



Volume 50
Number 10

Potomac Valley Skiers, Inc.
WASHINGTON MARYLAND VIRGINIA

October 2015

www.pvskiers.org

info@pvskiers.org

President's Message:

Hello, All PVSers!



Fifty Years of PVS fun and friendship! Can you believe that our club is now ready to celebrate this marvelous legacy in our Jubilee year—a club begun by a small cadre of devoted skiers sometime back in 1965 (November, actually, by incorporation)! I have just been looking over some

of the tales that are included in previous anniversary TOOT special editions. Those early newsletters mention education for skiing skills and equipment management such as “sharpening your own skis and boot binding performance, stem christies and kick turns (I remember them), keeping warm (now we talk more about helmets and head protection), altitude sickness (we still do that). Our equipment technology has changed so dramatically, that our beloved sport is easier to learn at any age, and we do.

Do you know why our newsletter is called the TOOT? I didn't, but there is a history to this. Look carefully through the special 50th Jubilee Anniversary TOOT that

will come out in mid-October, for more of these tales. We thrive on the energy and creative ideas of our members, who open their homes to us for our meeting/parties, lead our ski and non-ski activities, and challenge our ideas of fun with sport, cultural, eating, and other gatherings.

More recently, we have been fortunate to welcome many members from the former Capital Golden Skiers, who bring the richness of their own club histories and energy. We are united by our love of skiing, winter sports, and memories, and will be sharing those during our celebrations.



I look forward to all of our special events this year, especially to the grand Jubilee on Nov. 1 at Top of the Town. Nearly 100 members are planning to come. We'll see you there—bring a wrap, so you can join us on the balcony to view the lights of DC even in a light November chill!

And come to our October 17 meeting at Bing and Betty Van Nuys home (on Saturday afternoon, this time). Bring a guest to introduce them to our ski and fun community.

Proudly, Carolyn

PVS General Meeting: Saturday, October 17, 2015, 2:00 PM

At the home of Bing & Betty Van Nuys

3904 Ridgelea Drive

Fairfax, VA 22031-3246

703-323-9322 or bvannuys@verizon.net

Directions – Page 2



Directions to the Van Nuys home:

We live about two miles outside the Beltway just off Little River Turnpike – Route 236. This same road is called Main Street in Fairfax City.



From the Beltway

Take the Beltway I-495 to Little River Turnpike – Route 236, Exit 52, and take the exit towards Fairfax outside the Beltway. Go past five stoplights. The fifth stoplight is Guinea Road where the Jewish Community Center is located. Go another 100 yards (past a fire station and the Bethlehem Lutheran Church) and take the first right into Ridgelea Drive where a red brick wall and the “Ridgelea Hills” sign is located. We are the third house on the left.

From the Fairfax City Area

Take Main Street – Little River Turnpike – Route 236 (same road, three names), east towards the Beltway I-495 to the stoplight at Guinea Road where the Jewish Community Center is located. Make a U-Turn at the stoplight and head back towards Fairfax City. Go another 100 yards (past a fire station and the Bethlehem Lutheran Church) and take the first right into Ridgelea Drive where a red brick wall and the “Ridgelea Hills” sign is located. We are the third house on the left.

Would you like a ride to the meeting?

Are you willing to give someone a ride to the meeting?

Contact Inge Lesjak at 703- 913-0759 or Lesjak.inge@gmail.com

INTERESTED IN FALL SAILING?



There may be a few more weeks of great sailing; we can meet up to go day-sailing in Annapolis during the week or on weekends. My sailboat is called the “POCAHONTAS” and is kept on Back Creek in Annapolis. The sailboat is a Pearson Commander that is 26 feet long. I have had this boat for 45 years and have sailed extensively on the Great Lakes and on the Chesapeake Bay.

I have an email/call list of those interested. If you wish to be added to the list, let me know.

THE LOGISTICS:

Sailing depends completely on the weather - we no longer do hurricanes, thunderstorms, and prefer not to start out in the rain. It is usually possible to choose a good day or days at the beginning of the week and to let everyone know what day(s) are suitable (always subject to cancellation if the weather changes).

Learners as well as experienced sailors are welcome. Most of the people who have come sailing with me have not been sailing previously.

I would propose to keep a contact list of interested people and then send out an e-mail notice at the beginning of the week to see who is available and to make the final arrangements.

If interested please send your e-mail address and phone number to:
John Smith at johnsmith@juno.com - Phone: 301-299-8376

Coming Event

FALL HIKE – October 15, 2015 at 10 AM

Come and join us for an EASY STROLL along the MD towpath from Old Angler's Inn to the Potomac Overlook at Great Falls.

Distance: approximately 4 miles

Meeting Place: parking lot opposite Old Angler's Inn, Potomac

Leader: Ruth Healey

RSVP: [301-530-0939](tel:301-530-0939)

e-mail: healeyruth@gmail.com



Lunch: following hike at Old Angler's Inn or if preferred at Potomac Village



OAI





Join Us!

The PVS Jubilee

50 Years of Skiing and Enjoying Life Together

Sunday, November 1, 2015

6 to 10 p.m.

At the Top of the Town

1400 14th Street North, Arlington, Virginia 22209

(Free parking is available)

The Program

Cocktail Hour followed by a Buffet Dinner,

Music and Dancing, and...

Some stories, a few speeches and fun!

The Details

- **Black Tie Optional**
- **Cost:** \$85 per person for this fabulous event!
- **Send payment to:** Nancy McKinley (Registration sheet attached)



PVS Jubilee Registration

Sunday, November 1, 2015

at Top of the Town

1400 14th Street North, Arlington, Virginia 22209

6 to 10 p.m.

Name (s): _____

Address:

Phone: _____ e-Mail: _____

Number of Reservations: _____

Check, *made out to Potomac Valley Skiers*, enclosed for: _____

Do you need a ride? _____(yes) _____ (no)

Are you willing to "give" a ride? _____(yes) _____ (no)

NOTE: Arrangements for lodging have been made at the Holiday Inn, 1900 N. Fort Myer Drive, Arlington, VA, under the name of Potomac Valley Skiers. Guests may call 703-807-2000 to make their own arrangements. The hotel is well situated for a quick drive or taxi to the Top of the Town.

Please send registration and check to: Nancy McKinley, 1805 Crystal Drive,
Unit 813, Arlington, VA 22202-4406

Request for Photos for PVS Jubilee Slide Show

- Pictures must be received by >> **4 October 2015** << to allow for processing.
- For each picture, provide at a minimum: who, what, when and where. Optionally provide a humorous caption.
- Please provide digital images only – either JPG/JPEG or PNG file format. Send the highest definition that you have available.
- Some local places (WalMart, Walgreens, CVS, camera stores, etc.) may provide services to scan prints, negatives or slides and convert them to digital. There are also online services that do the same. I've used ScanCafe (www.scancafe.com), but there are others. Allow PLENTY of time for such services!
- If you have interesting and unique images that aren't the best quality, send them anyway. I can adjust exposure levels (within limits), although there is nothing I can do about focus or motion blurring.
- If sending only a few images, email them to MaryAndJim@Termineigh.com. Please be considerate of our email capacity and don't email 20 megabytes of images.
- If sending a large number, put them on a CD or DVD and post them to:
Mary Ellena Ward
305 New Cameron Drive
Lexington, VA 24450
- I may crop, resize or otherwise adjust the images for the presentation.

Thanks!
Mary Ellena Ward

***ALBUMS FROM PVS AND CGS TRIPS AND EVENTS ARE WELCOME TO BE BROUGHT TO THE
JUBILEE ON NOVEMBER 1!!***



SKI TALK - October 2015

This is the time of year I begin getting excited about the upcoming ski season. I begin to think about all aspects of skiing. Do I need new equipment? Do my skis need tuning? How are my ski clothes? Do I need still another jacket? And, on and on. Then, the first ski magazine arrives with all of the new equipment described and tested. The most popular selling skis have a midsection of 80-90mm. This is similar to the last few years, although some new models are coming out in the 70-80mm range, which is where my skis are. So I will continue to research and I am hoping to demo skis when I get to Snowmass.



According to the latest forecast, predictions are for the best winter in 50 years because of a strong El Niño. Temperatures out west are already dropping and snow has been falling in some of the higher elevations. Don't miss out on this record-breaking winter. It's not too late to sign up for a ski trip.

Last year I wrote about the **Baltimore Longitudinal Study of Aging** <https://www.blsa.nih.gov> that is being conducted by the National Institute of Health. They were looking for healthy 80-year olds last year.

This year they are recruiting anybody at least 20 years old; that covers pretty much all of us. This is a longitudinal study that has been going on for over 50 years. To be eligible you must be able to walk ¼ mile with no problems and be free of: diabetes, kidney disease, cardiovascular disease, heart attack, heart failure, angina, stroke and cancer. Dick has been accepted into the study and recently spent three days in Baltimore while every cell of his body was analyzed. This will be repeated annually to observe the aging process.



To find out if you are eligible call: 410-350-3941.



Anyone who likes to kayak, or would like to learn to kayak, should consider getting a season pass from **Boating in DC**. This year they are offering a season pass for \$79, if you are 65+. This pass is good for the rest of this season and all of next season. It also includes four "buddy" passes plus deals on lessons. The boating season runs from April through October. Boating in DC has boathouses in Georgetown (under Key Bridge), National Harbor and near the Ball Park. Check out the website: <http://www.boatingindc.com>. If anyone wants to join me on the river, let me know.

rosemaryschw@gmail.com

VAIL (DECEMBER 2015)

THE BEST OF TIMES SKI CLUB is going back to the VAIL MARRIOTT MOUNTAIN RESORT – December 8-16, 2015. Lodge room per person, double: \$805.00. Does not include air or lift ticket but does include three happy hours and farewell dinner at the Left Bank plus ski valet!

In March 2016, BOT is going to Aspen.

Questions and reservations: Eileen Fishkin, [732-617-2438](tel:732-617-2438)

See link for more detailed information: www.bestoftimeskiclub.org>skitrips



Potomac Valley Skiers

2016 Snowmass, Colorado Ski Trip

Wednesday, January 13–Wednesday, January 20

Trip Details

There still are spaces available but not for long! However, we are looking especially for one male and one female to share a room (not together but with a nice person of the same sex!)

We will again be staying slope-side at the Snowmass Mountain Chalet (SMC), just below the Snowmass Mall and from where you can ski directly to the lifts. Check the web site at <https://mountainchalet.com> The total package is: United Airlines from Dulles to Denver and Denver to Aspen and return plus the land transfer from Aspen airport to SMC and return; 5 day lift ticket (good for all four ski areas in the Aspen complex, free shuttle bus) with option for extra days; 7 nights lodging (double occupancy); daily breakfasts; daily soup lunch; luggage handling; a welcome wine & cheese party, an “all guest” hotel sponsored party, a “pizza” party and a farewell group dinner to celebrate our trip. Trip insurance is available through Encompasse Tours.com and is highly suggested. Additional nights at Snowmass are an option; air flight changes can be accommodated. All alternate air will be quoted on an individual basis. For trail information check <https://www.aspensnowmass.com>.

<u>Costs:</u>		<u>Price</u>
Full Snowmass Package		\$2045
Land only	subtract	\$ 525
Single Supplement	add	\$ 935
Non-skiers	subtract	\$ 287
Add extra ski days	add	\$ 79 per day

NOTE: The Silver Escape Pass has been discontinued. The Premier pass is available for skiers 70 and older for \$449 and becomes reasonably priced if you plan to ski 8 or more days.

Airline Schedule (as in the past, subject to changes in United schedules):

Jan. 13: United flight at 7:00 AM Dulles to Chicago (arrive at 8:03 AM); then depart Chicago at 9:05 AM to Aspen (arrive at 10:55 AM).

Jan. 20: United flight departing Aspen at 8:00 AM to Denver (arrive at 8:55 AM); depart Denver at 9:45 AM to Dulles (arrive 2:53 PM)).

Check United Airlines website for baggage requirements and fees (<http://www.united.com>).

Payment Schedule

Final payment is due now.

To sign up: Please send these forms, available on the PVS web site:

- (1) the [Application form](#) -- one per person or one per couple residing at the same address
 - (2) your [payment due](#), and
 - (3) the [signed Waiver of Liability Agreement](#) by each party taking the trip
- to Marianne Sophonis at 3513 Quebec St NW, Washington, DC 20016 (put PVS Snowmass 2016 on the check memo line).

For more information, please call Marianne Sophonis at 202-363-5250 or 301-332-3039 cell; or, via email at Marianne.sophonis@gmail.com. The co-leader is Nancy Pigman at 202-363-5252.

Thank you skier!

Potomac Valley Skiers



**SNOWBIRD, UTAH
BRSC WESTERN CARNIVAL
January 30 – February 6, 2016**



Join us for the BRSC Western Carnival and stay at the beautiful CLIFF LODGE in Snowbird, Utah. This is a hotel with all amenities: swimming pools, multiple hot tubs, many restaurants, the renowned Cliff Spa and, most important, ski-in, ski-out. It has 2,500 skiable acres, 3,240’ vertical drop, and usually 500” of annual snowfall.

The trip will include:

- Round trip airfare (or just land package); transportation to and from hotel;
- 7 nights lodging double occupancy at Cliff Lodge; ski-in/ski-out;
- 4 dinner events (hotel, BRSC, PVS, and pre-trip party);
- Après ski events; option to go to Salt Lake City to see Mormon Tabernacle Choir;
- Snowbird lift tickets, with optional Alta ticket upgrade (no snow boarders at Alta);
- Non-skiers: Cliff Spa \$270 credit; Daily transportation available to Salt Lake City.

Costs:

Full Snowbird Package: \$1,970 Double Occupancy; Land Only: \$1,420 Per-Person
Single Supplement: \$750; Alta Ski Upgrade; \$117; Non-ski Spa Credit: \$270

Payments Per-Person	Deposit	Aug 1	Sep 1	Oct 1	Nov 15	Total
Land Only	\$250	\$200	\$300	\$300	\$370	\$1,420
Land & Air	\$250	\$200	\$450	\$500	\$570	\$1,970

Send to: Michael Strand, 5225 Pooks Hill Road, #1412N, Bethesda, MD 20814

For more information contact Mike and Eloise Strand: 240-800-4194 or hrdyna@aol.com

NEED 1 MALE TO SHARE A ROOM

APPLICATION FORM

Potomac Valley Skiers Trip to Snowbird, Utah, January 30 to February 6, 2016

Name (Print both names, if a couple, as on your Official ID:

_____ Date of Birth _____

_____ Date of Birth _____

Address: _____

Home Phone: _____ Cell Phone: _____ Email: _____

Emergency Contact & Phone: _____

Check All That Apply:

- Land & Air; Land Only; Alta Ski Upgrade; Single Supplement; Non-Ski Spa Credit

come and travel with us

to **Madonna di Campiglio, Italia**

Blue Ridge Ski Council Eurofest 2016

- Options:** A. February 26 - March 6, 2016 Madonna only + last night in Venice \$2,550
B. February 23 - March 5, 2016 3 days Venice + 7 days Madonna \$2,950
C. February 26 - March 8, 2016 Madonna + 3 days in Venice-Mestre \$2,800

Features to be Included for Skiing and/or Sightseeing:

- Current round trip airfare from Dulles to Venice with all current taxes and fuel surcharges included (taxes and fuel surcharges are subject to change).
- Round trip luxury charter coach from the airport to the hotel.
- At Madonna: 7 nights lodging, double occupancy at the 4-star Hotel Carlo Magno, ski-in ski-out party headquarters with breakfast buffet, and full dinner daily.
- Service charge, local tax and VAT are included.
- Trip Insurance with TravelSafe. Color-coded baggage tags, neck valets.
- Welcome Party: Refreshments, familiarization of ski areas, town and logistics.
- Mid week Après Ski Party and DJ for dancing on Thursday night after dinner.
- Optional day trips and trip extension are available at your choice.

Pre-trip to Venice includes 3 nights at HOTEL PESARO PALACE**** including fabulous breakfast daily. <https://www.youtube.com/watch?v=1OJggicu5to> located at the Grand Canal with easy access to tourist attractions, train station and bus terminal, either on foot or by using the regular water bus or Vaporetto.

Post-trip to Venice - 1 night or 3 nights at HOTEL PLAZA in mainland *Venice-Mestre* **** incl. breakfast. **This hotel is located across from bus- and train station with 10 minute ride to Venice Island.**

Please note: Vaporetto tickets in Venice ARE NOT included in price. There are different multi day vaporetto tickets to consider. Vaporetto tickets can be purchased at the kiosks at the airport on arrival by credit card.

Planned Flight Itinerary with Air France:

Depart	AF 055	Dep Washington Dulles Int.	6:50 PM	Arr Paris, Charles de Gaulle	8:25 AM
	AF 1426	Dep Paris Charles de Gaulle	10:15 AM	Arr Venice, Marco Polo	11:55 AM
Return	AF 1127	Dep Venice, Marco Polo	9:55 AM	Arr Paris, Charles de Gaulle	11:45 AM
	AF 054	Dep Paris, Charles de Gaulle	1:45 PM	Arr Washington Dulles Int.	4:00 PM

SKI RENTAL, SKI SCHOOL and GUIDES – booking available in the hotel.

The cost of a 3-days Superskirama SKI-PASS with access to 380 km of slopes is approx. Euro 125,00 for 3 days.

How to sign up: Send check for \$300 deposit amount to Inge Lesjak and mail to Inge Lesjak, 8123 Kingsview Ct., Springfield, VA 22152 **no later than 5 July 2015** or send email to Lesjak.inge@gmail.com or call 703-869-7248 c for more detailed information.

Members' Corner



By J. David Warthen, Jr.
dwarthen@verizon.net

Thank You!

Three cheers to the 155 PVS Members who have renewed their membership for the 2015-2017 biennial dues period. There is still time for 20 of you who have not responded to your e-bills, which were electronically delivered on July 1, 2015. We still will welcome your renewal application and dues check for 30 more days. However, if you are still in arrears on November 1, 2015, you will be removed from the PVS membership roster.

John Lyon:

<http://northeastexplorer.com/wordpress/?p=2950>

John Lyon, a former PVS member, was lost hiking in Maine's Baxter State Park on August 27, 2015.



He was found and rescued after three days in the isolated area. He estimates that he traveled seven to eight miles through rugged backwoods until he found a clearing where he was seen by a rescue helicopter. He was tired, hungry, and dehydrated, but otherwise fine.

John stated that he "just wasn't ready to die." Moral of the story: "Don't hike alone!" Sounds familiar to "Don't ski alone!"

TOOT Distribution to 175 Members:

-pdf: 149; USPS: 3

Thanks to:

- TOOT Coordinator – E. Thayer
- TOOT USPS (3) – Volunteers
- TOOT Layout Editor & Electronic TOOT

– D. Warthen

Rosemary Schwartzbard Wins Two Gold Medals:

PVS athlete, Rosemary Schwartzbard, participated in two cycling events on September 13 in the Northern Virginia Senior Olympics. Rosemary placed first, earning two gold medals in the 70 – 74 year age group: in the Cycling 10K Time Trial her time was 25:04 and in the Cycling 20K Time Trial her time was 50:34. The event was held near Marshall, VA on a very hilly course. On September 19, Rosemary placed third overall in the 5K road race.



Dave & Marsha Warthen:

It was really great to get away for a week and just veg on the Gulf of Mexico in Florida recently. After three major surgeries in eight months and taking turns caring for one another, it was a delight to just soak up some Florida sun. We relaxed on the beach as Kevan, our beach boy, moved the umbrella every few hours to keep us shaded on the white sand. Tropical sun is quite intense, but thanks to SPF 50, we escaped burns. The water was in the eighties and nice and calm for our new joints. The food at our hotel was so abundant that we only had two meals per day. And oh, did we eat – such an excellent chef! We also had a number of tropical drinks that made us happy. ;-) The Gulf seems to be becoming an annual visit, which we like very much. As we have matured, we keep seeking warmer water, and perhaps we have found the Fountain of Youth.

PVS SEPTEMBER MEETING

AT THE HOME OF CELIA CHEN ON 9/15/15

Celia Chen hosted the September 15, 2015 meeting of the Potomac Valley Skiers at her wonderful home in Leisure World (Maryland). As an aside, Leisure World is a great place for retirees and many many PVS members are eligible to move there. Celia spent most of her time in the kitchen, and the food she brought out was a culinary delight. On the menu were pot stickers from A&J Restaurant (outstanding), chicken from Jerk Pit, shrimp, salad, sandwiches, deviled eggs, etc. This was followed by an array of desserts to satisfy anyone with a sweet tooth.

There were 19 members attending the meeting. After socializing and consuming some very nice beverages, Carolyn DeVilbiss called the meeting to order. Most of the meeting consisted of talking about upcoming events including the tour of a bird sanctuary in the Chesapeake Bay, a Great Falls Hike (October 15), and the next meeting, which will be on Saturday, October 17, in Fairfax.



Celia C., hostess



Charles H., Ruth H., & Dave D.

There was a good discussion of the November 1, Golden Jubilee. PVS will be celebrating 50 years of enjoying skiing and other social activities together. It should be a wonderful evening with past and present members. As of September 15, there are 96 members who have signed up to join the party. There is room for more. It should be a great evening of food, fun and friendship. If you haven't signed up yet, there is still time.

John Smith spoke and said that he would love to have members join him on his boat on the Chesapeake this fall, weather permitting.



Dave W., Carolyn D., Nancy M., & Sara H.

Rosemary Schwartzbard gave her report on the 2016 ski trips. The numbers on each trip are good, but there are spots available for those wishing to go.

The members again thanked Celia for her hospitality, great food, and for being such a great hostess.

--John Holt



CHESAPEAKE BAY EXCURSION TO HART-MILLER ISLAND

Tuesday, September 22, 2015

In order for large cargo ships to reach Baltimore Harbor, the shipping channels of the Chesapeake Bay and the Patapsco River have to be kept to a minimum depth of 50 feet. Construction of the Hart-Miller Island Dredged Material Containment Facility built with harbor dredge, started in the 1980s. It was used to join the remains of the eroded islands of Hart and Miller. Later, the facility was restored as native wildlife habitat.

<http://dnr2.maryland.gov/publiclands/Pages/central/hartmiller.aspx>

Sixteen members of PVS participated in a tour of the Hart-Miller Island on September 22. We reached the island at 10:10am, after a short boat ride over somewhat rough water. The boats operate every day of the year.



The sandy beach

On the island, our guide, Laura Baker, showed us a small pond and adjacent mudflats created by pumping Bay water uphill using spray guns. Safe excess water is returned to the Bay through spillways.



Although the inflow of the dredged material has stopped, the building of the habitat is still an on-going project of the Maryland Environmental Services and the Maryland Port Administrations. The island is divided into South Cell, which is smaller and has been already restored, and the larger North Cell, which is still under planning.

We saw only a few snowy egrets at the east end of the North Cell because this is not the migration season. On the bus, Beth Kivela, another guide, showed us the bones of the wild animals on the island, and tested our ability to identify them. They included: deer, fox, muskrat, and turtle.



Picnic area of the state park

On the western shore of the North Cell, we went through a locked gate into a fenced area of sandy beach, camping, and picnicking facilities. This is the part of the State Park currently open to the public and accessible by boat. There is talk that the fence that separates the wild bird habitat from the public beach may be removed next year.

We left the island at noon and had lunch at the Island View Waterfront Cafe. Most of us ordered crab cakes and beets. In view of the cool weather, nobody chose to go kayaking.



*Submitted by George Birnbaum
Photos by Celia Chen*

Island View Waterfront Cafe



THE KNEE

by Ray McKinley

RaysKnee@gmail.com

It's October. The biggest event in PVS's history will soon be upon us. On November 1, we celebrate the club's Jubilee—our 50th anKneeverary. And we are doing it in grand fashion on the Penthouse, Top of the Town, in Rosslyn. So far we have 100 people signed up for the "Black Tie Optional" dinner. There will be an open bar and music for dancing along with a four-course dinner. It's an event you can't possibly miss.

Fall is upon us. The Knee recently read that weather forecasters are using a new methodology that predicts a very snowy winter. It's called pinecone counting. A lot of pinecones is Mother Nature's (perhaps I should use the non-sexist "Parent Nature's") way to tell the squirrels to stock up on nuts, as it should be a real humdinger of a winter. Scientists have correlated the amount of pinecones directly with the amount of snowfall. Although they don't tell us how the pine trees know how much snow is coming 6-9 months in advance

There was considerable discussion about wine at our last meeting. All of the best wines use handpicked grapes. They had tried using foot-picked, but it just didn't work out. I toed you so. Dick Schwartzbard said bringing the original grapes from France to California was "de-vine inspiration." It was the yeast he could say. Bringing those vines from France was a godsend. Shortly after the vines arrived and were planted, blight hit the French wine region and destroyed the vines in their entire wine-growing region. Cuttings from the transplanted vines were sent back to France and the French vineyards were restored. Right on.

Just because it's approaching ski season doesn't mean that we aren't also traveling to other locations. Melissa FitzGerald is in Seattle visiting family. Pres Carolyn DeVilbiss is in Japan visiting her son and JapaKnees daughter-in-law. Nancy and the Knee and John and Polli Brunelli are renting a villa in Southern Spain for a week where some serious wining and dining will be the order of the day.

Jean van der Tak is improving after being hit by a truck. And Dick Comerford is recovering after his heart attack. Dick hopes to get to Colorado and ski this winter. Right on!

Ever since Dick and Rosemary Schwartzbard saw "The Producers" they wanted to try their hand at producing. They are starting off in a small way as backers of "Hell's Belles," an off-Broadway cabaret show opening this month in New York City. You can check it out at www.hellsbellesthemusical.com.

A tip of the ol' Knee Cap goes to new member Martha Nelson. Martha was the first woman finisher and won the gold medal in the Navy-Air Force Half Marathon last month.



Most skiers try to avoid this slope hazard

Veep Bob Kramer is out in Colorado celebrating his birthday. He's now old enough to smoke pot!

PVS's congratulations are extended out to Rosemary Schwartzbard for her three medals in the Northern Virginia Senior Olympics; two Gold medals for biking events and one Overall bronze for distance running, where she set an age group record. All that ski training does pay off.

Two of you asked if I could explain a fairly weird pun, which was in last month's Knee. Of course I can.

For three days, searchers took to the air and the rough terrain of Maine's Baxter State Park, looking for missing hiker, and former PVSer John Lyon. Finally, a chopper crew spotted him on a rockslide and flew him to safety. Park Director Jensen Bissell said Lyon had helped them find him. "He was trying to do the right thing and get into an open area where he could be seen, and he was successful," Bissell said.

PVS may be old, but Banff's local ski area on Mt Norquay celebrates 90 years of operations this winter having originally opened in 1926. The first ski cabin was built there in 1927 and the first rope tow installed in 1941. Kneenuf

PVS Calendar 2015:



Oct 15 Thu Fall Hike, 10:00 AM, Healey, Potomac, MD
 Oct 17 Sat October General Meeting, 2:00 PM, Van Nuys, Fairfax, VA
 Oct 27 Tue ExCom Meeting, 7:30 PM, Telephonic
 Nov 01 Sun PVS Golden Jubilee at Top of the Town <<http://topofthetown.net>>, 6-10:00 PM, Arlington, VA

PVS Ski Trips 2016:



January 13-20, 2016: PVS Snowmass, CO (Marianne Soponis)
 January 30-February 6, 2016: PVS/BRSC Western Carnival - Snowbird, UT (Strands)
 February 26-March 6, 2016: PVS/BRSC Eurofest 2016 Italy, Madonna Di Campiglio (Inge Lesjak)

Useful Ski "Links"

Potomac Valley Skiers.....www.potomacvalleyskiers.org
 BRSC Sanctioned Trips.....www.skicouncil.com/tripsbydate.htm
 DC Ski Online Newswww.dcski.com
 Best of Times Ski Clubwww.bestoftimeskiclub.org>Ski Trips

ExCom

Officers:	Chairpersons:
President – <i>Carolyn DeVilbiss</i>	Ski Trip Committee – <i>Rosemary Schwartzbard</i>
Vice President – <i>Bob Kramer</i>	Events – <i>Ray McKinley</i>
Secretary – <i>Ellie Thayer</i>	Membership Records – <i>Dave Warthen</i>
Treasurer – <i>Dick Schwartzbard</i>	Membership PR Rep – <i>Carolyn DeVilbiss</i>
Ex Officio - <i>Nancy McKinley</i>	TOOT Coordinator – <i>Ellie Thayer</i>
<u>Board Members:</u>	TOOT Layout Editors – <i>Jan Marx, Marvin Hass, & Dave Warthen</i>
<u>First Term:</u>	TOOT (E-Distribution) – <i>Dave Warthen</i>
<i>Herb Bennett</i>	TOOT (USPS Distribution) – <i>Volunteers</i>
<i>Marna Blanchette</i>	Webmaster – <i>Mary Ward</i>
<i>Celia Chen</i>	Meeting Records – <i>Sue Lyon</i>
<u>Second Term:</u>	Historian – <i>Jan Marx</i>
<i>Reg Heitchue (1-year only)</i>	
<i>Inge Lesjak</i>	
<i>Ellie Thayer</i>	

