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*Potomac Valley Skiers, Inc.*  
WASHINGTON MARYLAND VIRGINIA

March 2013

[www.pvskiers.org](http://www.pvskiers.org)

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### President's Message:

I have almost re-immersed myself in normal life after a wonderful PVS trip to Steamboat – my body is in DC, but my head is still thinking mountains. We had good snow, and I had six intense days of skiing, mostly with the Over the Hill Gang guides. This free guide service is run by a local organization comprised primarily of skiers who have retired to Steamboat and live there either part or full-time. The guides are accomplished skiers who are very knowledgeable about the mountain, and often take their groups places that one would not otherwise find, or that should only be skied with a guide. In Steamboat, for the more advanced (or “crazy,” depending on your point of view) skiers, this means primarily tree skiing. There is also an intermediate group that skis blues and groomed blacks.

As people who have skied with me know, I like the bumps. I have a somewhat anxiety-laden approach to skiing in the woods. However, the guides all assured me that they had not lost anyone yet in the trees. By and large, with a few exceptions, our tree runs were fairly mellow – not too steep, and with some amazing open spaces in the woods. I also had my fair share of bump runs over the course of the week. All in all, a good week of skiing.

There are a number of other ski areas that offer a free guide service. The last time I was at Deer Valley, there was such a service. For those PVS members who are going on the Canyons trip, and plan to ski a day at Deer Valley, check out the guided group. It's a good way to get an overview of the mountain, and enjoy a day skiing with people of the same ability level.

Turning back to home, there is always much to take care of after being away for a week, and life seems to become complicated and busy in general. However, Bob and I usually like to take some time, particularly on a Sunday afternoon, to visit one of the many museums in DC. If you have some free time, and the snow does not beckon, I have some suggestions for a Sunday (or another day) in DC. Sunday has the advantage of free street parking in the District – if you are willing to walk a few blocks, it is usually possible to find a parking spot.

Visit the National Portrait Gallery and the associated American Art Museum – if possible, go on a

document-led tour of the Portrait Gallery. The building itself is quite interesting, and has a beautiful enclosed courtyard with a restaurant for lunch. Apart from the portraits of the presidents, there are many wonderful portraits of historical figures and contemporary celebrities. There are many good restaurants not far from the Portrait Gallery; we particularly like Ceiba (701 14<sup>th</sup> Street, N.W.), Zaytinya (701 9<sup>th</sup> St., N.W.), and Rosa Mexicana (575 7<sup>th</sup> St., N.W.); also has a branch in Friendship Heights at 5225 Wisconsin Ave., N.W.).

Another museum option is the Phillips Gallery – not far from Dupont Circle. I always enjoy seeing Renoir's “The Boating Party,” and the very lovely permanent collection. The Phillips almost always has an interesting temporary exhibit as well. You may have time to see the Corcoran Gallery or the Renwick on the same afternoon. Near Dupont Circle is a very good Russian Restaurant (Russia House, 1800 Connecticut Ave.), where you can sample some of the many high-quality vodkas that you don't typically find outside of Russia, as well as some of the classic Russian dishes such as Chicken Kiev.

***Continued on page 2***

### *March Monthly Meeting*

Tuesday, March 19

7:30 PM

at

**Louann and Bob Eadie's home**

**2054 Eakins Ct**

**Reston, VA 20191**



**703 - 860 - 0318**

***-Directions on p 2***

**President's Message continued:**

There is also a good fish restaurant called "Pesce" on P Street (2002 P St., N.W.). Other restaurants that we like in the Dupont Circle area are Firefly (1310 New Hampshire Ave., N.W.), Floriana (1602 17<sup>th</sup> St., N.W.), Hank's Oyster Bar (1624 Q Street, N.W.) and Lauriol Plaza (1835 18<sup>th</sup> Street, N.W.).

We often will go to the National Gallery of Art – in an afternoon, of course, you can only see a small part of the museum. On a recent visit, we saw a wonderful exhibit of American furniture (a small collection compared to the one at the Metropolitan Museum in New York) and Michelangelo's David Apollo (visiting from Italy). We were fortunate to arrive in time for an excellent docent tour of some of the museum's highlights.

One Sunday, we did a walking "tourist" tour of the Lincoln Memorial, the World War II Memorial, the

Vietnam War Memorial, and the Martin Luther King Memorial. The FDR Memorial is not far away from the MLK Memorial, and can easily be included in this tour. I had not been to the Lincoln Memorial for many years, and had not previously seen either the World War II Memorial or the MLK Memorial. We live in a very impressive city with many superb monuments, museums, attractions, and cultural events; we certainly do not take advantage of all that the city has to offer, and need to spend more time "seeing the sights."

I wish you many enjoyable Sunday afternoons enjoying our wonderful city when you are not out on the snow-covered slopes.

Cara Jablon



Tuesday, March 19, 7:30 PM  
Louann and Bob Eadie,  
2054 Eakins Ct  
Reston, VA 20191  
703-860-0318

**Directions:**

**From the Beltway (495)** Take the Toll Road (Rte. 267) towards Dulles Airport (West) (\$.75 toll at Tyson's Corner to get onto toll road). Take Exit 13 Wiehle Avenue (exit after Hunter Mill Rd) (\$.25 exit toll) and go up to the exit ramp light in the middle lane. Turn LEFT onto Wiehle Avenue and get into the right lane. Wiehle Ave. ends at Sunrise Valley Drive. Turn RIGHT onto Sunrise Valley Drive and get into the left lane. At the next light, turn LEFT onto Soapstone Drive. Go up 2 streets on the left (first is Durand and the second is Purple Beech Drive). Turn LEFT onto Purple Beech Drive. The first right is Eakins Court (Eadie's on Eakins), but it is a cul de sac and there isn't much parking. Please park along Purple Beech. Our house is straight ahead with the green mailbox.....2054. Looking forward to seeing you all.



## Coming Event

Join PVS for the  
Eclipse Chamber  
Orchestra's concert  
Sunday, April 21  
at 3:00pm



In its 21st season of world-class performances, Eclipse Chamber Orchestra offers audiences an eclectic pastiche of music. Once again the critically acclaimed ensemble, composed of musicians from the National Symphony Orchestra, will play its subscription season at the **George Washington Masonic Temple in Old Town Alexandria, VA**, one of the D.C. area's most intimate concert venues. Please join PVS to enjoy the upcoming concert.

[www.eclipseco.org](http://www.eclipseco.org)

**SUNDAY, APRIL 21, 2013 at 3 PM**

### **David Teie, Conductor**

Wolfgang Amadeus Mozart: Overture to Lucio Silla

Mozart: Sinfonia Concertante

*Joel Fuller, violin*

*Mahoko Eguchi, viola*

Mozart: Posthorn Serenade

A reception follows the concert in the Great Hall.

Price - Seniors - \$20; Others - \$25. Tickets purchased at the door.

Please RSVP to Ray and Nancy McKinley at 703 527 7216 or at [raymckin@gmail.com](mailto:raymckin@gmail.com) by April 20 to let us know you're coming.

We'll see you there!

# SKI TALK

March 2013



As you read this a group of PVSers are in Chamonix, France. The snow conditions are excellent in the French Alps this year. You will read elsewhere in the TOOT about the Steamboat trip, which was outstanding – except for my injury. We still have the Canyons trip to look forward to in late March.

Our Ski Trip Committee (STC) is ready to accept proposals for the 2014 ski season. Members of the STC are: Rosemary Schwartzbard, Chair; Polli Brunelli, Liz Warren-Boulton, David Lerner and Eloise Strand.

We look forward to hearing from you and receiving proposals for 2014. The BRSC trips for 2014 are Vail early February and Cortina, Italy in March. The timeline for proposals is as follows: preliminary proposals are due by early March; full proposals are due by late April to be presented to ExCom at the May meeting. This does not mean that all details have to be worked out by that time. The approved trips will be published in the June TOOT. Please send questions, ideas and/or proposals to me.

Rosemary Schwartzbard  
rosemaryschw@gmail.com



## **Local Skiing**

When weather permits, impromptu weekday ski trips may be organized to Whitetail, 90-minute drive, or Ski Liberty, 60 minute drive. Typically we arrive at the ski resorts around 11:00 am and ski till 3:00 pm to avoid traffic. Contact John Smith, 301-299-8376 h, 301-461-2143 c, [johnhsmith@juno.com](mailto:johnhsmith@juno.com)



## **UPDATE**

Former member and long time PVS trip leader, Jack Peoples, dropped out of PVS when he developed Alzheimer's Disease. He was then living with his daughter, Sharon, in Crisfield, on the eastern shore. This past summer he had a hard fall and hit his head. He developed bleeding in his brain, and it left him a paraplegic. He is now in a nursing home in Crisfield.

Submitted by Sara and Charles Huggins



## ***Potomac Valley Skiers Trip to the Canyons Resort in Utah***

**Sunday to Sunday, March 17-24, 2013**

**Trip leaders: Liz Warren-Boulton and Reg Heitchue**

We will stay at the elegant Canyons Grand Summit Hotel (<http://www.canyonsresort.com/grandhome.html>) with ski-in and ski-out access located in the center of the Canyons Resort in Utah. The hotel's condominium suites provide complete kitchen and living room amenities with two bedrooms that accommodate two people in each.



**Package price of \$1,980 (based on a group size of 20 to 24 people) includes:**

Roundtrip air from Dulles on United Airlines (subject to change)

Roundtrip group charter bus Salt Lake City to the hotel

7 nights lodging in double occupancy bedroom suites

Welcome party provided by the hotel; private mountain tour

Pre- and post-trip party; après ski parties

(Land package only \$1,388; single supplement \$1,259)

Discounted group lift tickets are additional and will be available at great prices.

**The Canyons Ski Resort:**

The Canyons (40 minutes from the Salt Lake Airport) has recently been described as “the new big kid in Park City.” Since 1997 the Canyons has developed and expanded into Utah's largest ski and snowboard resort and the 5th largest resort in the United States. The resort encompasses eight separate peaks over a span of 3.5 miles and provides a 3,190 foot vertical drop; peak altitude 9,990 feet; and base altitude 6,800 feet. There is plenty of superb skiing for everyone at all levels. Start the day on the Orange Bubble Express, a high-speed quad with enclosed cabins and heated seats – what a treat. We also plan a ski day in fabulous Deer Valley (7 miles away) and another in Park City (4 miles).

A few paces from the hotel are fun après ski venues as well as a group of fine restaurants including award winning “The Farm” as well as several great on-mountain lunch cafeterias and restaurants. For those who don't ski (and those who do) the Canyons Spa and Health Club located in our hotel offers a wide range of rejuvenating therapies. The historic and charming mountain town of Park City is a short complimentary bus or van ride away where many beautiful art galleries, boutiques, and fine cafes and restaurants await your attention.

**Contact Liz at [elizawb@gmail.com](mailto:elizawb@gmail.com) or Reg at [heitchu@yahoo.com](mailto:heitchu@yahoo.com) .**

For further information, see July '12 TOOT.

## Past Event



# Steamboat Springs



A hearty band of 15 of us represented PVS, arriving in Steamboat Springs, Colorado, on February 2, and joined 275 other BRSC members. We were greeted by clear blue skies and a 50" snow base on the mountain.

The Steamboat Grand hotel continues to be as beautiful as ever, with great customer service ... and the hot tub is to die for with powerful jets and curb-side cocktail service to soothe the sore muscles. It doesn't get much better than this. John Holt was a regular and can attest to its medicinal purposes.



After an enjoyable first day of skiing under the vivid blue Colorado sky, John Lyon and John Holt hosted a gathering of Super Bowl fans. Although it was a battle to the finish, there was a great deal of laughter and good sportsmanship among the PVSers ... and Nancy Cammarata provided some great play-by-play commentary.

On Monday night the 290 members of BRSC gathered for a delicious Western style buffet dinner in the ballroom of the Steamboat Grand Hotel. The PVS Club and the Capital Golden Skiers shared three tables and had a great time exchanging tales of their skiing exploits during the first two days. Billy Kid, the famous Olympian, gave an inspiring presentation and set the stage for Tuesday's Nastar Race.

John Holt, Rosemary Schwartzbard, and Cara Jablon participated in the Nastar Race. Billy Kid gave Rosemary personal instruction, which must have contributed to her racing technique, and Cara made the PVS club proud with her speed. The racing awards were presented at a BRSC reception held at the top of the Gondola. Both Rosemary and Cara were proud recipients of Bronze Medals. Everyone cheered as John Holt "pinned" Rosemary and Cara.

In the meantime, David and Susan Payne were innocently eating lunch at Ragnar's Restaurant on the mountain that same afternoon when they were approached to star in a photo shoot for Colorado Life Magazine. If nothing more comes of it, they received a free platter of appetizers.

On Wednesday night the PVS group had dinner at Bistro CV in downtown Steamboat Springs. John and John out did themselves arranging for a gourmet meal while we watched a beautiful evening snow fall.

Nancy McKinley brought along her long-time friend, Sharon Kenney who lives in the Denver area, for the week. Sharon enjoyed snowmobiling, and she and Lee Mahallati were "mushers" for a day on an adventurous dog sledding tour. They both fell in love with the lead dog "Concrete."





Nancy McKinley and Sharon joined in on the gourmet snowshoe tour, and Susan Payne spent a happy day on cross country skis.



This trip was Kal Nossuli's first experience at Steamboat. He explored the entire mountain and had fun skiing with several different members of the club. Kal also joined Bob Jablon and Nancy McKinley in taking advantage of Steamboat's Ski School.

Sal Mahallati had a great achievement getting back on skis, and he said it was a "miracle" when he skied down the hill in a white-out. Go Sal!!



On the fifth day of skiing Rosemary Schwartzbard was struck by a snowboarder. She took a tumble that resulted in a fractured pelvis and will be on crutches for a couple of weeks. Fortunately she will not need surgery and enjoyed riding down the hill on a snow mobile with a handsome member of the Ski Patrol. Despite her injury Rosemary did not miss a beat and continued to join everyone in the balance of the week's activities.

Everyone wishes Rosemary a quick recovery. Dick Schwartzbard took great care of Rosemary following her injury, and will be chief cook and bottle washer for a few weeks. PVS members are urged to e-mail simple recipes to Dick and upcoming wheelchair racing events to Rosemary.

The final BRSC group event was a dinner dance featuring yet another wonderful buffet dinner that included Colorado trout. John Holt and Marianne Gustafson showed everyone their great dancing skills.

The entire group extends a heartfelt thanks to John and John, our trip leaders, for organizing, leading, entertaining, and otherwise providing us with a great week of skiing and pleasure.

*Submitted by Susan Payne*



# February Meeting



Liz Warren-Boulton graciously hosted two separate PVS events at her home in northwest Washington on February 17. At 2 PM, participants on the Chamonix trip gathered to get final paperwork and instructions from trip leader Dick Comerford. By 3 PM, even before the Chamonix briefing finished, PVS members were arriving for the February meeting.

Twenty-five PVS regulars were joined by 3 guests for the meeting and refreshments. Two of the guests were members of the Capital Golden Skiers, who exchanged information on club activities and plans with interested PVSers.

Cara Jablon presided over a short but fact-filled meeting at which Ray McKinley presented a wide range of upcoming PVS spring activities and John Smith described some successful local ski trips, though this has been another unpredictable year for snow. Trip committee chair, Rosemary Schwartzbard, who arrived on crutches (a fall at Steamboat left her with a hairline fracture), reported that ExCom has already approved a Snowmass trip for next year.

Liz provided a wide selection of tasty treats, such as prosciutto and cheese rolls, spinach puffs, small pizzas, several varieties of cheese and delicious rolls to put them on. For beer lovers both German and Japanese beers were on ice, plus plenty of wine and soda. After the meeting guests could choose from several delicious cakes.

*Submitted by Bob Knopes*





## Profiles



Presented here are profiles of those members nominated for election in April:

### *Nominating Committee Report for PVS Officers (2013 – 2014)*

|   |  |
|---|--|
| <p>Candidates for PVS <b>Officers</b> &amp; <b>Board Members</b> for 2013-2014</p> <p><b>President:</b> Nancy <b>McKinley</b><br/><b>Vice President:</b> John <b>Holt</b></p> <p><b>ExCom:</b> Jane <b>Dealy</b><br/><b>ExCom:</b> Bob <b>Knopes</b><br/><b>ExCom:</b> Maryann <b>Rozzell</b></p> <p>Additional nominations may be made by the signatures of any five active members in good standing and must be presented at a business meeting at least one month prior to the election which will be held on April 16, 2013</p> | <p>Submitted by the Nominating Committee:</p> <p>Dave <b>DeVilbiss</b> (Chair)</p> <p>John <b>Brunelli</b></p> <p>Jan <b>Marx</b></p> <p>Dick <b>Schwartzbard</b></p> <p>Ellie <b>Thayer</b></p> <p>Serge <b>Triau</b></p> |
|---|--|

### **Nancy McKinley – Candidate for President**

Nancy McKinley was raised in southern New Jersey where the skiing is challenging. Not that kind of challenging! “How many times can you ski down into a man-made hole in the ground dabbled with artificial snow?” Nancy has one daughter, married to an Englishman, and one adorable granddaughter.

Having never been west of Ohio, Nancy transplanted herself in 1981 to Okinawa, which became a jumping off point for travel around the Far East. (“The skiing was lousy.”) While there she taught English as all good expats do and completed her bachelor’s degree in Management at the University of Maryland in Tokyo. Then on to northern Germany for a two-year stint and lots of travel in Europe with ski trips in northern Germany (“a lot like Round Top, only smaller”) and Zermatt.

Nancy moved to DC in 1985 and completed a Master’s degree in Human Resources at George Washington University and recently retired from her most recent position as Vice President of Human Resources at Learning Tree International where she was able to do some business traveling adding to what is now a list of 70 countries visited. Nancy read about PVS in the Washington Post article in 1990 and was surprised to learn Ray was part of that august group when she met him in June of that year. Nancy has been a member of PVS ExCom and was President of PVS from 1999 to 2001.

Low altitude issues aside, Whistler/Blackcomb tops the list of favorite ski areas but “there are so many places and so little time!” After 30+ years of (“perennially intermediate”) skiing, Nancy looks forward to many more years of skiing and socializing with PVS.

## **John Holt – Candidate for Vice President**

John was born in Washington DC. He graduated from the University of Maryland with a BS in Mechanical Engineering followed by two years of graduate school in Nuclear Engineering. John worked for 35 years for the US government – Corps of Engineers and Rural Electrification Administration - where he was the Nuclear Staff Advisor, Chief of Power Plants and Deputy Director of Power Supply. He retired in 1993 and went to work for the National Rural Electric Cooperative Association, a trade association for rural electric cooperatives, where he was Senior Manager of Generation until he retired on April 6, 2012. On April 9, he re-joined that Association as a consultant.

John joined the Ski Club of Washington DC in 1971 as a novice skier and was a member of SCWDC for 24 years. He was a board member, program chairperson for several different programs, led many trips to Europe and Western US as well as Eastern “Learn to Ski” weeks. He met his wife Barbara in the Ski Club and they have three children. Barbara and John were in a German Dance Group for about 10 years and performed at one of PVS’s Oktoberfest parties. They applied for membership in PVS three years ago and John has been on four ski trips with PVS since then. He was a trip leader on the January 2013 PVS trip to Steamboat Springs. John recently served on ExCom.

## **Bob Knopes – Candidate for ExCom**

A native of Wisconsin, where the highest peak is about 700 feet, Bob came to skiing late. In the midst of a foreign service career concentrating on Asia, Bob took an assignment as cultural attaché in Rome and learned to ski in Cervinia in the Italian Alps. From Rome he returned to Asia, serving in Beijing, Taiwan, and Hong Kong, skiing in the mountains of Hokkaido in northern Japan whenever possible. Bob has been a member of PVS for almost 20 years enjoying great ski trips, PVS parties, and many new friendships. He has served as vice president of the club and as a member of ExCom. He looks forward to being part of ExCom once again.

## **Jane Dealy – Candidate for ExCom**

My trip to Snowmass (2012) broke the hiatus of having not skiing for 20 years. Previously I had skied probably 15 times out west - Colorado, Idaho, Utah, but mostly Colorado. I am single with three grown sons and seven grandchildren. After 30 years with a management consulting firm, I retired only to retire to a less stressful job working for The ALS (Amyotrophic Lateral Sclerosis) Association <<http://www.alsa.org/>> four days a week. I belong to a book club, play bridge, exercise daily and am very active in my church.

## **Maryann Rozzell – Candidate for ExCom**

Look for Maryann’s profile in the April TOOT.



## **More Profiles:**

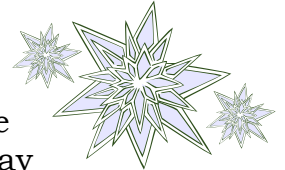
These five applicant members are qualified to be voted into PVS at our April meeting.

Membership rules state:

*In April of each year, qualified applicant members are voted on by the active membership. Any applicant member receiving five or more negative votes will not be granted active membership in the club and will be dropped as an applicant member.*

### **Marna Blanchette – Applicant Member**

I learned to ski as a child after my parents started skiing. As a family, we would go to the Laurentians, Canada, for ski weeks, not every year, and day trips in New England. I met my husband at a ski club meeting, and we skied until he hurt his knees on a trip to Chamonix, France. We had two children who never learned to ski. Our son is married, no children, & our daughter is single. Both live away from the DC area.



Thirty years later, friends invited me to ski with them in California at Mammoth Mountain. I have been going there for ten years.

I live in Bethesda and look forward to skiing with the club. (Marna's sponsor is June Read.)

### **Joy and Steve Huffines – Applicant Members**

Joy grew up skiing in the Poconos and Alleghenies of PA, and the various resorts of NY, VT, NH and Canada. When she lived in Frankfurt, she continued skiing in Austria, Switzerland and Germany. Steven was introduced to the sport while he was stationed in Bavaria. They met in the resort town of Berchtesgaden. They kept in touch and, when they returned to the U.S., Steven ended up at NSA, which was near where Joy lived. They eventually married.

Skiing was their chief, winter recreation, particularly when it involved travelling. They belonged to a private travel club with its own large aircraft. Long weekend trips to Quebec became possible by zipping down to Page Terminal at Dulles for a 6 PM takeoff on Friday night, arriving at the Manoir St. Castin by about 9 PM just in time to have a glass of "moose juice" and hop on a ski-do for a quick twirl around the frozen Lac-Beauport. They would enjoy two days of wonderful skiing and be back in DC by 11 PM; revived and ready to tackle the world on Monday morning. They did this for longer trips to Sun Valley, Vail, Aspen, and Jackson Hole, also.



Skiing has been a big part of Joy and Steve's lives. Joy's former employment with Head Ski assured that they had the very best and latest gear. Their three now-grown children learned to ski in Davos as children, and continue to join them every year wherever there's any snow. They now also have the pleasure of a granddaughter who Joy and Steve predict will probably be in the Olympics when she grows up. They note that she didn't start until she was six, but is absolutely fearless and a speed demon, leaving most of the rest of them in her tracks. Joy and Steve have had a couple, delightful, ski houses over the years. One was in Jackson and the other at Hidden Valley, where the Schwartzbards also had a home.

Steve and son, Steven, go on a "guys only" trip to Keystone every year, and sometimes Joy tags along. Some ruptured vertebrae have kept Joy off the slopes lately, but she is not giving up hope.

Joy and Steve presently reside on the banks of Chase Creek, off the Severn in Annapolis, where Steven can always be found with a fly or fishing rod in his hand before he leaves for the office. Their other interests include gardening (a huge vegetable plot which feeds their family, their children's families, and neighbors), reading the latest novels at their beach house in Bethany, golf, tennis, bridge, keeping active in their community association, cooking with friends, and a weekly yoga class for Joy, which may help to get her back on skis. They are still active in the travel club and although it no longer operates its own aircraft, they have discovered the delights of cruising.

Joy and Steve enjoyed their trip to Andorra with PVS and look forward to enjoying more skiing with PVS in the coming years. (Joy and Steve's sponsor is Rosemary Schwartzbard.)

### **Kal Nossuli – Applicant Member**

To me, skiing is living on the edges, literally and figuratively.

Literally: Skiing with sharp edges gives me the control of the slide and makes this scrunchy noise of compacting the snow under the skis (or I can hear the scrunch of popcorn eaten at the movies...). On the slopes, I am the master of my moves: understanding the quadriceps muscles tensing, the knees holding, and the ankle at the right angle is like choreography. I achieve the speed of light.



Figuratively: skiing is living the instant. My work worries disappear from my horizon, the problems around me vanish, my past is gone, my future does not exist because I am too concentrated on sheer survival. I live my whole existence in this moment. I embody life in this second. I become the instinct of life.

Skiing is literally clinging to earth's gravity, but also plunging into its beauty. To see the immense white mountains, and to plow through virgin powder give me the experience of the first human being on earth. I am at its birth, just a second after the big bang. So I relish my limited life in this infinity, in time and space, and as a physician of forty years, none of my deceased patients came back to tell me that heaven is more beautiful than earth. So I stay put on earth and ski. (Kal's sponsor is Cara Jablon.)

### **Ruth Healey – Applicant Member**

Look for Ruth's profile in the April TOOT. (Ruth's sponsor is Rosemary Schwartzbard.)

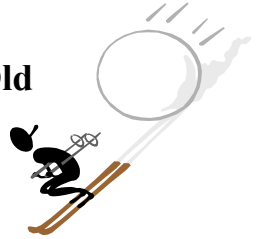




# Snowmass 2014

**Wednesday to Wednesday, January 15-22, 2014**

We're going back to Snowmass!! Join us for a return trip to this "Old Faithful" ski resort. Once again, we will be staying at our beloved Snowmass Mountain Chalet. Reserve your space now for this PVS favorite!



- Snowmass offers direct access to 3,100 acres of slope-side skiing just outside the door.
- The skiing terrain totals more than 5,000 acres with interchangeable lift tickets and free bus service to Aspen Highlands, Ajax Mountain, and Buttermilk ski areas.
- Slope-side lodging at Snowmass Mountain Chalet includes a daily family-style breakfast and daily soup lunch, greatly appreciated by trip participants and other guests, many of whom return year after year. This small hotel, with its welcoming staff, is unique for its convenience and friendly ambiance.
- The trip will include airfare (or land only), van to and from airport, ski passes (at a great rate), pre-trip party and hotel apres ski parties.

PVS has reserved 21 rooms. Those interested can now register by sending **\$300 to Carolyn DeVilbiss** at 4508 Peacock Avenue, Alexandria VA 22304  
(note "PVS-Snowmass 2014" on the memo line)

For more information contact trip leaders:

Carolyn DeVilbiss at 703-370-4865 ([carolyn.maurer@verizon.net](mailto:carolyn.maurer@verizon.net))  
Louann Eadie at 703-860-0318 or 703-203-0936(c) ([louann50@mac.com](mailto:louann50@mac.com))



# Members' Corner



By J. David Warthen, Jr.  
[dwarthen@verizon.net](mailto:dwarthen@verizon.net)

## What to Do in Case of a Skiing Accident

*--Rosemary Schwartzbard*

During our trip to Steamboat, we had a beautiful week with almost perfect conditions. On Thursday, my fifth day on the slopes, I was skiing on High Noon, a mild blue slope, near the turn-off for the slope Two O'Clock. I was totally under control, practicing short turns, when a snowboarder clipped the back of my skis and sent me tumbling. It was a hit and run. Fortunately, Dick and Kal Nossuli were with me and helped me up. I skied to the on-mountain restaurant Rendezvous Saddle to catch my breath and have lunch. By the end of lunch I realized that I should not ski down the mountain. I decided to have the ski patrol down load me. While I felt some pain in my groin, I did not think I had a major injury. When I went to the clinic the next day, I discovered it was more serious than I had thought. I learned that I had a simple fracture of my pelvis and needed to use crutches until it heals. That should take four to six weeks, but that ends this year's ski season for me.

I am hearing more and more about skier-skier/snowboarder collisions, so I did some research. Throughout the U. S., the Skier Responsibility Code and state laws hold skiers and snowboarders financially responsible for any injury or damage caused by negligent or reckless skiing. It is the duty of skiers/snowboarders to ski cautiously and in control. If one fails to ski in control, they are negligent and responsible for any injuries they may cause to another person.

Colorado law is a model and presumes that the uphill skier is at fault in any accident. One of the key issues then is to identify the uphill skier. Colorado law requires individuals to stop when there is a collision; render aid; give name and address and identification and give your name to a resort employee before you leave the vicinity. Though not required, it's a good idea, if at all possible, to get a picture of the persons involved, the conditions or anything else that may later help to sort out what happened. The Ski Patrol is under no duty to collect this information, but they will compile a report from whatever information is provided to them. I am sure the person who hit me did not bother to report the

collision! Even if the person did stop, I did not know that I had sustained an injury at that time. So, it is important to collect this information even if you do not think you are hurt.

Here are some safety tips:

1. Don't ski alone. It would have been much worse for me, if Dick and Kal were not there to help.
2. Carry a cell phone, with the ski patrol number in it.
3. Carry your ID and medical information with you.
4. Wear a helmet.
5. If you are in an accident get the full name, address, and contact information from any witnesses and from the other party. Consider taking a cell phone photo of the other person, if you think that that he/she is about to leave the scene without giving the required information.
6. Carry a ski map, and pay attention to the skier responsibility code.

While I am focusing on injury in this article, skiing is a relatively safe sport. Since ski injury studies were first reported in the 1970s, the overall rate of ski injuries has decreased by about 50%. The decrease is most likely linked to advances in equipment, such as shaped skis; release-binding systems; and advances in boots, plus improvements in grooming, slope design, signage, etc. Nevertheless, in Colorado, alone, they expect about 1,250 collisions a year!

So please keep skiing, but do it carefully and within your ability level.



## TOOT Distribution to 148 Members:

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Roster Changes: (notify-[dwarthen@verizon.net](mailto:dwarthen@verizon.net))

-Nancy Cammarata – [alitalian39@cox.net](mailto:alitalian39@cox.net) (new)

-Ruth Healey – 301-530-0939 h (corrected)

## Thanks to:

-TOOT Content/Proof Editor – E. Thayer

-TOOT Layout Editore – Jan Marx

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*--D. Warthen - Electronic TOOT*



# THE KNEE

by Ray McKinley  
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Is it a big deal? Or a small deal? Or, perhaps, it's no deal at all? Time will tell. What is the **Knee** talking about? Another ski club with which we've had joint events, Capitol Golden Skiers, which is a relatively new club, is in the process of breaking up. PVS has started preliminary discussions about the possibility of making their members part of our club.

Joining with CGS would bring in new members, which we could use. PVS is trying to make this happen while honoring our 48-year tradition. As said above, time will tell.

Steamboat was a seminal trip for **Rosemary Schwartzbard**. She entered NASTAR and, after her first run, was personally coached by aging Olympian, Billy Kidd. Thereafter, she improved dramatically and won a bronze medal.

Sadly, later in the week, **Rosemary** was run over and knocked down by a snowboarder and suffered a fractured pelvis. It forced her to cancel the Chamonix trip. Bummer.

Great news! **Susan Payne** had an anniversary and is now five years cancer free. Right on! **Susan** is still skiing on her (hubba, hubba) Burning Love skis.

The Steamboat Springs trip was sponsored by BRSC, which surprisingly stands for Blue and Red Smelly Coat--go figure. Trip leader **John Holt** was busy chatting with a member from another club discussing the merits of clubs. The other guy said "PVS is a club of snobs. They only drink wine!" This guy was apparently wearing a BRSC.

Hop to it! **Betty and Dick Comerford** have a new hobby. They have taken up beer brewing. They took a course and following it have to-date made three cases of beer. Their beer has to be absolutely great, according to **Dick**. Otherwise, at the cost per bottle, the expense would be exorbitant.

Some of you, who get your TOOT electronically, may ask why this paragraph is in red. Idunno! But it makes the column considerably more colorful.

On Sunday, February 17, **Liz Warren-Boulton** set a PVS record that will likely never be beaten—or even tied! **Liz** hosted not two, but three different PVS events. At 2:00 pm she

hosted the Chamonix pre-trip party for **Betty and Dick Comerford**. Immediately thereafter, she hosted the PVS February Meeting. After that she gave space to a meeting between PVS and CGS to discuss joint interests. Thereafter, **Liz** fell into bed, exhausted!

According to **Marvin Hass**, Tiger Woods sent his personal plane to Europe to bring skier Lindsey Vonn back to the US for her surgery. And Tiger's plane wasn't merely puttering

After skiing in Montana in December, **Joe Jevcak** changed venues, continents and hemispheres. He spent most of February touring India, including the Taj Mahal, Mumbai, Delhi, and lots of places in between. And **Joe** didn't take the trip to curry favor...

Ubiquitous PVS—again. Recently, **Polli and John Brunelli** were awaiting a flight to Chicago. They noticed **Bob and Karen Knopes** in the gate area. And since bird watching (**Karen's** hobby) is not in season in Illinois, **John** knew instinctively they were going to the same place: the Lyric Opera of Chicago for *Die Meistersinger*. They made plans and convened in the lobby during intermission. Bravo!

Some PVSers get snow. Snowstorm Nemo dumped 30" on **Bob McNeill**, now in NH.

A bit ago, the **Knee** received a note from Liberty Mountain (sic) patroller, **Jim Wingrove**. It's a list, of things to do waiting...and waiting for snow. It's titled "Skiing with No Snow."

→To simulate finding your car, go to an ice rink and walk across the ice 20 times in your ski boots carrying a ski bag and poles.

→To simulate ski boots, put a pebble in your shoe and tighten a C-clamp on your toes.

→Buy a pair of expensive, new gloves and throw one away.

→Dress up in as many clothes as you have and then take them off since you have to go to the loo.

→Go to McDonalds, stand in the longest line, and insist on paying \$13.50 for a double cheeseburger with 2 oz of meat. **Kneenuf!**

Politics even hits skiing. **Marvin Hass** quotes the Aspen Times: with Michelle Obama and Joe Biden both skiing in Aspen, developers printed an open letter to them conveying thoughts on natural-gas development.

Chapeau Packing: As they prepare to move to a condominium, **Eloise Strand** is spending considerable time sorting and packing her extensive collection of hats. This item I simply can't cap.

**2013 PVS Calendar:**

- Mar 19 Tue Monthly Meeting, 7:30 PM Eadies, Reston, VA
- Mar 27 Wed ExCom meeting; 7:30 PM DeVilbiss, Alexandria, VA
- Apr 16 Tue Annual Meeting, 7:30 PM, Heitchue, Reston Party Room, Reston, VA
- Apr 21 Sun Eclipse Chamber Orchestra Concert, 3:00 PM, McKinley, Masonic Hall, Alexandria, VA
- Apr 23 Tue ExCom Meeting TBA
- May 21 Tue Monthly Meeting, 7:30 PM, Mahallati, Herndon, VA
- May 28 Tue ExCom Meeting, TBA



**Ski Trips:**



- Feb 22-Mar 02, 2013: PVS & BRSC Eurofest, *Chamonix*, France (Dick Comerford)
- Mar 17-24, 2013: PVS *The Canyons*, UT (Liz Warren-Boulton & Reg Heitchue)

**Capital Golden Skiers:**

- March 2-9, 2013-- ASPEN, CO Ski Trip
- March 7, 2013 (Thursday): Hike in Great Falls Park (VA)
- March 12, 2013 (Tuesday): An Evening of Bridge (VA)
- March 16, 2013 (Saturday): Dial "M" for Murder at the Little Theater of Alexandria (VA)
- March 24, 2013 (Sunday): Marine Band at Northern Virginia Community College (VA)

**Useful Ski "Links"**

- Potomac Valley Skiers.....[potomacvalleyskiers.org](http://potomacvalleyskiers.org)
- Capital Golden Skiers.....[capitalgoldenskiers.com](http://capitalgoldenskiers.com)
- BRSC Sanctioned Trips.....[skicouncil.com/tripsbydate.htm](http://skicouncil.com/tripsbydate.htm)
- DC Ski Online News.....[dcski.com](http://dcski.com)



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