

VOLUME XX111 *Potomac Valley Skiers, Inc.* NOVEMBER, 1988
NUMBER 10 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

Our annual dues are past due and the roster is being revised so prompt payment would be appreciated.

PVS has a Triathlon team for the Washington Ski Show - the "Reluctant Dragons" !! Yea!

We are forming another team of 5 to run in the 10 kilometer race on Saturday *a.m. Nov 12*. The "PVS Interlopers" are Shahrsad Miller, Carol Drohan, and Bob Marx. We need 2 more to form the team and they can be friends of members. Please call me for specifics: 451-9158.

Come, enjoy the show and join us if you can. More info on page 2.

Jan Jan Marx, President

Canaan Valley Ski-O-ree deadline Nov 19... see pg. 8.



Tuesday, November 15th. 8:00 P.M.
Where: Home of Chris and Janet Waln
5338 Christfield Court
Fairfax, Va.
Telephone: 250-5840

Besides the usual mixture of fun and business we will have a demonstration of the latest in ski equipment by the Ski Center's popular Brian Eardley.

GREAT WAY TO START THE SKI AND HOLIDAY SEASONS!!!

Directions on next page.



DIRECTIONS TO THE WALNS' HOME FOR NOVEMBER MEETING:

FROM EAST OF FAIRFAX CITY

PROCEED ON BELTWAY TO BRADDOCK ROAD (620) EXIT WEST, CONTINUE DOWN BRADDOCK, TO SIDEBURN RD, TURN LEFT ON SIDEBURN, CONTINUE SOUTH THROUGH ZION RD 4-WAY STOP TO NELLIE WHITE (JUST OVER A MILE), TURN LEFT ON NELLIE WHITE, CONTINUE TWO BLOCKS TO CHRISTFIELD CT, TURN LEFT ON CHRISTFIELD. HOUSE IS NUMBER 5338, BROWN, AND AT THE END OF THE COURT.

FROM NORTH AND WEST OF FAIRFAX CITY

PROCEED SOUTH ON ST RD 123, WEST OX, THROUGH BRADDOCK INTERSECTION TO ZION RD (JUST PAST FAIRFAX COUNTRY CLUB), TURN LEFT ON ZION RD, CONTINUE TO SIDEBURN RD, TURN RIGHT ON SIDEBURN, SEE ABOVE.

FROM SOUTH OF FAIRFAX CITY

PROCEED UP ST RD 123. TURN RIGHT AT ZION RD (EXXON STATION), SEE ABOVE. Telephone: 250-5840

Washington Ski Show and Winter Carnival

NOVEMBER 11 - 13th

"ROLLING SNOW REVUE & RALLY '89"
"SKI CHALET FASHION SHOW EXTRAVAGANZA"



"EQUIPMENT & FASHION DISPLAYS"
"SKI & TRAVEL EXHIBITS"

WIN FREE SKI TRIPS TO
INNSBRUCK - CRESTED BUTTE - JACKSON HOLE

WARREN MILLER'S "ESCAPE TO SKI" \$5

SPONSORED BY SKI CHALET & BLUF RIDGE SKI COUNCIL

PROCEEDS will go to:



Work with us, 3-5. Nov. 12



CYCLING
Oct. 30
Jan
Mark

SKI DECK
Nov. 6
Larry
Pease

"RELUCTANT DRAGONS"

10 K. RACE
Nov. 12
Dick
Clark
8:00 A.M.

PVS
[Image]

DINNER
Nov. 12.
at
Slade's
1st floor
6:00 P.M.

Call Jan
451-9158

BALLSTON COMMON
WILSON BOULEVARD AND GLEBE ROAD IN ARLINGTON

Apres Ski Party
starring
Danny & the Juniors

Saturday, November 12
9:30 PM - 1:00 AM

\$15 donation

COMING EVENTS

GREAT FALLS, VIRGINIA . HIKE WITH CHILI AT THE Mc KINLEYS

Saturday, November 19th. 1:30 P.M. RAIN OR SHINE!!

Limited to 25. There is one space left for this always popular event. Call Ray at 527-7126 to reserve.

We will meet at the Visitors' Center at Great Falls for a 6 mile circuit hike after which we will caravan to Ray's house for an early supper of Mexican dishes prepared by the Knee.

Please bring salad or dessert. Let Ray know.

Cost: \$5 if you bring salad or dessert. \$7 if you don't. The club's

cancellation policy prevails. If you decide not to hike because of weather or whatever you are still responsible for your share of dinner costs so come and sup anyway.

BRING YOUR OWN CHILI BOWL AND EATING UTENSILS.

Directions to Great Falls: Take Beltway Exit #13 for Great Falls via #193 (Georgetown Pike). Go West 4 miles to Old Dominion Drive where there is traffic lite and sign for Great Falls Park. Turn right ,continue through main gate and park in lot near Visitors' Center where we will meet.

WINTERFEST DINNER Saturday, December 3, 1988. 7:00 P.M.

Our 8th Annual Winter Dinner will be held in the party room of the Colonade Apartment Building, 2801 New Mexico Avenue, Northwest, Washington, D.C. 20007. (Where Bette Walker lives.)

The dinner committee, headed by Rosemary Soler, is planning a gourmet feast. Call Rosie now to reserve your place. The guest list is limited to 40.

Phone number is 649 - 2155

Cut off date for reservations is November 28th.

Cost: about \$15 (same as last year).

Directions to the Colonade from Beltway:

Take Beltway Exit #39 on River Road for Washington. Go 4.1 miles to Western Avenue where turn right and go .7 mile to Westmoreland Circle.

Take Massachusetts Avenue ^{left} towards D.C. off the circle and proceed 1.2 mile to next circle (Ward Circle) where turn right onto Nebraska Avenue and go 0.2 mile to first light where turn left onto New Mexico Avenue and proceed 0.8 to 2801 New Mexico Avenue. Call Bette Walker (333-0766) if lost.

PAST EVENTS

OKTOBERFEST by Bette Walker

On October 1st, a perfect early autumn day, forty some PVS and E'ers gathered chez Wyckoff to enjoy Margaret's weisswurst and bratewurst (both weiss, somewhat confusing to non-cosnoscenti); Aina Thomas' unequalled sauerkraut; and plaumen kuchen provided by several culinary artists - same recipe, different but excellent results (see Cook's Corner in October TOOT). Sara Huggins' delicious German chocolate cake disappeared, crumbs and all.

With appropriate Tyrolean music provided by host Bob, the festive ambiance was complete.

However, much discussion had to do with various reactions to bee stings, yellow jackets being much in evidence. Phil Ufholz had recently been stung while on the golf course, an encounter which could have been fatal had he not been playing with a doctor who recognized the symptoms and had Phil immediately hospitalized. Phil is still with us, but carries an antidote (not needed that day) in the event of a repeat.

The bees having caused pain to no one, the afternoon was a great success and thanks are due Margaret and Bob for their continuing hospitality, the savory feast and their "in" with the weatherman - which is evident year after year.

OCTOBER MEETING by Here Sey

On a drizzly Tuesday October 18th about 40 PVSers arrived promptly (as usual) for the 8 P.M. monthly meeting at the home of Myra and Ken Evans in Oakton, Va.

After roaming the downstairs rooms and sampling (?) Myra's fantastic assortment of goodies (including stuffed mushrooms, sausage balls and stuffed pastries) the group gravitated to the recently redecorated basement level where the light-colored walls and carpet made a warm and cheerful setting for the ensuing festivities.

Said festivities included the longest business meeting of President Jan's tenure (almost 15 minutes) and a traffic report by Ray McKinley warning all to visit the bath room before departure because road construction on #66 would likely mean a long journey home.

Marilyn Clark produced and directed a Ski Fashion Show with selections from the Alpine Shop. Ladies' outfits were modeled by Dina Taylor, the skin-tight textured pants earning an especially enthusiastic response from the audience.

After that (and a visit to the facilities) guests finally departed with sincere thanks to hosts Myra and Ken and to Marilyn, our very own fashion consultant.

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PAST EVENT

FALL FOLIAGE HIKE by Helen Price

Saturday, October 22 was a practically perfect fall day as 40 PVSers found to their delight when they turned out for the fall foliage hike in George Washington National Forest, 75 miles from D.C.

Led by Frank Shelburne who left a trail of red arrows in his wake, the hardy ones completed about 8 miles on the Massanutten Ridge, sheltering among the boulders on top for lunch, before descending to Elizabeth Furnace at trail's end.

Meanwhile, there were a few doing their own thing - like antiquing in Strasburg or taking the trail part way with a leisurely return to the starting point, picnicing along the road with a nap afterwards in the car, only to be refreshed for rejoining the group at the end of the trail.

And what a pleasant surprise to be greeted there by Dot Mason and Jeanne Strickland who had taken care of providing beer and soft drinks for the assembled. Jeanne and Jan Marx shuttled the weary hikers to their cars at the trail head and then it was on to the beautiful, historic childhood home of Jamie Miller in Strasburg.

While enjoying the cocktail hour (with 4 different types of wine) Jamie announced that it was the 83rd birthday of Lu Beale's husband, Bill, and in appreciation of her organizing the hike he presented her with a 3-pound sweet potato dug from his farm the day before to be given to her husband - in lieu of Lu, so to speak.

Then came the call "Dinner is being served!" Whereupon everyone gathered to partake of Persian steamed rice with currants and raisins; curried chicken; cranberry, apple and orange gelatin salad with raspberry yogurt dressing; Afghan bread; and an icecream cake so superb you had to be there to see and taste it to believe it.

And all these wonders were prepared by Shahrsad alone! But had she missed the hike because of all the preparations? No, she had done most of the work the week before so she, too, could enjoy the day.

After much socializing among the guests and with sincere expressions of appreciation to the Millers and to Jamie's sister Marilyn and her family for their help, PVSers took off for the long trip home.

Many thanks again to Jamie and Shahrsad for their hospitality and one of the highlight events of PVS.



*Happy
Thanksgiving
to
all!!*

COOK'S CORNER



by

Nancy Garrett

To stuff, or not to stuff? That is the question!! Or it was when asked of all the cooks present at the

October meeting. The vote: 12 of 14 voted to stuff it!! Five of these both stuff and bake in a separate pan. Only two voted not to stuff. Should you wonder exactly what it is we are deciding to stuff - it is the THANKSGIVING TURKEY!!!

Another question posed was "What do you add to Turkey Stuffing/Dressing that makes it uniquely yours?" Answers follow:

Ken Evans adds lots of sage, hot sausage, coriander, fresh oregano, and of course, starts with a cornbread base.

Water chestnuts are added by Pres Janet Marx, and she noted that she stuffs it 'cause her Mother stuffs it. Mrs. Nier, Janet's mother, said she adds raisins.

Peggy Burns likes the touch that fresh apples give; doesn't like it too spicy, and is one who both stuffs and bakes.

Tarragon is the spice that makes dressing uniquely that of Janet Waln. (She doesn't stuff.) Sally Finan likes mint and basil. (Sally does stuff.)

Oysters are additions of Rosie Soler, Charlotte Eddy, Pat Tenge, and Shahrсад Miller. Chicken livers are added to the dressing of Dina Taylor for an enriched poultry taste. Karen Devorshak adds sausage and mushrooms.

The recipe from The Encyclopedia of Cookery by Woman's Day is Gail Pease's favorite. Gail likes the dressing as is with no extras.

The main difference between "stuffing" and "dressing" is how it is baked. As you might guess, stuffing is placed into the turkey cavities, while dressing bakes in a casserole dish.

NANCY'S BASIC DRESSING

- Bake one recipe cornbread using two cups cornmeal. Let cool. Reserve.

Saute:

- 1 stick butter or margarine
- 1 cup celery, chopped
- 2 large onion, chopped

In large bowl, add the following:

- Cornbread, from above, crumbled
- 1 8-oz. package Pepperidge Farm Herb Dressing
- Sauteed vegetables, from above
- 2 eggs, lightly mixed
- 1 teaspoon poultry seasoning
- 1 teaspoon salt
- 1 teaspoon coarsely ground black pepper
- 1 Tablespoon chicken bouillon granules
- Chicken broth or warm water to sufficiently moisten bread crumbs.***

Bake in 350* oven for 30-45 minutes, or until top is nicely browned.

***Stuffing requires less moistening since it will absorb liquid from the bird as it cooks. Dressing needs to be very moist as it dries somewhat as it cooks. I bet all you good cooks already knew this.

Since the subject of the column this month addresses items that are stuffed, I would like to share with you the recipe for STUFFED MUSHROOMS that Myra Evans served to the club in October.

STUFFED MUSHROOMS

Place flat in pie plate:

- 2 dozen large mushrooms, from which stems have been removed and saved
- 1/4 teaspoon butter placed in each

Saute:

- 1 Tablespoon butter
- Chopped mushroom stems, from above
- 2 cloves garlic, finely chopped
- 3 green onions, chopped
- 1/4 cup chopped fresh parsley

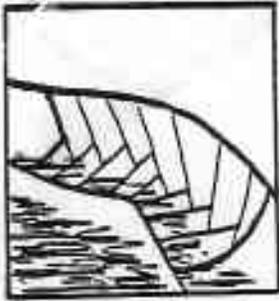
Add and mix together:

- 3/4 cups bread crumbs
- 2 Tablespoons Parmesan Cheese

Fill mushroom caps with mixture. Sprinkle tops with additional Parmesan Cheese. Bake 350* for 15 minutes.

THE KNEE

by
Ray McKinley



The Knee is back after spending two months in faraway places with strange sounding names far away across the sea. (What a nice set of words..maybe I'll write a song.)

A very special tip of the old knee-cap to Dick Clark and Chris Waln who provided wonderful guest Knees while I was away. See guys, it wasn't that hard. Chris was a splendid sight at the Browns' September meeting taking notes on a portable tape recorder. And Dick wrote such a great column he got a new job... and from another PVSer to boot (or to Knee?)

Nonetheless, personally, my favored knee is still my left one.

While away I had several talks with Russians about skiing. However, they quieted quickly when I wanted to discuss lifts.

At the ExCom meeting at Veep Dick Comerford's Leesburg home, the host himself was the last to arrive. Meanwhile we were placated by Betty's wonderful food including some great hot chili con queso. After tasting it, PVS Chief Cook Nancy Garrett noted that "Hot is in the mouth of the eater."

Later, when Pres Jan Marx was discussing PVS participation in the upcoming BRSC Triathlon. Secy Irene Farrell asked "Is eating one of the events?"

Early in the evening Betty Comerford was called Nancy. Later, Nancy Garrett was identified as Betty. Just goes to prove my new law of Physics: Conservation of Names.

Returning from the meeting with Knox Felker and Dot Mills I discovered why PVSers discuss mostly skiing. The three of us got into a discussion of the Presidential debates. Initially, we agreed that the best man, our man, had won. Then it got ugly. They both had the wrong man. I don't know if

they are still speaking to me. I'm certainly not speaking to them. Harold Stassen, indeed.

Back to Ski Club stuff: Nancy Monacelli is now retired from NRL but continues on the same job working 0.65 of the year. Nancy, 0.65 of the year is ya.

Despite a nagging flu virus, Karen Felker is still busy preparing for a December solo in the Messiah. Hallelujah!

Did you know that the president of Alpine Ski Shop and the president of Ski Chalet used to be partners and now they don't speak to each other. Did you care?

Margaret Wyckoff's last treasurer's report was "No change." It could have been worse .. no dollars.

Lots of PVSers have November travel plans. Bette Walker is off on a month's tour of seven South American countries. It's going into summer there so she won't get Chile.

And twelve of us including the Farwells, the Wyckoffs, Alice Swalm, Dorothy Madsen and Dot Mills are spending three weeks in China including two days in Gulin.

Closer to home, Sheldon Drews is off to visit daughter Dena in Bahston where she is a senior at Wellesley. Yes, time flies.

Some are returning to Washington. Bob and Vivian Barry come home mid-November after nearly 4 years in Geneva. Hope Vivian's knee is better. Mine is.

Aase Berling has had several visitors from Norway and she took some of them to see her retirement site in Hilton Head S.C. Aase is never retiring.

Arriving at the October meeting at the home of Ken and Myra Evans we were greeted by a ski witch on their front lawn. They say it brought lots of comment from neighbors. Kneat.

While driving to Strasberg the night before our wonderful hike there, Shahrsad Miller got stuck in a gawd-awful traffic jam. She was fearful the icecream desserts she was carrying in a cooler would melt. They didn't.

It was a pleasure to see Jeanne Strickland at the Millers with her lung now totally uncollapsed. Right on!

Bill Anderson, on the hike, was resplendent in a sweatshirt which read MY LIFE IS GOING DOWNHILL.

All avid skiers agree!

Jan 27-29

— !! SKI TRIPS !! —

MONT SUTTON January 8-15,1989.

Leader: Jack Peoples (840-2213). Wait-listed.

Jack reminds all participants that final payment is due November 25th.
\$136 for those driving.
\$285 for all others.

PVS SKI THE ALPS IN TYROL January 20 - February 5,1989

Leaders: Bob and Margaret Wyckoff (589-5532)
Can still accomodate 2 or 3 couples on this super trip.
For information, while the Wyckoffs are in China until November 20th, call Barbara Leonhardt (279-9056).

COPPER MOUNTAIN, COLORADO January 26 -30 . 1989

Leader: Jim Wingrove. Home:762-4887 . Office: 653-6922.

COLORADO ADVENTURE February 11 - 25,1989

Leader: Dina Taylor. Office: 427-3227. Home:301-663-6089

There are still one or two openings at Keystone and at Aspen. Call Dina for more information.

BRSC SKI WEEKEND AT CANAAN VALLEY January 27 -29,1989

See flyer in last month's TOOT and call coordinator Dina Taylor to reserve.
Final reservation date for this fun weekend is November 19th.
Twenty rooms have been reserved for PVS but they must be paid for by November 19th or we must release them.
Call Dina as soon as possible. Office:427-3227.Home: 301-663-6089.

BANFF, CANADA February 19 - 26, 1989

Leader: Jack Peoples (301) 840-2213
5 days skiing at Mt. Norquay, Sunshine and Lake Louise
First Class lodging at Banff Springs Hotel.
Cost: \$869
If interested, call Jack for more information.

!! SKI TRIPS !!

SALT LAKE CITY AREA - March 2 - 9, 1989

Anyone interested in a budget trip to Utah the first week in March should contact Shirley Rettig at 836-0147. Plans are to stay at Motel 6 in downtown Salt Lake City and rent cars enabling skiers to ski at seven different areas.

The trip is tentatively set for Thursday March 2 to Thursday March 9 to take advantage of off-peak airline rates and also avoid the weekend crush at the airports. The cost of this week of skiing some of the best areas in the world should not exceed \$600 excluding meals and incidentals.

CALENDAR

- Nov. 15 ... Monthly Meeting at the Walns. 8 P.M.
- Nov. 19 ... Hike and Chili with Ray McKinley. See page 3.
- Nov. 22 ... ExCom at Lu Beale's. (363-3521)
- Dec. 3 ... Winterfest Dinner. See page 3.
- Dec. 20 ... December Meeting/Gluhwein Party at the Heitchues. 8 P.M.
- Dec. 27 ... ExCom at Marilyn Clark's. (978-9435).
- Jan. 17 ... Monthly Meeting at Paul Yessler's. 8 P.M.
- Jan. 24 ... ExCom at Rosemary Soler's. (649-2155).

PVS OFFICIERS

- President Janet Marx
- Vice President .. Dick Comerford
- Secretary Irene Farrell
- Treasurer Margaret Wyckoff
- Membership Marilyn Clark
- Program Chairman. Ray McKinley
- TCOT Editor Lu Beale
- TCOT Production . Jan & Bob Marx
- BRSC Reps Sheldon Drews
Gail Pease
Bob Wyckoff
- Answering Service The Marxes
(451-9158)
- Movie Mogul Rosemary Soler

EXCOM

SECOND TERM:

- Huey Roberts
- Rosemary Soler
- Phil Ufholz

FIRST TERM:

- Knox Felker
- Nancy Garrett
- Barbara Leonhardt

On the occasion of Eric Marx's ascension to the Rank of Eagle in the Boy Scouts of America, father Bob Marx gave an account of the historic use of the eagle as symbolic of The Best. Following are excerpts:

EAGLES DON'T FLOCK ... THEY SOAR, ONE AT A TIME. THROUGH THE AGES, THE EAGLE HAS BEEN USED AS A SYMBOL OF ROYALTY POWER, VICTORY, AUTHORITY, AND VALOR. TO

THE EARLY CHRISTIANS, THE EAGLE WAS THE SYMBOL OF ASCENSION. THIS WAS DUE TO THE STRONG FLIGHT OF THE EAGLE WITH IT'S GAZE FIXED ON THE SUN. IN EARLY ICONS, IT WAS BEST KNOWN AS THE SYMBOL OF ST JOHN THE EVANGELIST.

ON JUNE 20, 1782, THE EAGLE BECAME THE SYMBOL OF A NEW COUNTRY. BECAUSE OF ITS COURAGE AND BEAUTY, IT WAS CHOSEN TO SIGNIFY THE DIGNITY OF THE NEW UNITED STATES OF AMERICA. THE EAGLE BECAME A PROMINENT FEATURE OF THE SEAL OF THIS NEW REPUBLIC AND IS USED TO REPRESENT THE IDEALS OF THIS COUNTRY.

IN 1911, FOLLOWING TRADITION AS OLD AS MAN HIMSELF, THE BOY SCOUTS OF AMERICA CHOSE THE EAGLE TO SYMBOLIZE THE VERY HIGHEST IN ACHIEVEMENT. THROUGH ALL OF HISTORY, IT HAS BEEN THE SYMBOL OF MAN'S BEST; NOW THE EAGLE IS THE SYMBOL OF SCOUTING' BEST.

Bob and Janet Marx
8312 Oakford Drive
Springfield, Va. 22152

