

VOLUME XLIII
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Potomac Valley Skiers, Inc.
WASHINGTON MARYLAND VIRGINIA

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info@pvskiers.org

Dear PVSers,

First, thank you one and all for your good wishes, cards, calls, and visits following my hip replacement surgery a few weeks ago. I'm told that my recovery and rehabilitation progress is going well and that between "soon" to "some day" I'll be walking normal. Based on my 6-month rehab experience in 1969, I know progress takes time...which is no less frustrating with age.

OK Mike, now that you've built up the sympathy factor, how about getting on with the column?

In these last three weeks, I've discovered that there are similarities and contrasts between joint replacement surgery and skiing. See what you think.

Fashion: We all know the significance of fashion with our ski garb. Well guys, you are going to be wearing something special after surgery: thigh-length cream colored stockings with a subtle mesh pattern (to prevent blood clots). Suitable for wear around the hospital ward but not with shorts on the outside...unless you are playing Charles Laughton's role in *Mutiny on the Bounty*. "Fetch me the lash, Mr. Christian!"

Equipment: Like skiing, terrain dictates the equipment used after surgery. No steps at home between bedroom, bath and eating yields "green slopes" where a walker will do nicely...at least at first. You have a couple of steps in the house; you have "blue slopes" at home. And crutches are necessary to get up and down them moguls (steps) – the "double black diamonds."

Training: In ski lessons we learn how to get up after falling...an inevitable occurrence in the sport. In rehab we learn to never, never fall during the muscle rebuilding process. You see, around crutches there is a distinct absence of soft, fluffy snow to cushion a fall. And those old bones are not as bendable as back then. Besides, on those home slopes with crutches, control rules over style.

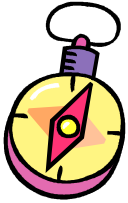
So, for all my fellow joint replacers, I raise my glass of prune juice to you.

Best Wishes, *Mike*

Monthly
Meeting

At Cara and Bob Jablon's
Tuesday, October 16
7:30 P.M.
Washington, DC





Directions to Jablon's

4573 Indian Rock Terrace, NW Washington, DC 20007
202-333-5332

From Virginia:

Via KEY BRIDGE: Turn left onto M St. (M St. NW becomes Canal Rd.). Stay straight to go onto Foxhall Rd. Turn left onto Q St. Turn next right onto 45th St. ➡

Via CHAIN BRIDGE: Turn right onto Canal Rd. Turn left onto Arizona Ave. Turn right onto MacArthur Blvd. Go 1 1/2 miles to Q St. (the light after Reservoir Rd). Left onto Q St. Go 1 block to the stop sign and turn left onto 45th St. ➡

From Maryland:

From beltway (495), exit South on Cabin John Parkway. Follow Chain Bridge directions.

From Northwest DC: Nebraska Ave; turn South onto Foxhall Road. One traffic light past Reservoir Rd, turn right onto Q Street. Go 1 block; turn right onto 45th St. ➡

➡ Go 2 blocks, turn left onto Q Lane. Turn next right onto Indian Rock Ter. The Jablon's house is the 4th house up the hill on the right (a red brick and frame contemporary one).

There is plenty of street parking.



You Can Help PVS!

We need a coordinator for our November meeting at Ski Center in DC where Brian Eardley will reveal the latest in equipment.

If your Home is too small to host a meeting, here is your chance!

We need an individual/couple to arrange/bring snacks and beer/wine/soda for the meeting on Nov 20th. Here is your chance to help your club.

Please call Ray McKinley at 703-527-7126 to volunteer or for more information

Coming Events



There is room for 1 couple or 2 singles

BLUE KNOB

Tenth Annual Fall Foliage Weekend

Fri – Mon, Oct 5-6-7-8, 2006



WHERE: Betty Lawrence's lodge at Blue Knob, PA

LOTS TO DO: Hiking from her lodge – long and short walks. By car; visit flea markets, RR museum, Johnstown Flood museum, a spa, and antique stores. Serious eating, hot tubbing, partying, and lots of laughs.

COST: Approximately \$15/person/night, two-night minimum; you can stay 2 or 3 nights.

EATS TO BRING: We eat in so....Betty will assign you to part of one dinner, some lunch stuff, or snacks.

Frank Shelburne Memorial Hike



Hike around Lake Accotink, and lunch at Kilroy's
October 17, Wednesday 10:30 AM about 3 miles.

Hike: Meet at Wakefield Regional Park. There are restroom facilities there. We will walk under Braddock Road to the lake. There also are restrooms about half way around the lake.

Directions: From the VA beltway (495), Exit 54 West (620) Braddock Rd. Stay right and turn right into the park at the first traffic light. Turn into first parking lot on your left.

Lunch: At Kilroy's in the Ravensworth Shopping Center (5250-A Port Royal Rd. Springfield 22151 703-321-7733). Hikers plan to be there about 12:30. We can sit in a group, so please call Sally if you plan to eat but not hike.

Directions: From the beltway (495), Exit 54 West (620) Braddock Rd. Stay left to cross Braddock Rd at the light, onto Port Royal Rd. Shopping Center is on the right. Kilroy's is at the far end (Safeway is at the Braddock Rd end.)

RSVP: by Monday, October 15. Call: **Sally Finan at 703-716-9023.**

Please call to let her know if you want to hike, hike and eat, or just eat. She needs to let the restaurant know the day before, and she doesn't want to leave anyone behind for the hike.



29th Annual PVS Oktoberfest

When: Sunday, October 28, 2007 at 2:00 p.m. Rain or shine.

Hosted by: Sally Finan, Dottie Villers, and Melissa FitzGerald

Where: Sally Finan's/George Welti's house – 11311 French Horn Lane, Reston, VA 20191

We Provide: German Sausage, Beer-Beer-Beer, Wine, Soft Drinks, Pretzels, and **Oompah music!**

You Bring: an Appetizer; Sauerkraut, Potato Salad or Baked Beans, or Dessert.

Suggestion: Pflaumenkuchen recipe is in the PVS Cookbook.

Also Bring: Your own eating utensils and plate (and your favorite beer mug).

Optional: Lederhosen and Dirndl. Even Pferdekleidung.

Cost: A small fee of \$8 will be assessed.

RSVP: Dottie at 703 476-9259 by October 15th. **Tell her what dish you will bring.**

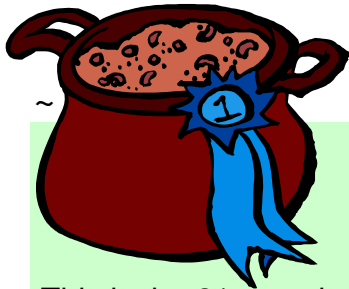
Limited to 60 people.



Directions:



From the Beltway – Take the Dulles Toll Road (Rte 267) west to the Wiehle Ave. exit. Turn left onto Wiehle Ave. Wiehle Ave. ends in a tee at Sunrise Valley Drive. Turn right onto Sunrise Valley. Go 0.4 miles and turn left onto Soapstone. Go 1.5 miles and turn left onto Glade Drive (at stop sign). Go 0.2 miles to first right onto Tumbletree. Take first left onto French Horn Lane. 11311 is at the end of the cul de sac on the right.



CHILI HIKE

Sat Nov 10 1:30 PM
Great Falls Park, VA

This is the 21st anniversary of the PVS Chili Hike and it will be held on Saturday, November 10.

Meet at 1:30 PM at the Great Falls Visitor's Center, Virginia side.

After hiking through the gorgeous wilderness along the river and the falls just a few miles from the White House, we'll have a hot and not-so-hot chili supper at Ray and Nancy McKinley's house. The fall foliage should be perfect!

All are welcome to hike (but call to sign up so that we don't miss anyone) but space for chili is limited.

Call Ray or Nancy at (703) 527-7126 to sign up for hiking and/or to reserve a place at the chili supper and also to sign up to bring an appetizer, salad or dessert. Cost for supper will be about \$8.



We hope You will Join us!



LAST CHANCE FOR Blob's Park

((It is rumored to be closing in January))

Join a PVS group evening

Saturday, December 15 at 7:30 PM



Blob's Park is an authentic Bavarian Biergarten located between Baltimore, MD and Washington, DC featuring home cooked German style foods and more than 70 brands of beer, including German beers on draught. Live music by Charm City Sound and a mix of polka, ballroom, and Latin dancing on a 2,000 square foot wooden dance floor.

\$6.00 per person - pay at the door.

8024 Blob's Park Road Jessup, MD 20794
MD Rt. 175 @ Baltimore-Washington Parkway

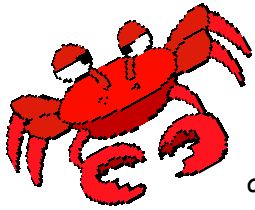
410-799-0155 Directions at: <http://www.blobspark.com/Map.html>



Even though it is "pay at the door," without tables reserved, PVSers would be scattered all over, soooo...make your reservations with Liz Warren-Boulton at elizawb@starpower.net or 202-244-5717

For more information Call Liz or go to the Blob's Park web site.

Past Event



CRABFEST

by Dave Phillips and tales from Betty.

Hi friends... It's been a long long time since I have seen my PVS friends..... Jan Marx asked me to write a short article about the PVS Crab Feast.

We had an excellent day for the event, too bad I was without a motorcycle, sure was a great riding day. Now that my Virginia house is sold you will find me back to the PVS events. Many were surprised to see my appearance, some took a double take. Yes it's me, lost a few pounds but gaining it back every day. By the way, it took over 500 days and 3 Realtors to get that house sold.

The turnout for the crab fest was huge!!!! Food was great!!!! Not only the Maryland crabs, other dishes that PVS members provided were exceptional also. I think PVS should do a cooking show sometime? Anyone have a contact with a TV network?

Betty was especially happy (as usual) when Sue Walsh arrived early in the day to assist with last minute details. While waiting for the crabs to arrive, there was a table of delicious hors d'oeuvres, salads and, of course, a number of outstanding desserts.



Betty provided 4 or 5 hefty boxes of cooked Maryland crabs, all were excellent, cooked just right! This kept crabby folks working hard while the others who did not eat crabs had more food in less time. It is good that PVSers seem to adapt very well to the high temperatures and lack of snow.



I'm happy to report no injuries at today's event. The directions provided mentioned a 'drop off' on the street in front of Betty's house; wow; this sure sounds like a ski report. All either skied around it or tackled it without incident. Does Betty have her own ski slope?

All enjoyed the event, great conversation, great folks, great food, as always. I enjoyed talking to my friends. Many did not know Jan Phillips (Mom) moved back to Silver Spring. She is doing well, traveling once or twice a year and hopes to appear at a future meeting.

(Betty reported that our long lost David Phillips found the bushels of crabs and lost track of how many crabs he ate. He had to have topped the record for devouring the most crabs -- move over Jan, you have some completion. Our most recent new members: Jessica & Dan Wellwood, John Seabold and Donna Hambric, seemed to enjoy the competition. June Reed brought another new prospective member, Sheila Summers, who is a long time skier.)

It was well attended by 35 hungry crabbers and by the end of the day they all left very CRABBY but no one went home hungry. It was a Great Day!"



Someone left a pair of sunglasses at Betty's house from the Crabfest.



Blue Ridge Ski Council (BRSC) – Fall 2007 Meeting Report

Bob Marx, Dave Lerner, and Charles Huggins represented PVS at the Sept. 29th meeting of the BRSC. Items of significance to PVS members include the following:

* **ICE – In Case of Emergency:** Attendees were informed that ski patrollers across the US, along with all other emergency service responders, now routinely check for cell phones on the injured folks they help. On the cell phones, they look for a directory entry of ICE (or ICE 1 and ICE 2 if you have two contacts), which is the person (or top two people) you want called in case **you** find yourself in an emergency situation. The responder doesn't need to try and find a spouse's or child's name – just look for the directory entry ICE. **A highly worthwhile addition each of us can make to the list of numbers on our cell phones.**

* **Future BRSC ski trips** – Destination choices (and some dates) were announced for BRSC sponsored ski trips in 2009, 2010, and 2011, as follows:

2009 Western Carnival – Keystone, CO – February 7 – 14, 2009

2009 Eurofest – Davos, Switzerland – March 6 – 14, 2009

2010 Western Carnival – Heavenly, CA-NV – early February 2010

2010 Eurofest – Destination choices narrowed to two: Bormeo, Italy or Trois Vallées, France – early March 2010

2011 Western Carnival – Destination choices narrowed to three: Beaver Creek, CO, Park City, UT, or Telluride, CO – early February 2011

Please let Bob, Dave, or Charles know your 2010 and 2011 destination preferences from the choices above so we can vote appropriately on behalf of PVS at the Spring meeting. **For 2009, if you are interested in leading the PVS contingent of one of the BRSC trips to either Keystone or Davos, please let Bob Marx know, as Chair of the PVS Ski Trip Committee.**

* **National Ski Council Federation (NSCF) Member Benefits:** PVS is a “member club” of the BRSC, which is a “member council” of the NSCF. As such, each of us is eligible to take advantage of the “Member Benefits” available on the NSCF web site. Our webmaster, Dave Lerner has just made this easier for you to find out what bargains are available by including a direct link from the “About Us” section of the PVS web site. (Remember, to get to the “private” section of the PVS website, your user name is **your** name, as it appears on the PVS roster – omit spaces and periods and stop at the 12th character if your name exceeds 12 characters); your password is the first 8 characters of **your** e-mail address – do **not** enter additional characters.)



New Applicant Members

Robert and Marie Heilen
813 Lawton St.
McLean, VA 22101

703-356-5718
rjheilen@aol.com



► **FOR RENT,** Feb. 16-23, 2008.

Lodge room in **The Pokolodi Lodge**, Snowmass, CO (2 doors down from lodge where PVS stays). 100-yds to slopes, 2 queen beds. \$700 for wk. Free pick up at Aspen airport and free continental breakfasts. For info, www.Pokolodi.com or call Leonhardts at 301-963-8111.

SNOWMASS

SNOWMASS 2008

January 17 through 24

Needed = one male to share a room.

Hurry! This may be a last chance to stay at our much loved Snowmass Mountain Chalet. Recent purchase by a large developer will make major changes with new construction and concept within the next two years.

- Join us for this perennial favorite-- slopeside skiing at Snowmass with interchangeable lift tickets and free bus service to Aspen Highlands, Ajax Mountain, and Buttermilk ski areas, more than 5,000 acres of skiing. Direct access to 3,100 acres of Snowmass slopes is just outside the door.
- We will stay once again at the charming and friendly Snowmass Mountain Chalet to enjoy the convenience of slopeside lodging served by the welcoming Mountain Chalet staff. Lodging includes a daily family-style breakfast and daily soup lunch, greatly appreciated by trip participants and other guests, many of whom return year after year.
- The trip will include group dinners, après-ski parties, and other activities available in the Aspen environs.
- Full trip cost is \$1960

For more information or to be put on the wait list:

Contact trip leaders Carolyn Maurer and David DeVilbiss at 703-370-4865 or by e-mail at Carolyn.maurer@verizon.net.

Call to be placed on the Wait list.

* * * * *

WOW! Feb 9-16, 2008, join Nancy and Ray McKinley to Ski World-Renowned



If Sun Valley were a person, it would be a Renaissance man – worldly but capable of being down to earth, equally accomplished in sports and culture, broad in interests, sophisticated in tastes. But, Sun Valley is America's original destination ski resort, an enduringly beloved Idaho enclave that's "as classy as any mountain out there, and without the Bogner bling." Known for its long steady-pitched groomers (perfect for raising World Cupper Picabo Street), its lack of crowds ("forgot what a lift line was!"), its opulent on-mountain lodges and its celebrity-studded history, Sun Valley has won over skiing's well-traveled visitors for decades. It has sunshine and a top-flight lift network, an authentic Old West town with metro-quality cuisine, sagebrush vistas and a friendly and easygoing vibe. The resort's facilities are appropriate for couples, aspiring starlets and global financiers.

Sun Valley's expansive slopes work for virtually everyone. "All the skiing you can handle in a vacation," says one fan. In fact, Sun Valley and adjacent Ketchum draw people back again and again. They return to sit in the sun over lunch at the Round House, to dance down funnel-shaped bowls and ride the mountain as surfers ride big waves. Some come back to glide through their turns and take it easy. Others return to bend in to the mountain and feel the burn. They come back for free cookies after breakfast at the Kneadery and for après at divey Apples. They come back to eat fresh trout amid the rosy chintz and fine china of Gretchen;s at the Sun Valley Lodge or to float in natural hot springs. "There is an incredible amount to do other than ski."

The Sun Valley Lodge, where we'll stay, was built with every amenity a skier could imagine. Complete with an outdoor pool and Sun Valley's famous outdoor ice rink and Terrace. Guests enjoy Gretchen's Restaurant, the elegant Lodge Dining Room, the Eddie Duchin Lounge, Spa, Exercise Room, bowling alley and game room. Re-live the luxurious accommodations enjoyed by Clark Gable, Erol Flynn and Lucile Ball, with the unmatched service of a bygone era.

Our complete trip cost is \$2,147. This includes pre and post trip parties, 3 dinners, lodging, air fare and lift tickets. Land only cost is \$1,681, the single supplement is \$856. Non-skiers cost \$1,896. We have only limited space. To reserve a spot on this memorable trip, send your check for \$1,630 per person to Ray McKinley at 2326 N Upton Street, Arlington, VA 22207. Please call us for more information at 703-527-7126.



Bulgaria

Ski and See the Balkans with PVS



Slovenia

Sunday, March 2 through Thursday, March 13, 2008

Sign-up for this unique trip, which visits the European region where eastern and western cultures merge. The trip goes first to Sofia, Bulgaria, where we and western cultures merge. The trip goes first to Sofia, Bulgaria, where we the Bulgarian capital. Bus to Bansko at the gondola station. Four nights and three days skiing (elective day tours available). Return to Sofia and fly to Ljubljana, Slovenia. Tour the Slovenian capital city. Bus to Kranjska Gora to the slopeside 4-star Hotel Miklic. Four nights/three days skiing (elective tours available.)

Call to be placed on the wait list.

and bus transportation, city tours of Sofia and Ljubljana, 4/5-star hotels with meals as indicated above, plus pre-trip party, portage of baggage, and post-trip party. (Price based on exchange rate of \$1.33 US to Euro). Single supplement of \$313 based on single room availability. The package price *does not include* lunches, lift tickets, ski equipment rental, elective tours, or Medical Insurance and Trip Cancellation/Interruption Insurance. Contact Marianne or Kerry Hines at 540-364-4810 or by e-mail at mchines@erols.com or klhines@erols.com.

Total Price \$2,900 (double occupancy) *includes* all air



Local Ski Trip



WISP Demo Day

Beginning Thursday, January 24th



Join PVS for just a day or make a long weekend of it! **Ski inexpensively and with friends!** For Demo Thursday you even get to try the latest skis, free of charge! Come and experience WISP's new backside slopes. Wisp has installed energy-efficient snowmaking covering 90% of all skiable terrain.

Join us on **Thursday** for the actual Ski Chalet sponsored Demo Day where tickets are only **\$10 with voucher** (must purchase special vouchers at the Ski Chalet near you - starting Nov. 1st).

	Adult	Seniors (60-69)	Sr. Seniors (70+)
M-F All Day	\$39	\$28	Free!
S-S All Day	\$57	\$35	Free!

Wisp also has rates for Morning only, Twilight, Night & 2 day & 3 day tickets

See www.wispresort.com for details.

<u>Hotel Prices</u>	Wednesday & Thursday night Demo Days deal	\$79
	Friday (no deal unless we have > 8 rooms)	\$239
	Saturday (no deal unless we have > 8 rooms)	\$249

Rooms are paid individually. For each room, call WISP (1-800-462-9477) to reserve your room. Ask for the Ski Chalet Demo Day rate. The room rate includes 1-4 people. We can try to match individuals with roommates if you wish. Rooms go fast so **Call Now** if you think you want to go. Cancellation is 14 days prior to first night's stay.

Contact: Pat Vagonis (301-838-5545 or Pvagonis@comcast.net) if you have any questions and/or are going so she can plan some group après-ski events! Join us on our 'A la Carte' trip!



THE KNEE

by Ray
McKinley

During the 1989 membership drive, the Knee was asked to help spur membership. So along came PoetKnee who composed some poetknee to spur on membership. Soon we reached our 200 person limit. [This year Membership Chair Dave Warthen asked us all to help.](#) So you know what you will be missing if you don't rejoin. Herewith (I love to use legalistic sounding words like "herewith," "whilst" and "sue") a newly updated version of that literary classic. And it's in italics and color too.

*The Knee
isn't free.
You must pay for me
by rejoining PV
S.*

*PVS's been around over fort-knee
That's also more than two score.
The Knee's just six years younger
And 27 years of kneepuns really makes
you hunger
for more*

*The Knee tells all,
in Summer, Winter, Spring, and Fall.
He's got up-to-the-minute gossip,
including some he makes up.*

*Now you can join a big ski club
or you can join a slight one.
Or you can join an old ski club
or you can join a young one.
But it's best for you to be
In our PVS, "The Club with a Knee."*

*The Club with a Knee,
The Club with a Knee.
PVS --
the club to be
in.*

Now be honest, doesn't that leave you just a bit teary? It has an epic flavor--a light opening, a strong central theme and a lyrical, airy coda. And I'm sure you noted the splendid change of cadence in verse 4. It also shows my understanding of those major poetic terms like illiteration and automated poea. Simply wow!

PVSers do read TOOT. For the first time I can recall, we got a positive response from a plea in TOOT!! [Dottie Villers](#) will jointly host *Oktoberfest* with [Sally Finan](#) and [Melissa FitzGerald](#). The event will be the last weekend in Oct. on [Sally Finan's](#) and [George Welti's](#) new deck. [Dottie](#) checked with [Pat Vagonis](#) on details and put together a blurb which was sent out as an e-mail to TOOT readers. And, indeed, (and in fact) two weeks later, [Dave Phillips](#) also volunteered to host *Oktoberfest*.

Once again, [Reg Heitchue](#) has retired. [Reg and Jean](#) are now spending 3 days a week in Reston and 4 in Annapolis. They are now truly bi-statal. And that's not a sorry stat.

Yin and yang: [Nancy McKinley](#) saw the Washington Nationals play their first game at RFK Stadium—and their last game. Atypically, the Nats won both games.

Bad news bears: This summer Aspen has reported 20 to 40 bear complaints per day—including entering shops and homes! Some surmise it's because Aspen has all but eliminated dog packs. Luckily for skiers, bears hibernate in winter.

Watch out on the road! Later this month, [Rosemary and Dick Schwartzbard](#) will go to Spartanburg, SC to pick up their new BMW at the factory. Whilst there, they will take the BMW driving course—and likely return quite rapidly.

Last winter, [Maryann Rozzell's](#) only skiing was in St. Kitts (Ahem). She's planning a real ski trip this winter.

And [Dave Phillips](#) is rarin' to get back to skiing after several years of non-skiing. Right on!

Gone Today, Here Tomorrow: Applicants [John Seabold](#) and [Donna Hambric](#) were moving to Ski Country, but it was cancelled. (Boo!) As a consolation, they'll spend a month skiing there.

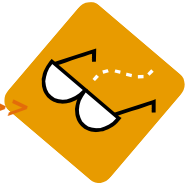
[Betty Lawrence](#) and [Suzanne Boisclair](#) will visit Costa Rica this December. But they both also have lots of skiing plans, later. Kneat!

Before attending Crabfest, [Kirk Burns](#) went for a lengthy swim in Lake Barcroft. Cool!

According to [Sue Walsh](#), just returned from Turkey, "You haven't lived 'til you're naked in a Turkish bath with 6 women." I could do that!

Calendar

FOUND: a pair of sunglasses at Betty's house after the Crabfest. >



Oct	5-6-7-8		Blue Knob Fall-Foliage-Get-Away
Oct	16	Tue	Monthly Meeting at Jablon's
Oct	17	Wed	Frank Shelburne Memorial Hike
Oct	23	Tue	ExCom at DeVilbiss'
Oct	28	Sun	Oktoberfest at Finan's/Welti's
Nov.	9 - 11		National Ski Expo - Dulles Expo Center, VA. (PVS has a booth)
Nov	10	Sat	Chili Hike
Nov	20	Tue	Monthly Meeting at Ski Center, Wash, DC
Nov	27	Tue	ExCom at Marx'
Dec	15	Sat	Blob's Park



2008

Jan 24 Thur WISP Demo Day (\$10 lift tickets at Ski Chalet)

Ski Swaps

Oct	13-14		Ski Chalet Ski Swap in Gaithersburg MD -- benefiting WISP (Larry & Gail Pease)
Oct	28		Ski Center Ski Swap in Washington, D.C. - benefiting Liberty Mountain.
Nov	10-11		Ski Chalet Ski Swap in Chantilly, VA--benefiting Canaan Valley Ski Patrol
Nov	17		Ski Chalet Ski Swap in Arlington, VA -- benefiting White Tail Ski Patrol

Ski Trips -- 2008

Snowmass - January 17-24 -- Carolyn Maurer

Sun Valley - February 9-16 - Nancy and Ray McKinley

Balkans - March 2-13 - Marianne and Kerry Hines



Jan and Bob Marx
8312 Oakford Dr.
Springfield, VA 22152