

VOLUME XXVIII *Potomac Valley Skiers, Inc.* JANUARY, 1993  
 NUMBER 1 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

As many of you may be aware, as members of P V S we are also members of the Blue Ridge Ski Council. But how many of us know what the BRSC is all about. Since this is my 21st consecutive president's message and I am running out of things to write about, it's a good time to give you a bit of history of the Blue Ridge Ski Council. The Council grew out of the now defunct Pennsylvania Ski Federation at a time the Federation consisted of two Councils, the Eastern and Western, representing ski clubs in Pennsylvania as well as those in Maryland and Virginia. After the formation of the Ski Club of Washington, D. C. in 1936, those clubs in the "banana belt" desired a more active role and representation in the Federation, thereby forming the Blue Ridge Council. Today this Council represents clubs in D. C., Maryland, Virginia as well as West Virginia. The number of member clubs has varied throughout the years with as many as 35 clubs. I believe that the present number of member clubs is around 18. The Council has done much in promoting organized skiing in the South. It was instrumental in opening up ski areas in Maryland, Virginia and West Virginia. In its early days it made it possible to establish charter flights drawing from its many members; and it has always been a strong supporter of the Ski Patrol.

Well, that's enough history for now, and as we enter the New Year I wish for you a most happy and prosperous New Year with lots and lots of snow.

*Bill* Bill Anderson, President

**MONTHLY MEETING**

Tuesday, January 19, 1993. 8:00 P.M.

Don't miss this 1993 opener. It's always a winner!

June says please leave your auto tag number at the desk.

Hosted by June Kelsay in the Recreation Room of her apartment building at 10401 Grosvenor Place, Rockville  
 Tel: 301-493-5839

DIRECTIONS ON Page 8.

**HAPPY**



**NEW YEAR**

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## COMING EVENTS



### DINING OUT GROUP - January 12, 1993

Join us for dinner on Tuesday, January 12, 1993. This month, we will meet at NOVA EUROPA, 1311 Lamberton Drive, Silver Spring. NOTE: We will meet for dinner at 6:30 P.M. so that we have the option of selecting from the extensive fixed price menu that is available until 7:00 (Regular full menu is always available). NOVA EUROPA features European cuisine and specializes in Portuguese dishes.

Directions: From the Capital Beltway (Rt. 495) in Maryland, take exit 31A (Georgia Ave. - North [Rt. 97] to Wheaton). Go 2.6 miles and turn right on Arcola Ave., then go 1.4 miles to the 2nd traffic light at Lamberton. Turn right at the Giant sign into the Kemp Mills Shopping Center. NOVA EUROPA is next to the Peoples Drug store.

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Sunday, January 10.

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### TOUR OF THE DIPLOMATIC RECEPTION ROOMS -- March 10, 1993

"Better than any museum that I have seen in Washington!" said no less an authority than Ray McKinley. Come and see for yourselves! ~~This is a fine arts tour of the diplomatic~~ reception rooms located in the State Department Building, and will be followed by lunch (optional) at a yet-to-be-decided-on restaurant, perhaps in Rosslyn. Be advised that I need to submit to the State Department in advance a list with the date of birth and social security number of every participant (information to be kept confidential!). Much more information in the next Toot, but for now, take note: Wed., March 10, 10:15 A.M., State Department Building. To sign up, or for further information, call: Bob Harmon (703) 820-6561. (Don't wait too long -- there already seems to be a lot of interest in this event!)

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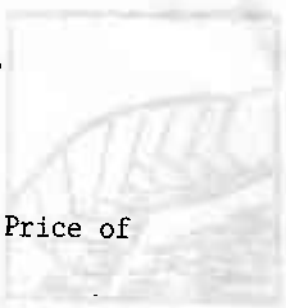
#### PVS OFFICERS

President ... Bill Anderson  
Vice President ... Mary Jane McCarthy  
Secretary ... Irene Farrell  
Treasurer ... Nancy Garrett  
Membership ... Marilyn Clark  
Program Chairman ... Ray McKinley  
Trip Chairman ... Dick Comerford  
TOOT Editor ... Lu Beale  
TOOT Production ... Jan & Bob Marx  
TOOT Copy Editor ... Bette Walker  
PVS Answering Service ... The Marxes  
(703) 451-9158

#### EXCOM

Second Term:  
Joan Flake  
Bob McNeill  
Jack Peoples  
First Term:  
Bob Harmon  
Karen Felker  
Janet Waln

# — !! SKI TRIPS !! —



## BRSC SKI-O-REE AT BLUE KNOB - January 29-31,1993

There is still room available on this terrific ski weekend. Price of \$106 includes 2 nights lodging (dbl. occupancy) PLUS

1. Lift tickets for Saturday and Sunday.
2. Friday night party at Shawnee Inn with free sandwiches and beer.
3. Wine and Cheese Party at A-Frame Saturday on Bunny Hop Ski-In and Ski Out.
4. Club Race - Saturday.
5. Banquet including wine and beer at Imler Fire Hall.
6. D.J. Andy Cool and music to suit your taste.
7. Round trip bus to Imler Fire Hall from motel.
8. Lodging at Super 8 Motel the area's newest motel (Two Years).
9. Motel has Jacuzzi, free doughnuts, and morning coffee.
10. Wine and Cheese Party at A-frame Sunday on Bunny Hop Ski-In and Ski Out.

Call leader Jack Peoples and sign up NOW. (301)881-6220.

## SKI UTAH MARCH 16 - 23,1993

End the '92 - '93 ski season with fellow PVSers for a week of super skiing in Utah. Accommodations at the Comfort Inn near SLC Airport easily accessible to seven great ski areas. Lift prices are relatively low with seniors over 70 skiing free. Trip price of \$250 includes 7 nights lodging (dbl.occ.); van service to and from airport; rental cars, 4 to a car. Not included: Air fare, lift tickets, meals.

Call leader Shirley Rettig SCONEST (703) 836-0147.

## BIG SKY, MONTANA - February 17 - 26,1993

Leader Dina Taylor says trip is full and on track with 33 skiers. She wishes all PVSers a happy holiday and lots of snow in the new year.

## EXECUTIVE COMMITTEE NOMINEES FOR 1993-95

In accordance with PVS bylaws, a nominating committee appointed by President Bill Anderson met in December to select candidates for president and three executive committee positions for the coming year.

The committee, chaired by Dorothy Mills, offer the following slate of officers to be presented at the Annual Meeting in April:

President ... Mary Jane McCarthy

2-year term on the Executive Committee...

Myron Marquardt

John Smith

Liz Triau

Additional nominations may be made at the request of any five members in good standing who make their presentation at a business meeting at least one month prior to the April election.



# THE KNEE

by

Ray McKinley

Once again, let me be the first to wish you a Joyous Knee Year.

With the knee year, I'd like to philosophize with you about our favorite sport.

Skiing is far more than a sport. Surveying the mountain vista on a crisp, early morning chairlift ride at Steamboat Springs is consciousness-raising. With the trees so laden with snow, even the evergreens look fluffy white. One majestic snow-covered mountain after another rises up against the cobalt-blue sky strewn with a few wispy cirrus clouds. On the way down, the snow caresses your skis and that unmistakable soft crunch underneath is the only sound while floating over the newly fallen powder. Random flakes sparkle prism-like in the sunshine. Wonderment. Joy. Goose bumps on the back of your neck.

It's like no other feeling. It just feels so exhilarating, you want to yell at the top of your voice. It's understandable that the Swiss yodel. No, it's not just a sport. Our sport is a communion with beauty and the outdoors. A chance to observe and partake in nature's art. Enjoy.

It's almost the same on a Saturday afternoon at Ski Liberty....

You've heard of "negative income tax" where low-incomers get money from the IRS rather than paying. Knox Felker proposes negative skiing. PVS seniors, who often can ski free should still be able to use \$10-off lift ticket coupons and thus be paid to ski.

Jim Arnold was in town briefly after his year in Spain. Now he's rented a near-the-slopes townhouse in New Hampshire for the ski season.

Bob and Vivian Barry were also back in town for the Heitchues' PVS Christmas party. They were inbetween

a Caribbean vacation and getting their Rehoboth B&B ready for the holidays. Bob reports conditions in the Caribbean were "a bit slushy."

Here's the Knee's ski fashion report, based on touring local and Colorado ski shops. Glow colors are out. Deep purple, dark green, and black are in. The new outfits are borrrring.

Attendance at recent events has been overwhelming. Almost 60 at the Marquardt's November meeting, some 65 at the Arts Club dinner, 45 skiers on the Comerford's trip and 75 at our Christmas party. We must be an interesting group of people!

Here're some Knee Year's resolutions for you:

Don't play sports trivia with new member Jackie Flaherty. She was a college PE major and remains a sports nut.

Don't bet on a pool game with Dick Comerford; you'll surely lose. (Obviously, an errant childhood.)

Don't disparage ski bums to Jean Strickland. Albeit several (ahem!) years ago, Jean bummed for a year just out of college at Stowe.

Don't try to impress Jeannette Albersheim with your knowledge of Glenwood Springs--she grew up there.

By the way, it is not true that my ski style is Kneanderthal.

Enroute to Steamboat by air, six of us, via a lottery, were upgraded. It was Frank Shelburne's first first-class trip. After munching grilled salmon and sipping his second scotch, Frank noted that this is more fun than pitching horseshoes.

Later, on the bus to Steamboat, the driver told us he routinely carried lots of FBI. FBI, we asked? Yup, Flat Board Idiots.

On December 1, Bob McNeil, Reg Heitchue, and Jim Wingrove flew to Denver, rented a car, and by 10:30 am were skiing at Arapaho Basin. There, they ran into Huey Roberts. Huey has been in Colorado since July and December 1 was his 20th skiing day!

# COOK'S CORNER

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by  
Nancy Garrett

Recipes from the Christmas party hosted by Reg and Jean Heitchue are presented for your cooking pleasure.

## CAVIAR DIP

Mary Jane McCarthy

Mix well together:

- 6 hard cooked eggs, finely chopped
- 1 cup mayonnaise
- Salt and pepper to taste - (Use salt sparingly, caviar is very salty.)

Mix together and heat until gelatin is dissolved:

- 1 envelope plain gelatin
- 2 Tablespoons lemon juice
- 2 Tablespoons water
- 1 Tablespoon Worcestershire sauce
- 1 Tablespoon anchovy paste
- 1/2 teaspoon onion powder

Mix egg mixture and gelatin mixture together. Gently fold in:

- 1 (4 oz.) can red caviar

Place into 1 1/2 quart mold lightly sprayed with Pam. Chill for several hours. Unmold and decorate with parsley. Serve with crackers. Delicious!!!

## CONFETTI CORNBREAD

Janet Wain

Preheat oven to 350°. Place 9" X 13" baking pan in oven to melt:

- 6 Tablespoons margarine

Mix together:

- 2 boxes Jiffy cornbread mix
- 4 eggs
- 1 (12 oz.) can drained Mexicorn
- 1 (10 oz.) box frozen, chopped broccoli (Cooked, drained, and cooled)
- 1 (12 oz.) container low fat cottage cheese

Add this mixture to margarine in pan. Stir around until margarine has blended with mixture. Smooth evenly over pan.

Bake at 350° for about 45 minutes or until golden. Allow to cool for 25 minutes before cutting. Makes approximately 50 1-inch squares.

## SAVORY CHICKEN BITES

Fumiko Marquardt

Combine until well blended:

- 1 (8 oz.) package cream cheese, softened
- 1/2 teaspoon lemon juice
- 1/2 teaspoon dried basil
- 1/2 teaspoon onion salt
- 1/8 teaspoon dried oregano
- 1/8 teaspoon dried thyme

Stir into above mixture and set aside:

- 1 1/2 cups finely chopped, cooked chicken
- 1/3 cup finely chopped celery
- 1 (2 oz.) jar diced pimento, drained

Separate 2 (8 oz.) cans refrigerated crescent dinner rolls into 8 rectangles. Press perforations to seal. Spread about 1/4 cup cream cheese mixture over each rectangle leaving 1/2-inch margin on one long side and no margin on other side. Roll dough, jellyroll fashion, starting at long side with filling spread to edge. Pinch seams to seal.

Brush roll with:

- 1 large egg, lightly beaten

Sprinkle with:

- 1 1/2 teaspoons sesame seeds for each roll

Cut each roll into 5-6 pieces. Place seam side down on lightly greased baking sheets. Bake at 375° for 12-15 minutes. Yield: 40-45 appetizers.

## SALMON SPREAD

Myra Evans

Combine, stirring well:

- 1 (15 1/2 oz.) can salmon, drained and flaked
- 1 (8 oz.) package Neufchatal cheese (softened)
- 1 Tablespoon lemon juice
- 2 teaspoons grated onion
- 2 teaspoons prepared horseradish
- 1/2 teaspoon liquid smoke
- 3 drops Tabasco

Spoon mixture into serving dish. Cover and chill several hours or overnight. Sprinkle with 2 Tablespoons chopped fresh parsley just before serving. Serve with melba rounds. Yield: 2 cups. Approximately 38 calories per Tablespoon.

STEAMBOAT SPRINGS A GREAT SUCCESS by Jessma Blockwick

Steamboat Springs presented a tremendous challenge this year. Not the skiing but the getting there! The sizable group shepherded by Irene Farrell, who expected a speedy trip by plane, found their hopes dashed when the plane coming from Denver arrived very late in Washington. Two hours late, therefore, getting into Stapleton, they found they had missed the last flight into Steamboat and ended up trundling over the mountains by bus. Despite protests, the bus driver sailed by the entrance to the Sheraton, insisting his contract allowed him to go only to the airport. There they had to await the van from the hotel. Result: arrival time of 2 a.m., but super leader Dick Comerford was still up to greet and commiserate with them.



Dick's van passengers also had an interesting trip of it. They rode through parts of Denver rarely seen by the average tourist (railroad tracks, warehouses) as he searched for the Safeway which sells coupon books with discount tickets for Steamboat. There were a few stops to allow John Pulos to catch up (his van was actually serenely sailing on ahead of us), another stop to buy a week's liquor and soda for thirsty PVSers, another stop to call the hotel to let them know of slow progress--all this made for an arrival time of 9:30 p.m.

Eventually all arrived safely and were greeted Sunday with fresh snow and clear skies, and good conditions continued all week. The "hot shot" crew led by Huey Roberts smoked the mountain every day. Charlie Gordon said it isn't true that Huey never makes a turn. "He makes one at the top to get on a trail and one at the bottom to get off it."

No one had heard of a ski albatross, but there were a few questions raised when it was found Betty Comerford was a common link in lift problems. She and Jessma Blockwick were stuck for several uncomfortable minutes on a chair lift, particularly uncomfortable since Blockwick chose that time to tell about Marianne Cook's terrible 25-foot-fall from a broken chair lift. Then Betty was one of several PVSers, including Dick and Christie and Knox Felker in one car and Mary Riley and Jackie Wilson in another, stuck on the gondola when it was closed because of high winds. Took an hour and a half to rescue all those on board.

Nightly gatherings before dinner were a time to share the day's adventures. One mysterious item to discuss: Dick Comerford's bathing suit (which he claimed to have left at the jacuzzi) was returned to the room bearing a short note--"Thanks, Dick"--and a lipstick imprint.

Marianne Cook was credited with saving Joe Blum's skis. As he searched for them on the racks outside the gondola, Marianne saw a man placing them on one of the moving cars. She called out to Joe, who rushed down the platform and seized his skis just as they were about to take off up the mountain.

STEAMBOAT SPRINGS (Continued from previous page.)

Marianne gave us all a delightful treat one evening when the hotel provided a piano and Marianne, who is an international cabaret star and classical pianist, entertained us with songs funny and sad and romantic, a number of them her own compositions. She also accompanied Karen Felker who sang Danish folk songs.

A group that included Shirley Rettig, Frank Shelburne, John Pulos, Ray McKinley, the Trials and Dick Comerford, went to a restaurant one evening where a "tight jeans" contest was in progress. None of our group claimed to be a contestant but they complained they couldn't see those who were because too many cowboys blocked the view.

Lots of our skiers were trying out the black trails. As Aina Thomas airily declared, "You can always climb out." It was a week relatively free from accidents. Jeanne Strickland had an unexpected encounter with the mountain; the mountain was okay but Jeanne came away with a black eye. One day she met up with a friendly gentleman, unidentifiable with all the ski gear, but she assumed he was a PVSer (she says) when he invited her to ski with him. When he later removed hat and goggles, she found a stranger--but one who was a Steamboat ski instructor. She was delighted with her free and private lesson.

All in all, it was a great week with lots of skiing on good snow, lots of good eating and fellowship, and accommodations just a short distance from lift, gondola, and shops. The group saluted the Comerfords with great gusto for a trip well planned--and with pleas for another one just as good next year.

PAST EVENT

CHRISTMAS WITH THE HEITCHUES by Lu Beale

One of the least known ski resorts in the area has to be the Reston home of Jean and Reg Heitchue where the downhill driveway is a close facsimile to a black trail from the top of Blue Knob. But, having survived the free fall, what treats await you at the bottom - lights and warmth, food and wine, Christmas greenery and friends galore!

For the umteenth year in a row, the Heitchues welcomed us to their lovely nome to celebrate the season in this loveliest of ways.

Among the 70 some guests enjoying the evening were the Barrys, up from Dewey Beach; the Comerford trio from Leesburg; Jim Arnold, soon moving to North Conway, N.H.; Marianne Cook from Harpers Ferry; seldom-seen Carol Drohan; newly engaged George Hicho and Sue Walsh; Myra Evans and Genee Boykin, each flying solo for the evening; the Pease with handsome son Greg Gell and lady friend; and the Clarks with handsome son Cameron and bride.

The long dining table groaned (as the saying goes) with the weight of the heavenly contributions of guests including chicken liver pate, salmon dip, pepperoni rolls, jalapeno quiche, caviar dip, chicken puffs, egg plant caviar, cookies, cakes, pies, and so on..and on..and on. All accompanied by appropriate potables, especially the fragrant glühwein. (Although more beer than usual and LOTS of pop were consumed.)

Pres Bill Anderson conducted the briefest of meetings, believing that the celebration of the season and the greeting of friends was the main business of the evening. And so it was. And so we did.

Thanks, Reg and Jean, and joyous holidays to all!

# CALENDAR

- Jan. 12 ... DOGS (See page 2).
- Jan. 19 ... Monthly Meeting at June Kelsay's. (See page 1).
- Jan. 26 ... ExCom at the Leonhardts'.
- Feb. 9 ... DOGS
- Feb. 16 ... Monthly Meeting at the Marx home.
- Feb. 23 ... ExCom at Lu Beale's.
- Mar. 10 ... Tour at State Department. See page 2.
- Mar. 16 ... Monthly Meeting at Olga Gilloegly's.
- Ap. 20 ... Annual Meeting at the Leonhardts'.
- May 18 ... Monthly Meeting at the Wargos'.
- June 15 ... Monthly Meeting at Betty Lawrence's.

## DIRECTIONS TO JANUARY MEETING:

From Virginia, take the Beltway (495) to Exit 36, Old Georgetown Road (route 187). After leaving the Beltway, turn left on Route 187 toward Rockville. After 1.5 mile on 187, turn right on Tuckerman Lane. There will be a sign indicating that this is the way to the Metro. Follow Tuckerman Lane for 1.0 mile and turn right on Grosvenor Place. 10401 is the first building on the left facing Grosvenor Place (it is white brick). Park in the parking lot and leave your car tag number at the desk. Take the elevator to the ground floor and follow the signs to the recreation room.

FROM ROCKVILLE PIKE (Route 355): Going South, turn right on Tuckerman Lane. At the first street, which is Grosvenor Place, turn left and proceed as above.



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