, second week in St Anton. An afternoon and evening in Munich.

Space is limited to 25.

Call the Wyckoffs while there is still time!

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### COPPER MOUNTAIN, COLORADO - January 26-30, 1989.

Long Colorado Weekend. Call Jim Wingrove: H - 762-4887.

O - 653-6922

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### COLORADO ADVENTURE February 11 - 25, 1989

Leader: Dina Taylor. O-427-3227. H - 301-663-6089.

This 2 week trip has received a tremendous response. It can be taken in 2-week or 1-week segments. A limited number of spaces are still available. For information call Dina.

1st Week - Keystone and the Summit. Feb. 11-18. Price: \$616.

2nd Week - Aspen. Feb. 18-25. Price: \$730.

Both weeks: Price \$1074.

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### BRSC'S SKI WEEKEND AT CANAAN VALLEY January 27-29, 1989.

This weekend was a big hit for all skiers last January, This year promises to be even more of a success.

See flyer in this issue and call Dina Taylor O:427-3227.

H: 301-663-6089.

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### RACE FOR A CURE

Massanutten Village and the Cystic Fibrosis Foundation will host an exciting ski race on January 28th at the Village. Over 100 racers will compete on a NASTAR handicap system for trophies and ski packages. Cost: \$5 entry fee. Call the Director of Special Events at the Cystic Fibrosis Foundation at 1-800-572-3213 or (804) 355-2464).

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PAST EVENTS

IMMOVABLE <sup>from</sup> FEASTing by Mary Jane McCarthy

On Labor Day thirty-four crab pickers (some faint hearted) assembled for a gourmet feast at the home of Jim and Barbara Wingrove. Kudos to the aplomb of hostess Barbara, who was informed at 9 P.M. on the prior evening that the long-ordered bushels of crabs were not available. A scramble next morning produced more than enough tasty crabs--combined with ample corn-on-the-cob, salads and rava-notice desserts (thanks, Larry, for the TOOT dessert-of-the-month, raspberry topped lemon pie, yum, yum).

Bob Marx and president Jan arrived late after delivery of son to college in order for Jan to defend her champion crab-eating reputation. Follow-ups had to be Norm Engleman and yours truly. The Knee, alias Ray McKinley, recounted his interesting trip to Russia, complete with missle statistics. Interested absentees had best catch him quickly since he's returning for more. All sat around the pool, except for Hughie and a couple of gorgeous girls who played Frisbee (can Frisbee be considered "working out" for the coming ski season?).

Many thanks to both Barbara for keeping food coming and to Jim who hustled around clearing the debris from all the fun and supplying us with a beautiful setting.

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AN EVENING IN POTOMAC

Bill and Susan Brown hosted the September monthly meeting at their beautiful Potomac, Maryland home - a first visit for the club but not, we hope, the last. Some forty PVSers gathered to sample the cheeses, pates, veggies, sweets, dips, etc. scattered at tables throughout the many downstairs rooms- including the huge garage where most of the liquid refreshments were dispensed.

President Jan had some difficulty breaking up the conversational groups and persuading the talker-eaters to settle down for the evening's entertainment - a showing of slides from the Marxes' summer trip in Germany, Austria and Switzerland. Most of those present had visited the areas on ski trips and were beguiled by this view of the same mountains dotted with wild flowers and cows instead of moguls. The photography was superb!

Thanks to Bill and Susan and the Marxes for a very happy evening.

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MIDWEEK HIKING

On a gorgeous Wednesday in September, 13 PVSers gathered for a hike in Maryland's Little Bennett Regional Park. Charles Huggins, a part-time park ranger, dreamed up the idea and assured those who felt guilty about taking a mid-week break that the occasion would be not "just fun" but an educational must should any of us need survival skills in the wilderness.

Shepherded by a park naturalist, the 13 covered 5 miles of non-taxing trails in less than 3 hours and learned how to identify and use such flora as Selfheal (stops the flow of blood from a cut), Jewel Weed (alleviates the itch from poison ivy), Stagehorn (added to water makes lemonade), Wood Sorrell (satisfies (?) a growling stomach), and a certain plant which promised an hallucinatory experience.

No hallucinogen was needed to make this a lovely day climaxed by lunch in park headquarters and a surprise birthday cake for a mid-septuagenarian in the group who shall remain nameless.

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# COOK'S CORNER



by

Nancy Garrett

## OKTOBERFEST ##

The introduction alone is sufficient to make the mouth water in anticipation of good things to eat!

On October 1, the annual Oktoberfest celebration will be held at the home of Margaret and Bob Wyckoff. Margaret has provided recipes for the "best" to go with the "wurst". Among the best are Margaret's recipes for SAUERKRAUT and PFLAUMEN KUCHEN, otherwise known as German Plum Cake.

## SAUERKRAUT

In large pot, simmer the following ingredients for one hour:

- 2 lbs. sauerkraut, drained and rinsed
- 5 ounces lard
- 1 large sauer Apple - diced
- 1 large onion - diced
- 3 to 4 Tablespoons brown sugar

Stir every ten minutes or so, until flavors are well blended. Serves 12.

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## PFLAUMEN KUCHEN

Into large bowl, sift together:

- 2 cups flour
- 1/2 cup sugar
- 1 teaspoon baking powder

To dry ingredients, add the following:

- 1/3 cup vegetable oil
- 1/2 teaspoon vanilla extract
- 5 drops lemon extract
- 2 eggs

Mix to form dough. Roll out to fit on greased 10" X 15" cookie sheet.

Wash, pit, quarter and spread over dough:

- 2 lbs. Italian Plums

## CRUMB TOPPING:

Sift together:

- 3/4 cup sugar
- 2 cups flour

Add:

- 1 teaspoon vanilla extract
- 1/2 lb. soft unsalted butter or margarine

Work with fingers to mix until dough crumbles and resembles green pea size. Scatter over plums.

Bake 350\* for 20 minutes. Increase temperature to 450\* for 20 more minutes or until crumbs are nicely browned.

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The Ski Club Cookbook features Janet Marx's recipe on page 35 for HOT GERMAN POTATO SALAD. This would be a good accompaniment to the above.

# # # # #

If you are unable to attend the Wyckoff celebration, try my easy recipe for Reuben casserole or sandwiches, and have your own Oktoberfest.

## EASY REUBEN

In medium skillet, (9" diameter), over medium heat, stir for 10-15 minutes:

- 1 12-oz. can corned beef
- 1 8-oz. can sauerkraut

When mixture begins to steam, place strips of swiss cheese on top. Cover for approximately 5 minutes until cheese melts.

Serve atop dark pumpernickel rye with spicy mustard and/or horseradish mayonnaise. Serves 3-4 hungry people.

# THE KNEE

by  
GUEST COLUMNIST  
CHRIS WALN



While I have, in the course of my career, been asked to stand-in for various associates, this is the first time I have ever had to think of myself as a prosthetic reporter. Ray McKinley tricked me into this task by claiming to be on his way back to the USSR to see that they reduce an uncertain number of SS-20 missiles to a smaller (but still uncertain) number.

Actually I suspect he simply kneeded a rest.

Resting is what Knox Felker spent his summer doing- after surgery. Jack Peoples and I also had surgery but Jack went to Ocean City to escape the heat while I just went to the mall.

Dick Clark is now tooling around in his MG but told me it now needs a professional. From what I have seen, Dick is unduly modest. Marilyn,

however, is another matter. Dick tells us that she plans to conduct a Passion Show at our next meeting.- 'struth, he said it.

Based on multiple accounts of comments attributed to her by reliable but unnamed sources, we can believe it.

Which leads me to ask, "Did Nancy Garrett go Tipity Witchity this summer, or to Tipity Witchity?"

Norm Engleman went to the Pacific Northwest where we all should have been - but he also went to Yosemite. He says it was to see what it looks like without snow...I wonder.

Charlie Gordon was also North-bound but found Canada stewing at 95°F. Next time try Greenland, Charlie.

Dina Taylor saved her travelling for October when she will head for Frankfurt and her old home town.

Reg and Jean Heitchue spent the summer renovating their house which leads me to ask how can one renovate without first novating?

One thing I discovered at Bill and Susan Brown's Potomac home during the September monthly meeting was that few people wanted to talk about the summer but those who did were unanimous in their opinion - the heat was beyond belief.

Jeremy Hutchins is back from Hong Kong, paying his pennance in the UK Ministry of Defense. Lu Beale isn't doing pennance but tales of her Tirolean dancing at a recent Beethoven Society Beer Bash leave one wondering if she shouldn't.

x x x x

You've heard the old adage - you're never too old to learn? Consider this student: Bette Walker takes aerobic classes twice a week, ice skating lessons two nights a week, and ballroom dancing once a week while studying Spanish on her own and perusing horticultural tracts in preparation for an all-out gardening effort in the spring.

Kirk and Peggy Burns have missed several club events recently. They have been up at Mt Sutton in Canada for three weeks getting their chalet ready and, we hope, grooming the slopes in anticipation of the annual onslaught of PVSers in January.

Hey, Jack Peoples - why is your face so red? Could it be due to the birthday card you received from a group of non-anonymous mid-week hikers?

Kudos to the 17 PVSers who travelled over 100 miles round trip for the September ExCom meeting at Dick Comerford's Leesburg home - many not getting back to their own homes until after midnight.

Betty Comerford made their tasks easier by serving an abundance of refreshments before she retired for a few hours sleep to prepare her for the midnight shift at her airport office. Kudos, again!

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**MEMBERSHIP RENEWAL**

It's membership renewal time! A quick response (no later than October 31) will assure your membership in PVS - The Club for Skiers!

Please fill in all the information requested on the form so that it can be used to keep our records up to date. Send the form with your check made payable to Potomac Valley Skiers, Inc. to:

Marilyn Clark  
 8953 Falling Creek  
 Annandale, Va. 22003

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1988/89 POTOMAC VALLEY SKIERS, INC. Date \_\_\_\_\_  
 Membership Renewal

NAME	Regular \$12.50	Applicant \$15.00	Non Local \$5.00

ADDITIONAL MEMBERS IN SAME HOUSEHOLD -\$7.50; Junior 18/under -\$5.00

NAME	Skiing Spouse	Non Skiing Spouse	Junior	Other

Mailing Address:

\_\_\_\_\_ Number and Street City State ZIP

Phone numbers:

\_\_\_\_\_ Home \_\_\_\_\_ Office-Him \_\_\_\_\_ Office-Her

If you are anticipating signing up for a ski trip during the 1988/89 season, what area would you prefer?

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

The club needs your assistance. Please check the appropriate spaces if you are willing to:

- coordinate an event
- occasionally write up an event for TOOT
- host an event in your home
- run a local ski trip



### CALENDAR

- Oct. 18 ... Monthly Meeting at home of Myra & Ken Evans.
- Oct. 22 ... Fall Hike/Dinner with the Millers. See p.2.
- Oct. 25 ... ExCom at the Garretts. 7:30. (250-4791).
- Nov. 15 ... November Meeting at the Walns. 8 p.m.
- Nov. 19 ... Hike and Chili with Ray McKinley. See page 3.
- Nov. 22 ... ExCom at Lu Beale's. (363-3521).
- Dec. 3 ... Winterfest Dinner. Call Marilyn Clark (978-9435)  
See November TOOT for details.
- Dec. 20 ... December Meeting/Gluhwein at the Heitchues.

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NOVEMBER 11, 12 & 13 - WASHINGTON SKI SHOW AND WINTER CARNIVAL '88

See Front Page

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SKI-SWAP - The Area's largest!!! Sunday October 16. 10 AM to 4 PM  
THE SKI CENTER. 49th & Mass. Ave. N.W. D.C. Benefit Liberty Ski Patrol.

PVS Charter Member Jack Lilley has moved to Atlanta to be with his daughter and grandchildren.

He plans to join the Atlanta Ski Club which has 2500 members. Not bad for a real southern city!

His new address: Mervyn J. Lilley, 520 Saddle Lake Dr.  
Roswell, GA 30076. Tel: 404-642-0824

GOOD LUCK, JACK!!

Bob and Jan Marx  
8312 Oakford Drive  
Springfield, Va. 22152



Dues due on HALLOWEEN