

VOLUME XXXVII

*Potomac Valley Skiers, Inc.*

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NUMBER 11

WASHINGTON

MARYLAND

VIRGINIA

**Fellow PVS'ers**

I am pleased to tell you that David Abraham will serve as PVS's interim Vice President until the annual election in April. We are indeed fortunate to have David's service to PVS. He brings over 30 years experience as a PVS member, he is a frequent trip participant, and he is an avid and highly accomplished skier. In addition, David brings to PVS his many years of experience in the world of business and finance. Please welcome David as a PVS leader.

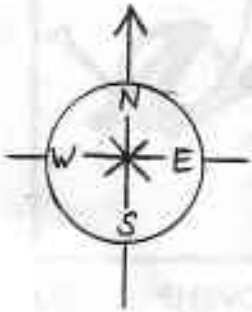
I intend to use this space to keep you up top date with what is happening in the PVS Executive Committee as activities there merit your attention. A current issue before Excom concerns a review of PVS ski trip operations. Rest assured that whatever Excom comes up with, we will maintain the high quality of PVS trips that we have all enjoyed for many years.

**Reg Heitchue**



MONTHLY MEETING  
TUESDAY, NOVEMBER 19  
7:30 P.M.  
at the  
HOME OF RUTH POWERS  
7580 POTOMAC FALL ROAD  
McLEAN, VA  
703-821-2431

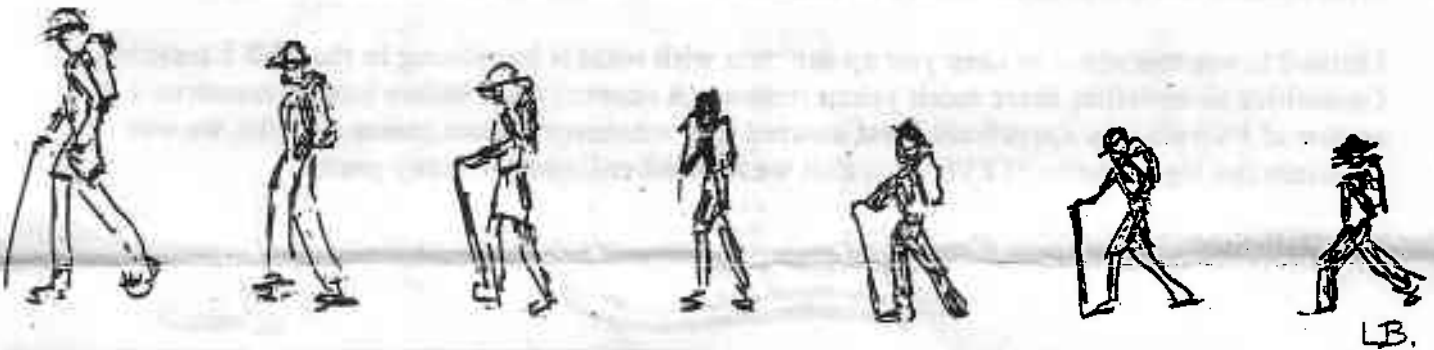
Come and hear  
BRIAN EARDLEY  
tell us about the latest ski equipment  
and what is still the  
"old reliable."



**Directions to Ruth Powers' House:** From Beltway.....take Exit 44 (Georgetown Pike, Rte. 193).....Go west on Georgetown Pike for one mile.....turn right on Potomac River Road (just after crossing small stone bridge—the Betty Cooke Memorial Bridge). Entrance wall says Potomac Overlook .....Go to end of Potomac River Road (about ½ mile).....turn right on Potomac Fall Road. # 7580 is first house on the left. Driveway goes down hill to the house.

*You might want to bring a flashlight to help find your way down the driveway.*

## COMING EVENTS



### ANNUAL CHILI HIKE

**Saturday, November 16**

**Meet:** at 1:30 at the Great Falls Visitor's Center, Virginia side of the river.

**Call:** McKinley's at 703-527-7126 to find out what dish to bring (appetizer or salad or dessert).

**Bring:** a drink and small snack for break time on the hike; the dish you promised, and your favorite official chili bowl if you have one.

**Cost:** approximately \$6.00.

**Forgot to sign up?:** This event is full but there is no one on the waiting list, so if you can be flexible, call to have your name put on the list.

**Hike only?** Certainly. Anyone is welcome to join the hike.

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#### Reminder:

If you sign up for an event and do not attend, you are responsible to the host for the charges for that event.



### **BICYCLING GOURMET**

#### **Glen Echo to Great Falls (MD)**

**Thursday, November 21, 2002 10:30 AM**

**Starting Point: Glen Echo/Clara Barton Parking Lot.**

**Special Event: Luncheon speaker on history  
of the Glen Echo/Cabin John area**



**Route:** Seventeen mile round trip primarily along MacArthur Boulevard Bike Path with short distance on C&O Canal Towpath and hill one long on Falls Road. Extra miles to and from Potomac Village via bike path are possible. Leaders will point out locations of interest that will be mentioned by luncheon speaker.

**Lunch** on return at the Inn at Glen Echo at 1:30 PM. We are please to announce that the luncheon speaker will be Andrew Rice, unofficial historian of Cabin John area. Please make your luncheon reservation with Betty Byrne at (202) 483-4048 by Tues Nov. 19. Noncyclists welcome to join group for lunch.

**Directions to Starting Point:** Proceed to Glen Echo/Clara Barton Parking Lot. Closest major intersection: MacArthur Boulevard and Goldsboro Road.

**Weather:** Luncheon will take place regardless of weather conditions. Leader will ride as long as no rain at starting time. If there is rain at starting time, leader will treat anybody who shows up for coffee and then take a tour of the Clara Barton House prior to the luncheon.

**Leaders:** Marvin Hass (703) 751-4737 and Betty Byrne (202) 483-4048

Note: Starting time listed above is when cyclists actually depart; please arrive earlier to allow sufficient time to set up your equipment. Rest room available at Glen Echo. If you arrive late, just proceed west on MacArthur Boulevard and follow any signs to Great Falls.

**Next ride:** March 2003 (route to be announced).



#### **October Ride Review:**

Photo at left taken at Luck Stone Quarry Overlook on the W&OD Trail. PVS members among the group of 13 included David Abraham, Shirley Rettig, Sue Lyon, Ruth Powers, Betty Byrne, and Marvin Hass. After cappuccino in Leesburg, the group cycled back for lunch and fresh beer/ale at the Old Dominion BrewPub.

[www.potomacvalleyskiers.org](http://www.potomacvalleyskiers.org)



Photos of some PVS events which took place during October have been posted on the PVS web site.

**PVS Roster:** Those with email who wish to obtain an updated roster of PVS members as of Sept. 30, 2002 should send an email message to [info@potomacvalleyskiers.org](mailto:info@potomacvalleyskiers.org) with their request. This roster will reflect information on file including telephone numbers, postal and email addresses. This roster displays reasonably well on the screen and can be printed out on seven pages (Windows only; Mac version available soon). Requests will be honored only from current PVS members.

# PAST EVENTS

-4-



## OKTOBERFEST HELD IN OCTOBER THIS YEAR!!

And a wonderful day it was! A goodly group showed up at the spacious home of Mary Ward and Jim Slack—spacious landwise and housewise, all bearing delicious foods. The stars of the assemblage were Marion and Bill Webb, who turned up in highly authentic Bavarian attire.

The Fest-ers had a friendly visit with Mary's three horses—Kimber, Cookie, and Sunrise, and then visited their fancy new stables. In addition to their names posted over stalls, one of the units was labeled "Mary", but we were assured that was the tack room.

There followed a hike through the woods and along the stream of their property, which was sufficient to be used as an excuse for hearty appetites.

Jim had prepared the usual delicious and assorted wursts, and plates were piled high with various potato salads, red cabbage, and salads. The promised kuchen was interpreted in a wondrous variety of ways.

Mary and Jim, We thank you for providing PVS with one of its premier events so many years. 2002 was a festival blast!

....Jessma Blockwick

### Blue Knob Adventure 2002

by Dick Clark

On October 18-20, a dozen PVS adventurers ascended on Betty Lawrence and her mountain home at Blue Knob, Pa. The program for the weekend involved eating, hiking, eating, game playing, hot tubing and eating. In spite of high winds and light rain on Saturday, the hiking contingent donned Goretex rain gear and tramped on the Lookout trail.



. At the Lookout, we had to lookout for flying branches and wind gusts of at least 30 MPH. No hats were lost, however. As a reward for surviving the ordeal, Betty cranked up the hot tub and cocktail hour(s) was declared. Dinners consisted of several delicious casseroles and salads and enough deserts to feed an army. To help digestion our game leaders had us jumping and moving to a spirited version of musical chairs. Although the temperature on Sunday morning was near freezing, sunshine and great leaf looking lured the hikers out for another trek before loading the cars and heading back home in time for Red Skins kickoff.

Many thanks to Betty for being a great host for another memorable Blue Knob weekend.

## Monthly Meeting Tuesday October 15<sup>th</sup>

Despite the oncoming rain and the constant threat of the sniper, forty people turned out for the meeting held at the home of Sally Finan and George Welti. Dottie Villers was a co-hostess. Sally and George had planted some impressive looking new front yard shrubbery since our last visit to their home. We were greeted at the front door by a scarecrow sitting in a chair.

Sally and Dottie had prepared vegetable and fruit trays, and these were followed by a large ham, turkey, and pasta and tabbouleh salads.

The meeting was called to order by president Reg. Heitchue. Marilyn reported that membership was at 195. Ray reported on weekend activities and Ruth reported on midweek activities. The chili hike on Nov. 16<sup>th</sup> has openings, and the lunch after the bike ride on Nov. 21<sup>st</sup> at Glen Echo is open to non bikers as Marvin has a short after lunch program planned.

Reports on upcoming ski trips reported lots of space left on the Steamboat and Whistler trips, and only a couple spaces for Crested Butte. Snowmass needs one women. The three day annual trip to Wisp (Jan. 8, 9, &10) which enables PVSers to demo new skis on Thursday will be run by Susan Lyon. The meeting was adjourned, and Sally and Dottie treated us to a large variety of desserts. Recipes were available for the food served.

Thanks to George, Sally, and Dottie for hosting our October meeting.

Charles Huggins

### PVS BOARD - 2002-2003

President	<i>Reg Heitchue</i>
Interim Vice President	<i>David Abraham</i>
Secretary	<i>Dottie Villers</i>
Treasurer	<i>Pat Tengel</i>
Membership	<i>Marilyn Clark</i>
Program	<i>Ray McKinley</i>
TOOT Editor	<i>Jan Marx</i>
TOOT Production	<i>Bette Walker</i>
Ski Trip Chair	
Activities Midweek	<i>Ruth Powers</i>
Meeting Records	<i>Sara Huggins</i>
Historians	<i>Lu Beale &amp; Jan Marx</i>
EXCOM:	
First Term:	
	<i>David Abraham</i>
	<i>Barbara Leonhardt</i>
	<i>John Smith</i>
Second Term:	
	<i>Joan Flake</i>
	<i>Eugene Sharer</i>
	<i>Margaret Wyckoff</i>



George, Dottie, and Sally

PVS website ---  
[www.potomacvalleyskiers.org](http://www.potomacvalleyskiers.org)

email contributions for website ---  
[info@potomacvalleyskiers.org](mailto:info@potomacvalleyskiers.org)

PVS email hotline ---  
[jebbmarx@aol.com](mailto:jebbmarx@aol.com)



## FRANK SHELBURNE MEMORIAL HIKE

Ten hopeful hikers woke up to VERY dark skies even though the weatherman promised that it wouldn't rain until that night. Well, Yea, Weatherman, it did not rain or even spit. The temperature was just right and there were many colorful trees reflected in the water. Ruth, Sally, Jean and Shirley who were watching for birds spotted more dead logs than great blue herons, but had a better score for the geese, ducks and crows.



*-Marvin*

Lu and Bill were under the impression that the walk was 3.5 miles and they could turn back part of the way making it a shorter walk. As they walked merrily along to the point of no return, trail sweep Jan checked with leader Dick via walkie talkie to see "if we were there yet." We all finished the 4.5 mile walk feeling very proud of ourselves

The Hikers Ten drove to the Clarks' to become the Eaters Twelve. Joan joined us for Marilyn's wonderful sausage brunch dish and a newly discovered similar dish using tomatoes. Both were delicious and accompanied with fresh fruit and biscuits. Following that she served a seasonally appropriate pumpkin chocolate chip bundt cake. Yum!

Thanks, Marilyn and Dick for brightening an otherwise dull and gloomy Friday.

by Ed

### RECIPE from Dottie Villers for the October Meeting

#### Chocolate Chunk Raspberry Bars

*About 16 bars.*

- 2 T. butter or margarine
- 1/3 C. sugar
- 2 T. water
- 1 3/4 C (10-oz. package)  
Hershey's Premium Semi-sweet Choc Chunks,  
divided
- 1 egg
- 1 t. vanilla extract
- 2/3 C all-purpose flour
- 1/4 t. baking powder
- 1/4 t. salt
- 1/3 C. seedless raspberry preserves
- 1/2 C. finely chopped nuts  
Pecan halves (optional)

Heat oven to 350 F. Grease 8-inch square baking pan. In medium saucepan, combine sugar, butter and water. Cook over medium heat, stirring constantly, until mixture boils. Remove from heat; immediately add 1 C. chocolate chunks, stirring until melted. Stir in egg and vanilla until blended. In separate bowl, stir together flour, baking powder and salt; add to chocolate mixture. Stir in remaining 3/4 cup chocolate chunks; spread into prepared pan. Place pan in freezer 10 minutes. Stir raspberry preserves to soften; spread over chilled batter. Sprinkle chopped nuts over top. Bake 35 to 40 minutes or until brownies begin to pull away from sides of pan. Cool completely in pan on wire rack. Cut into bars. Garnish with pecan halves, if desired.



## **SKI TRIPS – 2002 – 2003**



### Steamboat Springs, CO

Leaders: Sally Finan & George Welti  
Dec. 10 to 17, 2002  
703-716-9023

### Whistler, BC

Leaders: Nancy & Ray McKinley  
Mar. 1 to Mar 9, 2003  
703-527-7126

### Snowmass, CO

Leaders: Barbara & Fred Leonhardt  
Jan. 16 to 23, 2003  
301-963-8111

### Crested Butte, CO

Leaders: David Lerner & Bob Marx  
Mar 19 to 26, 2003  
703-281-6923



## **Snowmass Jan. 16 - 23, 2002**

The snow has started to fall in Colorado and we are set for skiing at Snowmass. By now, all trip participants should have a mailing with lots of information. Just as a reminder, the final payment is due November 15th. We also request that participants return their emergency medical form and the sign-up form for rental skis and Krabloonik activities. Save Saturday, January 11 for the pre-trip party. We have a very short waiting list and often there are last minute cancellations. Please call if you would like to be added to the waiting list - no deposit or firm commitment is needed. If you have any questions, please do not hesitate to call Barbara or Fred at 301-963-8111 or email at [fbleonhardt@starpower.net](mailto:fbleonhardt@starpower.net).



Crested Butte is a jewel of a ski area just a few miles west of Aspen. We will be headed there on March 19, 2003 with return on March 26. We'll leave from Dulles airport and fly into Gunnison Colorado. Crested Butte is a 30 minute van ride from there. We will stay at the Sheraton Resort Hotel at the base of the mountain. Cost is \$1000; it includes transportation, lodging, two group dinners, after-ski and pre-trip parties, as well as lift tickets. Those over 70 can deduct the \$129 cost of the lift tickets. Crested Butte is a mid-sized ski area with an excellent selection of slopes for skiers of all abilities. The town of Crested Butte is probably the most charming in all of Colorado. Your trip leaders will be David Lerner and Bob Marx. Call Dave at 703-281-6923 or Bob at 703-451-9158 for more information.

A complete flier, trip application, and useful trip-related web links are available on line at:  
<http://members.cox.net/dlerner1/PVSCBtrip.html>.

The Trip You've Been Asking for--March 1-9, 2003, join Nancy and Ray McKinley to Ski

# PVS Whistler/Blackcomb 2003

**LIMITED SPACE LEFT—CALL US TODAY**



Imagine a ski trip with **PVS friends** that includes North America's largest ski area: **7000+ acres** of skiing, **200+ trails**, **3 high-speed gondolas**, **12 high-speed quads** and 18 other lifts. A trip that includes North America's **longest vertical (5,280 feet)**. A ski trip where altitude is no problem (the base is 2,200 ft). A trip where your lodging is so good you're tempted to stay in and enjoy it! The 4 star **luxury Le Chamois is at the base of the lifts** with 2 people per 1 BR 2 full bath unit with kitchenette and lots of windows. A trip where the resort is known for its fabulous restaurants, galleries and shops. Where you spend a leisurely day and evening in arguably North America's most beautiful city (Vancouver) at the 5-star Fairmont Waterfront, after your superb ski week. This great trip to Whistler/Blackcomb includes 5 of 6 Day lift passes good at both mountains, airfare on United via non-icy San Francisco, 3 great group dinners at Whistler's top restaurants, happy hours, pre & post trip parties, and gratuities.

**GREAT PRICES - \$1,694; 65+ \$1,669; LAND ONLY \$1,299**

We are limited to 40 and are more than two-thirds full. To reserve a space, send your check for \$1,000 per person payable to Ray McKinley and send it to the McKinleys at 2326 North Upton Street, Arlington, VA 22207-4645. Please call us for a copy of our flyer or for more information at (703) 527-7126.



**MID-WEEK SKI**

## WISP DEMO DAY----JANUARY 8, 9, 10, 2003

Call WISP now to reserve your room  
Ask for the Ski Chalet Demo Day Rate

Room per night (single or double)	\$59 plus tax
Voucher for Thursday lift ticket	\$2 (free over 70 years)
Apres Ski supplies per person	\$5 (approximate)

**\*\*Let Sue Lyon (703-455-4294) know if you are going so she can plan Apres Ski on Wednesday and Thursday nights and buy your vouchers from Ski Chalet.**

**\*\* Rooms paid individually.** For each room call Wisp Hotel (1-800-462-9477) to reserve a room and pay a deposit for one night with credit card or mail a check. With a roommate, individual cost drops to about \$30 per night. Sue will try to match you with a roommate if you need one.

**\*\*Lift tickets** are obtained individually at the area with your voucher which Sue can obtain for you ahead of time. Friday tickets are \$35 and \$25 for half day from Noon to 5. Weekend tickets are more.

**\*\*Meals** are paid individually.

**\*\*Additional plans:** Some people may want to drive up and ski Wednesday and/or stay more night than Wednesday and Thursday. The individual needs to work with the hotel for any additional nights.





# THE KNEE

-9-

by

Ray McKinley

You may think that this column just flows from the end of my pen. But it doesn't. Knee puns are clearly not natural and the knee pun gene is recessive. Indeed, kneepuns are Japaknees. However, that's another story. When I started this column, as a kneecophyte, and continuing even today in my kneeclassical style, the most difficult task each month is finding a way to begin the column... By Jove, I think I've got it.

Bette Walker and Lu Beale spent a cold recent Friday eve at a High School football game.

They were: a) out of their minds, b) seeing Bette's grandson at running back, or c) a pom-pom girl and a majorette. (Answer next month)

Ubiquitous PVS--Again! Emmi Plowman, Jessma Blockwick and Bette Walker attended the same ballet performance. All apparently pretended not to see each other as it was an all male performance--in the nude! Would I kid you?

Returning from his Russian trip, Bill Anderson spent a night in Copenhagen and had dinner with Karen Felker's brother. Two weeks later, Karen's brother arrived here for a visit.

I'm still trying to find Gertrude Stein's recipe for Spanish rice *arroz is arroz is arroz*.

We all had a ball, and a *bier* or two celebrating *Oktoberfest* and the superb weather at Jim Slack and Mary Ward's Ter Min A farm last month. Mary was still rejoicing (she had joiced earlier) after her first month of retirement. Mary Ward retired--out of the colt? Can't be. Neigh.

Dick Comerford is also planning to retire in January. He will then do consulting--after ski season. The Knee has discovered Dick's real reason for retiring. He thinks the government will discover that the Denver office where he has spent each of the past winters, truly does not exist.

Attending, and drinking, with Dick was Huey Roberts, visiting before Colorado skiing season starts at Copper Mountain. Cheers.

It's not true that I have a large Kneego. I'm just really good.

Our recently retired TOOT Editor Jessma Blockwick returned from a birthday trip to Canyon Lands just in time for *Oktoberfest*. Her favorite ski area remains Loveland, Colorado. Jessma has a bumper sticker which reads: "I love ditto land." Think about it. OK, don't.

From Colorado, Nancy Lewis reports that after 15" of snow, Loveland opened October 17!

Pres Reg and Jean Heitchue attended two *Oktoberfests* within 24 hours. They went to one at Ft. Myers the night before-- and totally refused to say which food was wurst. *Prosit!*

From the Knees "Eat no Fat" Department: Marion and Bill Webb's perfectly fitting, matched *lederhosen* were purchased in Germany--in 1954!

Emmi Plowman was wearing a button that said "Kiss Me, I'm German." (OK purists, it didn't say it, you had to read it.) Emmi had several takers--and she isn't even German!

A tip of the 'ol Knee cap to Gorman Young. He turns 90 this month. After laser eye treatment, Gorman has no ski plans for this winter, but will visit Provence next spring. Right on.

I don't know what new TOOT editor Jan Marx plans to deliver in TOOT. But I do know that she delivers--manure! Yup. Jan delivered a big bag to Lu Beale. "For Lu's garden." No Sh\_\_!

Congrat's to George Hicho. He announced his engagement! He didn't say to whom, but perhaps we might assume it to be Susan!

There is a new advantage to the Knee being 60, Charlie Huggins reports. Snowshoe gives us "Senior Rates." And it is free over 70! I still don't want to hear about it!

Light my fire! Clearing their new property in Delaplane, Virginia has been a major task for Kerry and Marianne Hines. Kerry completed the task and finished with a 10' tall bonfire. Blazes!

Speaking of "planes," earlier this year the FAA announced new anti-hijacking rules. Flyers must fly nude. This caused a huge increase in sales (see, for instance, note on Emmi, Jessma and Bette, above.) But (or perhaps butt) there was still the baggage problem. The FAA now has the ultimate solution to stop hijackings--passengers will simply no longer be permitted on airplanes.

**CALENDAR**

- Oct. 25...Frank Shelburne Memorial Hike, Burke Lake
- Nov. 8, 9, 10...National Ski & Snowboard (& Golf) Expo
- Nov. 16...Chili Hike
- Nov. 19...Monthly Meeting, Powers
- Nov. 21...Bicycling, Glen Echo to Great Falls
- Nov. 26...ExCom, Marx
- Dec. 17...Monthly Meeting at the Strands'
- Jan. 8, 9, 10...WISP Demo Day

Bette Walker  
 #806  
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