



VOLUME XXVI  
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*Potomac Valley Skiers, Inc.*  
WASHINGTON MARYLAND VIRGINIA

MAY 1991

PRESIDENT'S MESSAGE:

I would like to take this opportunity to thank you for making me your Club President for the next two years. I consider it a real privilege to serve as your president and I will strive to live up to the ideals of my illustrious predecessors. PVS has been most fortunate in having a wealth of talented volunteers and dedicated members. This is what makes PVS an outstanding Club. I firmly believe that the success of our Club results directly from the fact that we have fun together; that our Club responds to what we want in social, recreational and sporting activities, and that we sincerely ENJOY being members of PVS.

I welcome and look forward to working with the newly elected Ex-Com members: Joan Flake, Bob McNeill and Jack Peoples who will join Bill Brown, Howard Hensley and June Kelsay. This appears to be a great team and with your help it looks like a great year ahead.

Again, and as they say in our Southern States, and confirmed by Nancy Garrett, THANKS YO ALLL!

*Bill*

Bill Anderson, President

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**MONTHLY MEETING**

Tuesday, May 21. 8:00 P.M.

Where: Home of Jean and Howard Hensley  
3745 N. Woodrow St. Arlington.  
Telephone: 536-9749(703)

COME CELEBRATE SPRING AT THE HENSLEYS' BEAUTIFUL HOME IN VIRGINIA. (BRING BROLLIES!!)



**DIRECTIONS** to Hensley home in Arlington, Virginia:

Take George Washington Pkwy exit and follow towards Washington to exit on Rt 123 NORTH. Follow 123 north to end at Chain Bridge where take a right on Glebe Road. Follow Glebe Rd to a left on 36th Street (about one mile from Chain Bridge). Go 2 1/2 blocks and take a left on Dittmar. Take an immediate left on 37th Street and an immediate right on Woodrow Street. Go to house at end of cul de sac - 3745 N. Woodrow - the Hensley abode.

From Route 166: Take North Glebe Rd exit and follow about three miles to a right on 36th Street. From there on, follow above directions.

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# Coming Events

MAY 4 - DERBY DAY AT THE GARRETT'S - 3:00 P.M. AND ON

There may still be a place for you on this limited (50) event. Call Nancy Garrett (703-323-6535) or Jan Marx (703-451-9158).



Don't forget the beautiful hat contest for the ladies and raciest tie contest for the men. Most stunning creation in each category will receive a special prize.

Directions to Garrett's at 5804 Canvasback Rd., Burke, Va: Take Beltway EXit 5 West on Braddock Rd. Turn left onto Burke Lake Rd. (Counting the light at the Beltway Exit, Burke Lake Rd. is the 5th traffic Light.) Go

past Lake Braddock High School on the right, proceed through the little town of Burke and turn right on Coffey Woods Rd. (First right after the town of Burke.) Turn left on Canvasback Rd. (3rd left). 5804 is the middle unit in the first series of townhouses.

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MAY 5 - BAY BRIDGE WALK AND BAYFEST

Anyone interested in joining fellow PVSers on the annual hike over the Chesapeake Bay Bridge call Ruth S. Arider (301-770-3438) and plan to meet at Cooper School at 9:15 A.M. The school is just inside the Beltway at Exit 13, (Rte. 193, Georgetown Pike). It is on the right of #193 (as you head towards Washington) and is on Balls Hill Rd.

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MAY 18 - FUN RUN AND BRUNCH WITH THE CLARKS

9:00 A.M. RAIN OR SHINE!!! The brunch is now waitlisted but there's no limit if you want to come just for the hike. Call Marilyn (703-978-9435)

Directions to trailhead: Take Beltway Exit #5 (Braddock Rd.) in Virginia. Go west (away from D.C.) one tenth mile to light and well-marked WAKEFIELD PARK sign on right. Drive to main parking lot (as far as road goes) and meet by the small bridge immediately on your left as you enter the lot.

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JUNE 8!!

## SPRING BIKE OUTING

At Noon - June 8 (rain date June 9)

Route: St. Michaels to Tilghman Island (13 miles), a stop for refueling (?) at the outdoor patio at The Bridge Restaurant and return. Flat terrain on Rt. 322.

Après Hike: Reservations will be made at Longfellows Restaurant for five o'clock.



DIRECTIONS: Rt. 50 to Bay Bridge, continue for 28 miles, right on Rt. 322, go 2 miles, right on Rt. 33 - 9 miles to St. Michaels, right on Mill St., immediate left into parking lot.

301-

Call Bill Brown 299-5187 or Irene Farrell (301)-695-4304 to let us know you are coming or for info on bike rentals.

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**COMING EVENTS**

**MAY 25 - HIKE IN SHENANDOAH NATIONAL PARK**

**WHEN:** Saturday, May 25th. 8:00 A.M. (Rain date: Sunday May 26th.)

**TRAIL:** Cedar Run/White Oak Canyons - two of the most SPECTACULAR ravines in the park; waterfalls and cascades in ABUNDANCE! LOTS of effort but worth it!

**Three options:** Tell leaders Bob and Jan Marx which YOU will be doing at hike time.

- \* **Hi-test:** Strong hikers, in good condition, will go UP Cedar Run, ACROSS the top, and DOWN White Oak Canyon; approximately 8.2 miles and 4,600 vertical feet!
- \* **Regular:** Good hikers will go up AND down White Oak Canyon; approximately 5.3 miles (shorter) but still 3,000 vertical feet.
- \* **Leisure:** A short 3 mile round trip of 1,400 vertical feet lets you see the lower falls in White Oak Canyon; tree-shaded pools, a pace you set for yourself and your buddy make for a grand outing.

**Wear:** Sturdy shoes/boots; appropriate clothes for the weather.

**Bring:** Lunch, water, lots of gorp (or YOUR favorite trail nibble). Also, refreshments (in the car) for your relief at hike's end.

**Time:** 8:00 a.m. at Cooper School (one block INSIDE the beltway on Georgetown Pike, Virginia Exit 13); carpools will be arranged at the school.

**Reservations:** Please call Jan or Bob Marx (703-451-9158) by Thursday, ~~May 23rd~~, so we don't leave Cooper School without YOU. (If you want to meet at the trailhead, call Jan or Bob for directions and required arrival time.)

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**JUNE 1 - LUAU AT THE WALNS**

★ **SPECIAL NOTE:** The time for this event has been changed to 6:00 P.M.

**Dress:** Mu-mus, Hawaiian shirts and other appropriate tropical wear.

**Cost:** Approximately \$12 - \$14.

**Bring:** All those whose last name begins with A - L, please bring a pu-pu (appetizer, to you). Those in the M-Z bracket, bring a salad. Drinks, desserts, utensils, floral leis, hula music as well as Hawaiian/Polynesian entrees will be provided by hosts Janet and Chris.

**DIRECTIONS to 7853 PAINTED DAISY DR. SPRINGFIELD, VA.**

Take Beltway to #95 South. Stay in the far right lane and take .. Springfield Exit. On exit ramp, merge left onto Old Keene Mill Rd. Proceed down Old Keene Mill about 1.3 miles to light at Hunter Village Rd. Turn left onto Hunter Village Rd into "DAVENTRY." Proceed down Hunter Village (25 Mile speed limit is enforced!) just under one mile to Painted Daisy Drive. Turn right onto Painted Daisy Drive (watch for speed bumps on this street!) and proceed to 7853 near end on right. There is NO PARKING along Painted Daisy curbs. Use central parking area or proceed to far left overflow area beyond central parking down in Gerardia Court where curbside parking is allowed. If you need help, don't panic! Call the Walns (703-912-7289.)

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# COMING EVENTS

## June 29/30 - RAFTING ON THE YOUGHIOGHENY

Great weekend!! Besides the 8 mile raft trip through Class II and III rapids you can take a mini hike at Swallow Falls or visit Falling Waters Mansion. And dine at the famous Penn Alps in Grantsville.

See flyer in the April TOOT and call Dina Taylor (301-663-6089) for info and reservation. Or, last chance, see Dina at the May meeting. Deadline: May 29.

## June 22 - BOATING WEEKEND AT DEAN WORCESTER'S ANNAPOLIS HOME

Call coordinator Rosemary Soler (301-649-2155)

## July 20 - STEAK & SWIM AT THE ELRODS . Limited to 50. Call the Wyckoffs(301-589-5532)

### PAST EVENT

#### ANNUAL MEETING

The Leonhardts hosted a bang-up party on April 16th when some 80 guests invaded their Potomac home for the annual meeting. The spacious house easily accommodated the crowd as did the unflappable hosts. The club thanks Barbara and Fred for all their efforts and for their special brand of hospitality.

Bill Anderson (with president Comerford absent) began the business meeting as vice president and ended as president- the election of new officers taking place when he stepped out of the room for a breather. (See the President's message-for names of other elected officers.) Bill introduced the members of the board and gave special thanks to retiring excomers Myra Evans and Nancy Garrett.

An increase in club dues to take place this summer was proposed and approved.

Business concluded with the following applicants elected to active membership:

- |                      |                |                   |
|----------------------|----------------|-------------------|
| Jeanette Albersheim  | Betty Lawrence | Ruth Schrider     |
| Ellen & John Burgess | Janet Phillips | Gloria Staph      |
|                      |                | Liz & Serge Triau |

Program chairman Ray McKinley listed an astonishing potpourri of upcoming events and, after more socialing, another annual meeting was in the record book.

### PVS OFFICERS

- President ... Bill Anderson
- Vice President ... Mary Jane McCarthy
- Secretary ... Irene Farrell
- Treasurer ... Margaret Wyckoff
- Membership ... Marilyn Clark
- Program Chairman ... Ray McKinley
- TOOT Editor ... Lu Beale
- TOOT Production... Jan & Bob Marx
- TOOT Proof Reader ... Bette Walker
- PVS Answering Service ... The Marxes  
(703-451-9158)

#### EXCOM

- Second Term:
- Bill Brown
- Howard Hensley
- June Kelsay
- First Term:
- Joan Flake
- Bob McNeill
- Jack Peoples



# THE KNEE

by .

Ray McKiuley

I saw an interesting item on a bulletin board this week. It said "For sale: complete set of one woman's ski equipment. Used only once - by mistake!" It certainly wasn't from a PVSer.

Unless you are a die-hard skier and willing to go to A-Basin or the west coast, ski season is over. To date, the Knee has had scant news about who skied the most days or the latest in the season. I'm certain my two weeks ending February 15th won't stand up.

Last month's report on Karen Devorshak's knee surgery brought forth a plethora (assuming two is a plethora) of information about other wounded knees. Trip leader extraordinaire (and new excomer) Jack Peoples is in a cast recuperating from knee surgery. And new member Jan Phillips had knee surgery just after the April meeting.

A special tip of the ol' Knee Cap to Larry Pease for continuing to put out the PVS roster (which enables the Knee to correctly spell all your names), \*Larry also provides the address labels for your TOOT. A great (and too-long unsung) job, Larry. Thanks!

Local ski area news: Cherokee, near Front Royal, finally opened (some 15 months late) in January. A non-PVS skiing friend (is that possible?) went there twice and reports it was small but uncrowded -- and only one hour from the beltway.

Silver Creek in West Virginia is putting out a lot of publicity. They hope to host next winter's Ski-O-Ree. (For a change, I have nothing snide to say about Ski Liberty.)

Howard Hensley enjoys the profiles of officer candidates which appear annually in TOOT. He suggested that it would be nice to have profiles of other PVSers and offered to do the "leg" work and reporting. Please cooperate

\*Production Editor's note;  
Larry also provided us with a very handy phone-number-only roster.

with Howard if he approaches you for information and perhaps some day we'll have a full rogues' gallery of the membership.

The Knee's profile, by the way is bent with an ace bandage.

Speaking of profiles, I took a minor exception to new president Bill Anderson's bio in the March TOOT which referred to him as the "club wit." I rise to at least half that level!

The Flakes' daughter Jennifer was on the Virginia Tech ski team last winter. They ended up going to the Collegiate Nationals at Mt. Bachelor in Oregon. Right on!

The self same Jennifer, along with Gail Pease's son Greg, graduates from Va. Tech this year. They will both be under the gaze of proud and grateful parents.

I'm not going to emote extensively about the wonderful vittles at the annual meeting at the Leonhardts. However, PVS chief chef Nancy Garrett, normally not easily impressed, was "overwhelmed."

I liked the kneedlepoint in the Leonhardt's rec room: "Old skiers never die, they just go downhill."

The Knee received a great postcard from the Marquardts who are visiting in Japan. It arrived in a plastic bag and was in pieces. Despite it being a bit puzzling, I put the pieces together and got their message and a great map of Japan besides. If I understand the Japanknees characters correctly, Myron is defecting and Fumiko ran off with a cruise ship.

I guess the Marquardts sent me the card because earlier I'd sent them a very tiny card showing all of Ski Liberty. (Whoops!)

More ubiquitous PVSers: Bob Marx went to a Geographers' meeting in Miami. Before a Committee session Bob was introduced to the new committee liaison -- it is Bruce Hanshaw! (Despite having some extra time in Miami, Bob opted not to go downhill skiing.)

Dot Mason is making a good recovery from recent surgery. Well never forget those great hikes/dinners with Dot and Jenckes. We send them our love and very best wishes!

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PAST EVENTS

AH, AH - UTAH!! by Mary Jane McCarthy

Listen, youse guys, I don't even wanna write this article 'cause I want to keep this whole experience a deep, dark secret. But since youse guys are august members of the greatest ski club around, I'll cut youse in so you can come, too. Okay?

On March 19, a group of PVSers led by Shirley Rettig met in Salt Lake City to sample Utah's wonderful skiing. And wonderful it was as we headed out daily to Alta, Brighton, Park City, Park West, Snowbird, Snowbasin OR Solitude (a real "find").

Shirley, Irene Farrell with daughter Elaine, and Mary Jane McCarthy bombed Snowbasin from top to bottom. Huey Roberts, joined by Dick Comerford (in from Albuquerque, naturally) were glimpsed as a blur on the black trails. Svava Vernhards sustained a thumb injury (on one of the last days, thank goodness). Helen Price and Gorman Young, both using new Volkl skis (called "Cadillacs" by Gorman) outskied us all.

The snow conditions were superb. There were no lift lines and trails were groomed daily. Could you ask for more? (Well, one small quibble: Unlike Colorado, seniors (70 and up) get to ski free only at Brighton and Snowbasin. Is that fair?)

Will we return? You bet, it's worth every penny. Thumbs up, Shirley!

BLOB'S PARK by Pat Cope

Did you ever wonder about the "Blob" in BLOB'S Park? Well, Don and I did so, on April 13, we joined a dozen other PVSers for a fun evening dancing and dining and learning the secret to Blob's popularity. The tireless musicians played everything from polkas (mostly) to Latin, swing, disco, rock and Viennese waltzes and the come-again crowd danced it three ways: the polka, the electric slide and THE BLOB.

Polkas you know, but it was a real treat to see polka pros from 10 to 88 whirling about the huge dance floor. The electric slide was popular, too, and if you want lessons in that, ask Christie Comerford. I never quite caught on but she was out on the floor every time.

BLOBBING is what polka fanatics do to all music other than polka. Have you ever seen anyone polka to a cha,cha,cha? Or, how about a "In the Mood" polka? Believe me, it's possible. With only a slight change in the beat the polka lovers blobbed to everything!

Thanks to Mary Jane McCarthy for organizing the evening. Now, if we could only master the polka, maybe we wouldn't have to sit out the tangò!

WINE TASTING AT THE COPES - MARCH 23rd

Sorry! Our reporter went to the party and was never heard from again. Some party!

PHONE NUMBER CHANGES: Irene Farrell 1-(301) 695-4304  
Ken Evans (wk) 703-934-1000

# COOK'S CORNER



by

Nancy Garrett

This month features a few of the delicious offerings of Fumiko Marquardt - from meetings at her home, after-trip parties, and many other PVS occasions. Between the many travels that Fumiko and Myron are now taking, both in this country and abroad (especially to Japan) Fumiko was finally able to provide the following recipes for us all to try.

## MUSHROOM-GARLIC ROUNDS

Preheat oven to 400°. Cut into four 1½ inch circles:  
- 6 slices white or whole wheat bread

Brush one side of bread circles with:  
- 2 Tablespoons melted margarine

Place buttered sides down on ungreased baking sheet. Bake until light brown, about 5 minutes.

Cook and stir adding in order:  
- 1 Tablespoon margarine  
- 10 medium mushrooms, very finely chopped (About 1½ cups)  
- ½ teaspoon garlic salt

Spread about ½ teaspoon mushroom mixture on unbuttered side of each bread circle. Cover and refrigerate up to 24 hours. 15 minutes prior to serving, heat oven to 350°. Garnish each round with small piece of pimento. Bake about 4 minutes.

## SHRIMP MOUSSE

In medium saucepan, combine:  
- 1 can (10-3/4 oz.) condensed cream of shrimp soup  
- ½ cup water  
- 2 envelopes unflavored gelatin  
- ½ teaspoon black pepper

Let stand for 10 minutes. Stir over low heat till gelatin is dissolved.

With rotary beater, beat into mixture:

- ½ cup cottage cheese
- 1 cup mayonnaise
- ½ cup plain yogurt
- 1 Tablespoon lemon juice

Into soup mixture fold:

- 1 package (6 oz.) frozen cooked shrimp, thawed and finely chopped (Set aside a few whole shrimp for garnish)
- 4 hard cooked eggs, finely chopped
- 2 Tablespoons sliced green onion

Turn mixture into 6-cup mold. Chill until firm. Unmold just before serving.

Garnish with:

- Hard cooked egg yolk, sieved
- Hard cooked egg white, sieved
- Fresh dill

Serve with party rye or crackers. Makes 24 rounds.

## CHOCOLATE CHIP CHEESECAKE

Preheat oven to 350°. Combine:

- 2 cups finely crushed creme-filled chocolate sandwich cookies (approximately 24 cookies)
- ½ cup shortening, melted (e.g. Crisco)

Press firmly into bottom of 9-inch springform pan.

In large bowl, beat until fluffy:

- 3 (8 oz.) packages softened cream cheese

Gradually beat in the following, beating until smooth after each addition:

- 1 (14 oz.) can sweetened condensed milk
- 3 eggs
- 2 teaspoons vanilla

Toss together and add to cheese mixture:

- ½ cup mini chocolate chips
- 1 teaspoon flour

Pour mixture into crumb lined pan.

Sprinkle over top:

- ½ cup mini chocolate chips

Bake 55 minutes or until center is set. Let cool and chill before serving.

BON APPETIT!!!

# CALENDAR

- May 4 ... Derby Day at the Garretts. See page 2.
- May 5 ... Bay Bridge Walk. See page 2.
- May 18 ... Fun Run/Brunch at the Clarks. See page 2.
- May 21 ... Monthly Meeting at the Hensleys. 8 P.M.
- May 25 ... Spring Hike in Shenandoah National Park. The Marxes leading. See page 3
- May 28 ... ExCom at Bill Brown's home.
- June 1 ... Luau at the Walns. See page 3.
- June 8 ... Eastern Shore Bike Hike. Call Bill Brown (301-299-5187) See page 2.
- June 14 ... Evening at Wolf Trap.
- June 18 ... Monthly Meeting at home of Betty Lawrence.
- June 22 ... Boating weekend with Dean Worcester. Limited. Call Rosy Soler(301-649-2155).
- June 25 ... ExCom at the Clarks.
- June 29/30 ... Rafting on the Youghiogeny. Call Dina Taylor(301-663-6089).
- July 20 ... Steak & Swim at the Elrods. Limited. Call the Wyckoffs (301-589-5532).
- July 23 ... ExCom at the Evans' home.
- July 27 ... "Phantom of the Opera" at the Kennedy Center.



**ROBERT & JANET MARX**  
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