

Volume 54  
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Potomac Valley Skiers, Inc.  
WASHINGTON MARYLAND VIRGINIA

October 2019

[www.pvskiers.org](http://www.pvskiers.org)

[info@pvskiers.org](mailto:info@pvskiers.org)

### President's Message

"White" normally reminds me of snow and skiing. But, today, it reminds me of the wedding gown worn by our new daughter-in-law, Lindsey, who wed our son, Ben, on September 21.

The wedding was at Lindsey's scenic family farm in north central Maryland that has been in the family for six generations. The day was warm and sunny with a blue sky and drifting clouds. Both families and many friends were gathered on an expansive lawn, seated on cloaked bales of straw to witness the ceremony. Flanked by flower gardens, Ben and Lindsey exchanged their vows as they stood in front of an ancient white door inset in an old stonewall built into a hill, serving as a root cellar, and surrounded by white flowered hanging clematis.



After the ceremony, we gathered for cocktails outside a barn overlooking another expansive lawn, across from a beautiful rock garden, a springhouse with adjacent pond, and foundation of the largest barn. This barn was picked up and set down

next to its beautiful foundation during a derecho about 5 years ago. Nevertheless, the old stone foundation added immense character to the view. The quaint springhouse had been used for cooling milk produced at the farm when it was a dairy. All in all, the view was spectacular as the sun began to set. As drinks and hors d'oeuvres were enjoyed, we mingled with relations, and friends of both the bride and the groom and their families.

*President's message continued on page 2*

### **MONTHLY MEETING**

At the home of Kal Nossuli

October 12, 2019  
at 2:00pm

8509 Warde Terrace

Potomac, MD 20854

301-469-7167 cell 301-275-9688



*Directions – next page*

### *Directions*

At the home of Kal Nossuli – October 12, 2019 at 2:00pm  
8509 Warde Terrace, Potomac, MD 20854  
301-469-7167 cell 301-275-9688

**Directions from VA:** From the beltway, I-495 N, take the River Road exit towards Potomac (west). Continue on River Road for about three miles and then take a RIGHT on Bradley Boulevard. At the next light, turn LEFT on Kentsdale Drive. At the sixth street, turn RIGHT on Warde Terrace. 8509 is the sixth house on the left.

**From Chevy Chase or Bethesda:** Follow the directions above from River Road or take Bradley Boulevard West, turn RIGHT on Kentsdale Drive, and follow directions above.

### *President's Message continued*

When the gong sounded, we moved to a large marquis adjacent to yet another barn for the reception and to continue the festivities. Welcome remarks were made by the father of the Bride; both Mary and I welcomed Lindsey into our family, expressed words of appreciation to all who made the event possible and thanked all who came to celebrate this special day in the lives of our two families. The bride and groom also delivered words of welcome and thanks, and remarked that it was a wonder to be the recipient of all the love and support given them by all who attended their wedding. Dancing commenced with the bride and her father followed by Ben and Mary. The groom danced with his mother to the tune of "Unforgettable" (Nat and Natalie Cole).



The merrymaking continued with the night of dancing and visiting. There was a break in the music and dancing when an exchange of toasts was made by the bride's brother as Man of Honor, and the groom's brother as Best Man. Paying tribute, each revisited some significant experiences they had had with their respective siblings and provided a warm and loving welcome to the new member of each family. Additionally, during the reception, there were more toasts by the guests, some of these with the bride and groom. These toasts involved an old downhill ski. As tradition dictates, Mary's brother-in-law had turned it into a "Shot Ski", and participants wrote signatures on

the ski. (If you do not know what a Shot Ski is, ask Mary or me.)

All enjoyed the festivities until late into the night when the bride and groom left the reception on the last (white) bus that took them and guests to their respective hotels.

The wedding was special to us, of course, and a rite of passage in our lives. Now we have a daughter in our family who we love, and who loves and fully complements our son. It is beautiful to watch a child grow and mature into an independent person who finds the one person who brings joy and happiness into his/her life, so much so, that they decide to exchange vows to love each other for the remainder of their lives. It is a wonder to behold and it brings great delight and gladness to Mary and me. Every wedding in every family should be as happy and joyful as this one. We are truly fortunate and blessed.

And "white" will remain a reminder of Lindsey's wedding dress, even as it is a reminder of snow... and skiing.



*Tom Tycz*

## Coming Event

### *Boat Tour of the Anacostia River* *Thursday, October 3, 2019*



*Boat Captain*

If you've paddled on the Anacostia or biked along the Anacostia River Trail, you may already know of the progress made on this "forgotten sister" of the Potomac River, less well-known but full of exciting possibilities. If not, you may like to join us on our boat tour!

We've organized a tour given by the Anacostia Watershed Society on Thursday morning, October 3, 2019, from 10 to noon on a flat-bottomed boat with a "bimini cover", for 20 people. The tour goes up the river for an hour and then an hour for the return. There will be commentary on the history of the river and conservancy efforts, and discussion of the planned bridge connecting the National Arboretum with the Kenilworth Gardens. Questions are welcome. You might also see rowers, paddlers, and a variety of birds. But no alligators!

The tour is free but the society does accept donations. We've been asked to have participants: sign up online at [Anacostia Boat Tour](#).

It will be "first come, first served". If you have any questions, please contact Marianne Soponis, 202-363-5250; cell: 301-332-3039; email: [Marianne.soponis@gmail.com](mailto:Marianne.soponis@gmail.com)

The Bladensburg Water Park where we will meet has ample parking and picnic tables, if anyone would like to bring lunch. There also is a restaurant a mile or two away if some would like to check out Franklin's, a restaurant with an interesting general store in Hyattsville: [Franklins Restaurant-Brewery-General Store](#).

Hoping to see you on October 3!

*--Marianne Soponis*

## September Monthly Meeting

Tuesday, September 17, 2019 at the home of John Holt



Despite a bruised shoulder, puffed eye, and various scratches, John Holt was the consummate host as he welcomed 16 hearty ski club members to his home for the first fall meeting of the club. It seems that a few days before, John tripped while walking along the C&O Canal path – in the dark and very late in the evening. We will let your imagination take hold until you have a chance to get the full story!

Members took time to reconnect and share stories of summer vacations. Several members were out of town or out of the country, so all vacations were not over yet! This led the rest of us to do more snacking of dips, chips, shrimp, veggies, pretzels, and nuts, and to enjoy a sip of John's champagne.



Tom Tycz welcomed everyone to the evening meeting and thanked John for opening his home. He also reminisced about the successful Steak 'n Swim event at Kerry and Marianne Hines' home this summer and how nice it was to take a few laps in their pool. He thanked Ray McKinley for his many contributions to club activities. Marianne Sponis will now be co-chair with Nancy McKinley in her work of setting up meetings and outings.



Marianne mentioned the boat tour on the Anacostia River on Thursday, October 3. There still were some open seats so she encouraged signing up if able. She also talked about the PVS meeting at Kal Nossuli's home on October 12, the day after Peter Russell's 100<sup>th</sup> birthday! The club will raise a glass of champagne to toast Peter who plans to attend the meeting.



Jannes Gibson has volunteered to host the November meeting.

Kathy and Barry Lake have 36 skiers signed up for the BRSC ski trip to Snowmass. Bob and Cara Jablon have a deadline of October 1 to ensure enough rooms for the trip to Park City and encouraged people to sign up!

The last event of the evening was to enjoy some of John Holt's homemade apple pie. Yum!

*Submitted by Marianne Sponis*



## SKI TALK October 2019

### Bumps for Boomers Classes at Aspen by Guest Columnist Cara Jablon

Aspen, Colorado has pioneered a new approach for teaching older skiers to ski the bumps. Aptly named “Bumps for Boomers,” these four-day clinics at Aspen Mountain are offered throughout the ski season. The one closest to our Snowmass trip (January 25–February 1) is February 3–6. Clinics are also offered January 6-9, January 11-14, January 15-18, February 10-13, and March 2-5. Although expensive (\$1846 without lift tickets; discount of \$200 if booking made by September 30), these classes would appear to offer a significant benefit not only for older skiers who want to play in the bumps, but also to those who simply want to ski efficiently with as little effort as possible. The website is [Bumps for Boomers](#).

The focus of the clinic is to impart foundational skills, such as the development of good balance and control, as well as efficient movement patterns that reduce fatigue. Tactics are introduced to use the unique features of mogul terrain to the skier’s advantage, with minimal stress to the knees and back and without the need for fast reflexes. The approach aims to replace muscle strength and endurance with a less demanding method that allows an older skier to extend his skiing longevity.

Even if you do not want to invest in this program, the Bumps for Boomers website offers a wealth of free instructional information that is useful for the groomers, as well as the bumps. You can also sign up for free e-mail tips on various aspects of mogul skiing. Summarized below are some of the key pieces of advice found on the website.

1. You must be centered and balanced on your skis. Better balance can be achieved by (1) keeping the center of mass balanced over the feet, (2) paying attention to hand position, (3) not excessively bending your knees, (4) avoiding unnecessary shoulder and hip rotation, (5) moving forward during a turn to avoid ending up in the “back seat,” (6) shifting the weight to the about-to-be downhill ski before the start of the turn, and (7) not leaning uphill at the end of a turn.



2. Proper hand position involves: (1) keeping your elbows in front of your rib cage, (2) holding your hands at about waist height and keeping them wider than the elbows, (3) keeping your pole baskets behind you, (4) keeping your hands quiet and minimizing your arm movement, and (5) keeping both hands in view as you ski.

3. Remain perpendicular to your skis as you turn by anticipating your acceleration and avoiding getting in the “back seat.” Techniques for achieving this perpendicular relationship include the following as you turn: (1) lengthen your uphill leg in a forward (not vertical) direction, (2) keep your hands forward and quiet, (3) tip your sternum forward, and (4) use a pole plant.

4. More on lengthening the uphill leg and turning: As you ski, the uphill leg is “short” and the downhill leg is “long.” When you lengthen the uphill leg on the initiation of a turn, your torso moves forward and you should be releasing the edges of your skis. A turn should be made on flat skis and should not be rushed. Rather, you should wait for gravity to take the skis into the fall line. Flex your ankles as you make the turn.

5. Before each new turn, shift your weight from the downhill ski to the uphill ski (soon to become the new downhill ski). An early weight shift will help avoid “stemming.” As you ski through the fall line and complete the turn, the majority of the weight should be on the downhill ski.

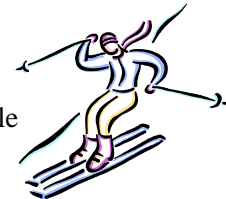
6. For better balance, avoid a large ski lead with the uphill ski. Shaped skis are designed so that only a small ski lead is required.

7. To achieve better balance, as you ski through the fall line, match your shoulder angle to the angle of the ski slope.

8. Use a narrow stance in the moguls and in powder to maximize your balance.

In the Bumps for Boomers classes, two tactics for skiing the bumps are taught: the Green and Blue Line approaches. The Green Line approach is good for beginning mogul skiers and to achieve more speed control on steep mogul runs. Some basic terminology: (1) The “flat top” is the top of a mogul, (2) the “spine” is the imaginary line from the top to the bottom of the mogul, (3) the “secondary fall lines” are the lines going down the sides of the spine, and (4) the “trough” is the “valley” between the moguls.

With the Green Line method, a skier initiates a turn on the flat top of a mogul, steers his skis perpendicular to the secondary fall line of the same mogul, and drifts down to the flat top of the mogul below. The skier must not cross over the spine of the mogul, and the skier must stay above the trough. Under the Blue Line approach, the skier initiates a turn on the flat top of a mogul, steers his skis to the secondary fall line of the adjacent mogul, and drifts down to the flat mogul top





below. Again, the skier must not cross over the spine of the adjacent mogul and must stay above the trough. These techniques are somewhat difficult to visualize. Explanations, as well as video demonstrations, are provided on the Bumps for Boomers website. The website also provides a more in-depth discussion of the general techniques summarized above.

Even if you have no plans to go near a mogul field, the basic techniques presented on the Bumps for Boomers website are very helpful to improve balance and control. You may even be inspired to take a lesson or two at the beginning of the Snowmass trip (or wherever you go on your first ski trip of the season) to brush up on your techniques. I believe strongly that, no matter our age, improvement is always possible and desirable.





## Potomac Valley Skiers

### BRSC Snowmass, Colorado Ski Trip 2020

Saturday, January 25 – Saturday, February 1, 2020

#### Trip Details

Once again, we will be staying at the [Snowmass Mountain Chalet \(SMC\)](#), which offers a convenient ski in, ski out location. Check the [web-site](#). The “**Land Only**” package includes: transportation to and from Aspen airport (7am -11pm); **5 day Senior lift pass** ([good for all four ski areas in the Aspen complex, free shuttle bus](#)) with option for extra days; **7 nights lodging** (double occupancy); **daily breakfast & soup lunch; luggage handling; a welcome reception; BRSC sponsored après ski events & a dinner**, plus the **NASTAR ski race**. Additional nights at Snowmass are an option **based on availability**. Trip insurance is available through Encompasse Tours and is [highly recommended](#). ([Trail information](#).)

**The basic package at \$1,820 includes a 5 day Senior lift pass for skiers 65 and over. Skiers under 65 will have to add \$81.00.**

#### Costs:

Basic Snowmass Package (65 and older)

Under 65

Single Supplement (1 person **only** in a room)

Extra hotel night (**pending availability**)

Non-skiers

Extra ski days (65 and older)

Under 65

Optional roundtrip air to Denver available

#### Price

\$1,820

add \$ 81

add \$1,218

add \$ 328 per room per night

deduct \$ 250

add \$ 82 for a **6 day Senior pass**

add \$ 150 for a **7 day Senior pass**

add \$ 196 for a **6 day Adult pass**

\$ 481 plus shuttle \$121

#### Payment Schedule

\$300 deposit is due June 15th.

Second payment of \$750 is due **August 15th**.

Final payment is due **September 15th**.

#### Planned Events

PVS Welcome Reception

BRSC Welcome Party

NASTAR Race

BRSC Après Ski Party

BRSC Farewell Dinner & Dance

#### To sign up please send:

(1) [Application form](#) -- one per person or one per couple residing at the same address

(2) [Deposit of \\$300 per person](#) and/or your [payment due](#), and

(3) [Signed Waiver of Liability Agreement](#) by each party taking the trip

Checks should be made out to **Kathy Lake** and mailed to 11677 Fox Glen Drive, Oakton VA 22124

(Write [PVS Snowmass 2020](#) on the check memo line).

Kathy and Barry Lake are the trip leaders. For more information, feel free to contact us at

703-625-2715 or [kathylakehomes@yahoo.com](mailto:kathylakehomes@yahoo.com) ([Application](#) and [Waiver](#))



## Asiafest with the Blue Ridge Ski Council and Pentagon Ski Club Base Trip - Feb 21-29, 2020 - \$3500.00

Inge Lesjak has signed up for this trip with Pentagon Ski Club and would like to encourage other members of PVS to join her in this adventure to Japan. As a current member of PVS you may sign up for trips with other BRSC clubs. This is an opportunity to experience the Japanese culture while enjoying some fantastic skiing. While you have to sign up with Pentagon on your own, Inge can coordinate activities with PVS members.

### **Base Trip to Hakuba Ski Area - Japanese Alps**

includes:

- Round-trip air transportation between Washington Dulles and Tokyo via ANA non-stop flights
- Meet & Greet at Tokyo Airport with local representative
- Transfer between Tokyo Airport and Hakuba via private coach with English speaking assistant
- Luggage transfer between Tokyo Airport and Hakuba Hotel
- 6 nights accommodation at [Mominoki Hotel](#)
- Late dinner at hotel on the evening of arrival
- Welcome reception at the hotel
- Daily full hot and cold breakfast buffet
- Dinner for 3 evenings during the week at the hotel
- Special Ezura Goryu Drumming and Dinner Show, including transportation
- Mid-week Apres-Ski Party
- Farewell Party, including a buffet dinner and DJ entertainment
- Complimentary mountain escort for 3 hours on the first day of skiing
- Complimentary local guide at the hotel each evening to assist with day tours
- Optional day tours from Hakuba include Matsumoto Castle, Nagano Temple and Olympic Village, Saki Brewery, Snow Monkeys, and much more
- Transfer between Nagano and Tokyo via bullet train
- 1 night accommodation and breakfast at the [Grand Takanawa Hotel Tokyo](#)
- Transfer between hotel and Tokyo airport via private coach with English speaking assistant

There is also a pre trip to Niseko and a post trip to Tokyo and Kyoto.

You can download the [Pentagon trip flier](#):



Let Inge know if you sign up for this trip. She will be the PVS Coordinator.

Inge Lesjak cell: 703-869-7248. Email: [lesjak.inge@gmail.com](mailto:lesjak.inge@gmail.com) Cell: To sign up for this trip with Pentagon Ski Club you must be a current member of PVS.



***PARK CITY – DEER VALLEY, March 7-14, 2020***



**Park City and Deer Valley are premier ski destinations. We invite PVS skiers and their friends to a unique PVS Park City – Deer Valley trip.**

**PARK CITY** has varied terrain for all skiers. It has 348 trails, close to half of which are suited for intermediate skiers, 13 bowls and a 3,200-foot vertical drop with advanced and expert terrain. It now incorporates the Canyons ski area. *Park City has broad skiing opportunities for everybody.* **Known for its upscale amenities, including fine mountain dining and shopping,**

**DEER VALLEY** claims to be the nation's premier ski resort. It has an uphill lift capacity of 50,470 skiers per hour. Notably, *Deer Valley does not allow snowboards* and limits ticket sales to prevent overcrowding.

**PARK CITY's Main Street is on the National Register of Historic Places and is home to dozens of fine restaurants, bars, unique shopping experiences and art galleries.**

**TRIP INCLUSIONS:**

- **Seven nights at the Peaks Hotel Park City (two to a room), including lodging taxes and baggage handling. *The Peaks is a full-service hotel with pools, a sauna, fitness center and ski storage.***
- **Daily breakfasts.**
- **Welcoming dinner – Saturday, March 7<sup>th</sup>.**
- **Departing dinner – Friday, March 13<sup>th</sup>.**
- **At least 3 Après Ski events.**

**SLOPES TRANSPORTATION:** A City ski bus stops 21 steps from the hotel entrance. Busses come every 20 minutes. Also, the Peaks has a private Park City shuttle every hour on the hour and a Deer Valley shuttle every hour on the half hour.

**AIR:** Because of different travel and payment preferences, we do not include air transportation and airport shuttles. Doug Horstman of [Encompasse Tours](#) recommends [Canyon Transportation](#), which can be booked online, for transportation between the airport and hotel.

**LIFT TICKETS:** Trip participants may want to ski four days at Park City and two at Deer Valley, but they can vary lift ticket purchases to meet preferences. Lift ticket prices vary with skier ages, the number of ski days purchased areas, ski pass arrangements and the like. There are ski area discounts for 20 tickets, which need not necessarily be for the same day or person. Doug Horstman will package participants' lift tickets for convenience and to obtain the best available prices. We shall charge separately for ski lift tickets when they are purchased closer to the trip.

**SIGN-UPS:** The trip should be during a good ski weather week. We shall try to maximize trip cohesion and provide for coordinated group-member skiing, good restaurants and other desired, joint activities. Prices for included items - \$1,260 per person (single hotel room use supplement additional \$930), \$550 due now.

***ADDITIONAL PARTICIPANTS MUST LET US KNOW BY OCTOBER 22<sup>nd</sup> SO THAT WE CAN ASSURE ROOM AVAILABILITY. ANY WHO CANNOT DECIDE BUT HAVE INTEREST, PLEASE LET US KNOW SO THAT WE CAN ATTEMPT TO MAKE ARRANGEMENTS.***

For answers to questions, additional payment information and trip details, please contact us ([rcjablon@aol.com](mailto:rcjablon@aol.com); [robert.jablon@spiegelmc.com](mailto:robert.jablon@spiegelmc.com)) and see [Application Form](#) and [Waiver](#).

**BOB AND CARA**

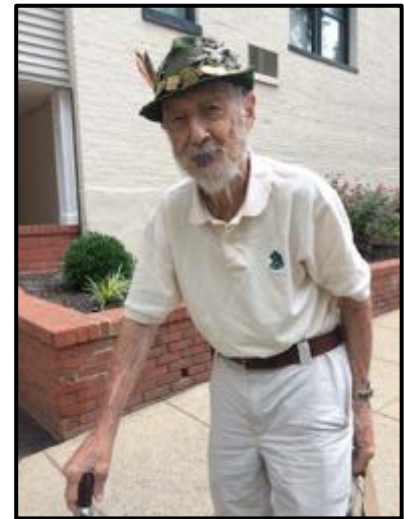
## *Take a Look...*

### **Peter Russell**

*Bon Vivant, Military Man, Raconteur, World Traveler, Smooth Skier, Debonair - just a few colorful adjectives to describe our long-time ski club member, Peter Russell, who turns 100 on October 11, 2019.*

#### ***A Short History to Begin***

Peter Talbot Russell was born to mother Dorothy Kendall and father Clinton Russell on October 11, 1919 in San Diego, California. He was an Army brat. Peter married Nancy Forsythe in 1948 and had two children, Peter and David. He lost his wife in 1996.



#### ***You're In the Army Now***

Peter attended the United States Military Academy (West Point) between 1938 and 1942. Upon graduation, he served with the Allied Forces Headquarters in North Africa and Italy with the 1st Armored Division from Anzio to the Alps. During his 30-year military career, he also served in Germany, France, Portugal, Vietnam, and Thailand.

Highlights:

- Staff and faculty of the Army War College
- Executive and Chief of Army Assistance for Portugal
- Member of the Country Team of Ambassadors Elbrick and Anderson
- Senior Advisor to the Regional Forces and Popular Forces for all South Vietnam
- Chief of Military Assistance to Laos
- Member of the Country Team of Ambassadors Sullivan and Godley.

NOTE: At a recent West Point reunion, Peter was the lone survivor of the Class of 1942

#### ***How Peter Met Nancy***

After WWII, Peter stayed with his division and was sent to Fulda, Germany, as part of the occupation force. An old friend was there, recently married to a woman named Margaret. When she got permission to come over from the states, Peter was invited to dinner and befriended the wife as well. Upon his return to the states (Fort Knox), Peter went to the officers' club and came upon Margaret's sister! This was Nancy, who liked Peter immediately upon learning of the family connection. The story went on from there!

#### ***The Good Life in Portugal***

Peter loved living in Portugal for four happy years with his wife Nancy. His father was a general in the Army at the Pentagon. Peter had a chance for an assignment to gain more stars, but extended his tour in Portugal to please his wife. He claims there are no regrets - he had more fun! His stepfather, an assistant minister at the embassy, introduced the couple to numerous levels of society, leading to playing golf with the Count of Barcelona, joining an equestrian group and enjoying dinner with the King of Spain and ex-King of Italy.



#### ***The Equestrian Life***

Peter was assigned to the staff and faculty in Carlisle, PA, and was there for four years. Both he and his wife, Nancy, were "Army brats" so had ridden horses through the years. He also had been part of a cavalry unit. Peter requisitioned a barn for use as a stable. He contacted private girl schools (which featured horseback

riding) to offer care for the horses during times the girls were not riding. Thus, many on base had possibilities to ride if they fed, exercised, trained and cared for the horses – a “win-win” for all!

### ***Slope Stories***

Peter was a member of Capital Golden Skiers, the club that eventually joined with Potomac Valley Skiers. Peter went along for the (sleigh) ride! He skied beautifully, going on trips until about 2017. His Tyrolean style cap holds numerous “location pins” of fabulous ski and other mountain areas visited.....



On one occasion, he was the national NASTAR champion of the 90+ age group.....being the only person in the competition! He suggested that he receive the gold, silver, and bronze medals, but obliged gracefully when he was told NO..... He is well known at Snowmass for receiving free restaurant meals at one of the top-of-the-mountain restaurants because of his charm – and possibly his age? ...He survived a crash in Vail (which had the #2 rated orthopedic hospital in the USA), and broke his hip. He still has three 4-inch screws which, he says, are holding him together!



### **Peter's Quotes**

“In spite of all my bragging, I’m really a modest man.”

“The secret of a long life is wine, women, and song!”

“If you can do without, do without.”

(In answer to how he deals with severe pain, still with him after a recent fall. He doesn't take opioids, just extra strength Tylenol.)



### ***The Amazing Mazda Miata***

Peter loved his Miata sports car and once used it to drive from Washington to Vail, Colorado, for a ski trip, prior to going on to New Mexico. He admits that it was a bit cold (Brrr!). He didn't comment on the slips and slides over the mountains, but hasn't done it since.... He recently transferred the car to his son, finding it a bit difficult to get out of the Miata once he got in!

### ***Don't Forget Your Visa!***

Travel adventures have always called to Peter – he has been to Russia five times, recently to the Baltics, including Kaliningrad (owned by Russia), Sicily, and Malta. He tends to visit military museums to check on history of the country he visits. He also likes to go by bus or train in order to meet the people in that country. When on a trip to Belgrade via Kosovo, he was stopped at the border because his visa had expired (he had met a friend and stayed longer in another city). He had to turn back and get to Belgrade another way. The guards had empathy. They got a private car coming through the border to drive him! However, the same thing happened on his way to St. Petersburg, Russia, on a night bus. The border control this time let him in with a promise that he would get a visa the next day (which he did). Nice people are everywhere! From time to time, Peter will show his Italian knife. With about a 4-inch blade, it is allowed to be carried on planes in most places in Europe. Another interesting feature is a 2-pronged end of one blade. It is to be used to spear olives!

### ***How Do You Do It?***

Asked about watching his diet, Peter said he doesn't! He attributes his being slim to family traits, since no one in his family is overweight. Lucky family!

### ***Now That I've Retired***

Upon retirement from the Army, Peter worked in Brazil for two years as Country Director for the International Executive Corps (IESC), directing all aspects of major consulting programs.

Peter moved to Washington DC in 1977. He took up sailing, and in the summer of 1997 he solo sailed down the Potomac River and sailed the Chesapeake Bay. In his late 80s he joined the ski club, made new friends, and took up ski racing. He is a long time, member of the Chevy Chase Club and has sort of considered taking up golf, as he sits on the veranda, sipping his cocktail, and smiling at the exertions of those swinging on the tees! He travels to Silver City, New Mexico, to spend Thanksgiving with family there. He enjoys visiting with friends and enjoying the many activities available in the Washington area.

### ***My Take***

After interviewing Peter, and hearing his stories, the following pretty well sums up my thoughts:

"Peter has 'run with the swells', 'dug with the diggers',  
Commanded men at war, and drank with the 'swiggers.'  
He carries his 100 years with grace; stands tall as a man,  
I, among many, am a diehard fan!

- -- *Marianne Sponis*



# Members' Corner

By J. David Warthen, Jr.  
[dwarthen@verizon.net](mailto:dwarthen@verizon.net)



**PVS Biennial Dues Cycle** - July 1, 2019-June 30, 2021. I thank the 108 PVS Members who have renewed their membership for 2019-2021. It is hoped that the remaining 20 non-responsive members will decide to renew their membership in October. You will be receiving an electronic '90-DAY DUES-IN-ARREARS-NOTICE' today; the grace period for the payment of 2019-2021 dues ends on October 31, after which you will be removed from PVS Membership

As with every dues-renewal period, membership tends to decrease because of moves, hanging up one's skis, etc. Therefore, it is important for you to identify possible candidates for PVS Membership, and notify me. I can then get new Member Applications in their hands as quickly as possible. Word of mouth has always been the most successful method of increasing our membership.

## **TOOT Distribution to 128 Members:**

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**Roster Changes:** ([dwarthen409@gmail.com](mailto:dwarthen409@gmail.com))



## **OCTOBER**

[Where to ski in October and November.](#)

Killington, Vermont

Arapahoe Basin, Colorado

Keystone, Colorado

Snowbird, Utah

Mammoth Mountain, California

Revelstoke, British Columbia

Ski season is just about to arrive, and it is a good time to begin planning for those ski trips. Make those deposits, and get your ski gear ready for action. See the 2020 ski trip flyers in this TOOT; dates posted on the last page.



**For more information about ski trips, see the following direct links:**

January 25-February 1, 2020 (PVS)  
[Aspen/Snowmass](#), Colorado

February 21-29, 2020  
[AsiaFest](#) with BRSC & PSC

March 7-14, 2020 (PVS)  
[Park City – Deer Valley](#), Utah



**PVS October Calendar 2019**

Thursday, October 3, 2019 - Boat Trip on Anacostia, Soponis, DC, at 10:00am  
 Saturday, October 12, 2019 - Monthly Meeting, Nossuli, Potomac, MD at 2:00pm  
 Sunday, November 10, 2019 - Monthly Meeting, Gibson, Potomac, MD at 2:00pm  
 Tuesday, December 10, 2019 - Monthly Meeting/Holiday Party, Hotalings, Arlington VA  
 at 7:30pm



**PVS Ski Trips 2020:**



January 25 - February 1, 2020  
**Snowmass, CO** (Kathy & Barry Lake)  
 March 7-14, 2020  
**Park City - Deer Valley, UT**  
 (Bob & Cara Jablon)

**Useful Ski "Links"**  
[Potomac Valley Skiers](#)  
[BRSC Sanctioned Trips](#)  
[DC Ski Online News](#)  
[Best of Times Ski Club](#)

February 21-29, 2020 (base trip)  
 with BRSC & Pentagon Ski Club  
[AsiaFest](#), Japan (Inge Lesjak)

**ExCom**

<b>Officers:</b>	<b>Chairpersons:</b>
President - <i>Tom Tycz</i> V. President - <i>Kal Nossuli</i> Secretary - <i>Ellie Thayer</i> Treasurer - <i>Dick Schwartzbard</i> Ex Officio - <i>Bob Jablon</i>	Ski Trip Committee - <i>Rosemary Schwartzbard</i> Events - <i>Nancy McKinley &amp; Marianne Soponis</i> Membership Records - <i>Dave Warthen</i> Membership PR Reps - <i>Inge Lesjak &amp; Marianne Soponis</i>
<b>Board Members:</b> First Term: <i>Jannes Gibson</i> <i>Jan Marx</i> <i>Mary Rose Valladares</i>	TOOT Coordinator - <i>Ellie Thayer</i> TOOT Layout Editors - <i>Jan Marx, Kerry Hines &amp; Dave Warthen</i> TOOT (E-Distribution) - <i>Dave Warthen</i> TOOT (USPS Distribution) - <i>June Read</i>
Second Term: <i>Melissa FitzGerald</i> <i>John Holt</i> <i>Barry Lake</i>	Webmaster - <i>Mary Ellena Ward</i> Meeting Records - <i>Sue Lyon</i> Historian - <i>Jan Marx</i>

**Reminder:** It is club policy that contact information in the club's roster not be used for promoting personal business, for advertising, or for personal financial gain without the advance permission of the individual member to be contacted. Membership contact information shall not be distributed outside PVS.