

VOLUME XXXI

# Potomac Valley Skiers, Inc.

FEBRUARY 1996

NUMBER TWO

WASHINGTON

MARYLAND

VIRGINIA



## PRESIDENT'S MESSAGE

My message for November 1995 referred to snow projections for this winter of three to four feet of snow, well I have to tell you that in no way did I expect most of it to come on one week end. So, I am not taking credit for the Blizzard of '96. There was history made in our area for the ski season, from this now famous blizzard, in that Liberty was "Officially" closed on Monday January 8, 1996 because of TOO MUCH SNOW (no one could get there including the staff that runs it).

I would like to make a pitch to all members about attending the Spring Fling, sponsored by the BRSC, to be held on April 27, 1996. We are making this a club event this year as it is a very worth while activity and the opportunity for us to give back to the to the skiing community as this event benefits Disabled Sports USA. Charles Huggins is the club coordinator for this event and has included more details about it in this Toot. So please call Charles for any information you may need and I hope to see many of you at this fine event.

The 1996 ski season is off to a great start with all this snow and we hope to see you on the slopes.

*Serge*  
Serge Triaou, President

HOME OF DORIE AND JOHN WADDICK, 1605 N. Howard St.,  
Alexandria, VA 22304. Telephone: 703-751-3143.

## MONTHLY MEETING

February 20, 1996, 8 p.m.



**DIRECTIONS:** From 495 (Beltway): Take exit North 395 Arlington, Washington. Or from Springfield: Take 95/395 North--then pass Edsall Road and Duke Street exits. Take the Seminary Road EAST exit toward the Alexandria Hospital.

Go 4 traffic lights after the one at the exit ramp (about 1 mile hospital will be on your right). Turn left onto North Howard Street. The second house on the right is 1605 (white brick house with brown garage doors). If the driveway is full, go another 200 feet on N. Howard and turn right into Maple Tree Court and park.

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**COMING EVENTS**

**FEBRUARY MIDWEEK SKIING - Liberty - Thursday Feb. 8th**

Lift passes are \$28, four hour flex time passes available for \$24, and seniors 65 and over ski for \$14.

Interested skiers should call Jan Marx (703) 451-9158 to car pool to the slopes from the parking lot of the Fair Lanes Bowling Alley on Shady Grove Road departing promptly at 7:30 for Liberty.

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**FEBRUARY MIDWEEK SKIING - Whitetail - Tuesday Feb. 13th**

Lift passes are \$30, ski card holders \$23, seniors 65-70 \$23, and 70+ free.

Interested skiers should call Charles Huggins (301) 424-5725 to car pool to the slopes from the parking lot of the Fair Lanes Bowling Alley on Shady Grove Road departing promptly at 7:30 for Whitetail.

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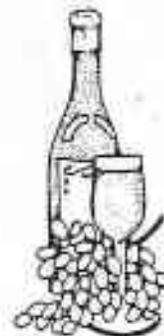
**BLUE KNOB SKIING, Feb. 19-21st.** There are still spaces available for this trip, so if you're interested, call Betty Lawrence at 703-759-0471

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**GOURMET WINE TASTING AT THE COPE'S' - March 2 - 8 p.m.**

Sampling of American and French together with finger foods. This fun annual event is limited to 20 people, so call the Copes at 703-836-5436 to reserve a place.

**DIRECTIONS:** Take the George Washington Parkway south past the airport. Just past the sailing marina, take the first right onto the service road, marked Slaters Lane. At the first signal, make a right turn onto Slaters Lane. The Lane makes a left-hand turn past some warehouses. There bear left at sign that says Route 1 North. This puts you on a bridge. At the end of the bridge turn left onto Monroe Avenue. Go through two signals and the Cope home is the big, white house on the right before the third signal. 117 West Monroe Ave.



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**MARCH SKIING - BLUE Knob - March 10-12th**

If our good snow conditions prevail, we will do our second mini ski trip to Blue Knob staying at Betty Lawrence's Chalet for two nights. Interested skiers should contact Betty Lawrence (703) 759-0471. The cost will be \$15 per person per night, and skiers should bring their own towels. The ski outing will be limited to the first 15 who contact Betty.

Sunday skiing \$32, seniors \$22, Monday & Tuesday skiing \$22, seniors 65 to 70 \$17, seniors 70+ free, Ladies Day Monday \$17, Mens Day Tuesday \$17, and two day tickets (Monday & Tuesday) are \$35.



## SPRING DINNER 1996

March 30 is the date to meet once again at the Colonnade for our elegant spring dinner.

Call Marilyn Clark at 703-978-9435 to reserve your place. REMEMBER, it's limited to 40!

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## SPRING FLING 96 - SATURDAY, APRIL 27th, UNIVERSITY OF MARYLAND

Local ski clubs will get together for a Saturday evening of fun, entertainment, and some great auction bargains in the Student Union Building on the main campus of the University of Maryland in College Park. The evening will start at 5:30 p.m. with a silent auction in which approximately 400 ski and other sports articles, mini ski trips, and art posters will be put up for auction. There will be something for everyone's tastes and pocketbook. This will be followed by a buffet dinner "all you can eat" in the Grand Ballroom on the fourth floor of the Student Union Building. Immediately following dinner, approximately 30 ski trips will be put up in a live auction to areas in U.S., Canada, and Europe. All items that are auctioned have been donated, and the evening proceeds will go to support Disabled Sports USA.

Tickets for the Spring Fling are \$25, and attendance will be limited to 400. It is important we make our reservations early as other ski clubs could gobble up the reserved seats. Make your \$25 checks payable to Spring Fling 96, and send to Charles Huggins, 9916 Bettiker Ln., Potomac, Md. 20854.

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## PAST EVENTS

### *Our January Meeting: An Intimate Affair*

by Nancy McKinley

For some it was the first foray away from hearth and home since the Blizzard of '96 blanketed the area. But others still couldn't burrow out and had to miss a delightful January meeting at Shirley Rettig's beautiful home in Old Town Alexandria. Shirley's snow-bedecked cobblestone street may have been too much for most cars but Shirley thoughtfully provided loads of clear parking around the corner. In all, twenty-three souls braved the streets to attend. And Shirley's antique-filled house was perfect for our intimate gathering. Shirley bought the house as an "urban pioneer" in 1959 and it was surely a shrewd investment.

After consuming the goodies that Shirley had laid out for us, Serge Triau took the high ground and conducted the meeting from the top of the stairs. When it was noted that the membership chairman, Marilyn Clark, was absent due to the celebration of her birthday, everyone agreed that what would really make her day special would be to be serenaded by a talented troupe of singers. Some said we didn't qualify, but we called and sang to her anyway.

Shirley closed out the meeting with coffee and luscious lemon bars to carry us on our way home. Many thanks to Shirley for holding the meeting and kudos to those who braved the streets to get there!

## WISP SKI TRIP

On a beautiful balmy, 50 degree day, Janet and Bob Marx and 27 PVSers arrived at Wisp to begin two days of fun on the slopes. True to form, we began with an apres ski party. In addition to the potables and delicious goodies brought by the hosts, the McGraths provided bottles of champagne from their grandchild's christening celebration. Naturally we all drank to, and toasted the new grandchild. If I told you that Jan heated her cheese spreads with a hair dryer, would you believe me? Our trip leaders will go to any lengths to provide the best for us! Ned and Jackie Flaherty discovered that Betty Byrne and they lived on the same block in Chicago, just not at the same time. The same threesome, Serge Triau and this writer engaged in a lively political discussion. Audrey and John McCormick arrived from Pennsylvania after a stop at Whitetail, where they had skied all day. Charlie Huggins and Norm Engleman drove from Seven Springs where they too had skied.

With threats of bad weather predicted, we were delighted to awaken in our spacious rooms to discover a nice sunny, and again, balmy day. Many in the group tried the new demo skis offered, and the rest of us decided to use every minute to ski, ski, and ski. The slopes were not as crowded as expected and the lift lines were quite manageable. It was Spring Skiing at its best, even though the date was January 18. After another great party in the Marx's room, we all reconvened in the Bavarian Room for dinner. One of the tables thought their waiter decided to go night skiing between taking their order and delivering the food. The meal was delicious and everyone enjoyed themselves.

Unfortunately on Friday the rain arrived and ended a delightful midweek holiday. Thanks again to Jan and Bob Marx for a well run and fun filled trip

Sue Walsh

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## EVENING AT THE PLAYHOUSE



A hardy and maybe desperate-to-get-out-of-the-house band of 18 PVSers defied the continuing challenging travel conditions to attend the Alexandria Playhouse production of "No Sex, Please. We're British." The Boykins spent the better part of an hour tied up on the GW Parkway because of an accident, while others breezed to Alexandria. But finally all were safely in their seats to enjoy the broad farce. A particular pleasure was again seeing Betty Lawrence's friend Margaret Lane display her talents as a comic actress. Thanks to Betty for arranging the evening.

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## SOME PVS STATISTICS:

103 women, 87 men

Under 50 - 9 (Ages of all members not known)  
 50-60 - 19  
 60-70 - 32  
 70-80 - 27  
 Over 80 - 9

BIOGRAPHIES of the three nominees for two-year terms on the Executive Committee:

George E. Hicho prior to 1992 had never skied at all! His close friend Sue Walsh asked him to accompany her to a general meeting of PVS, and at that meeting the "salesman of salesmen" Jack Peoples presented the benefits of going with him and PVS members to Sutton Canada in January. He signed on for that trip, but unfortunately he as yet did not know how to ski, but Jack said skiing lessons were available. At Sutton, he took the intensive lessons, and by the end of the week, he was skiing and enjoying it very much. He has gone on PVS sponsored trips to Banff, Lake Louise, and has skied Lake Tahoe's numerous ski locations. In December of 1995, George and Sue were invited to lead a trip to Winter Park.

George was born near Pittsburgh and graduated from the University of Pittsburgh with a degree in metallurgical engineering. He later obtained a Masters of Engineering degree from George Washington University. A year after graduation from Pittsburgh he was inducted into the Army where he served his country as a researcher at the Walter Reed Institute of Research in DC in the Dental Materials Section. Upon discharge in 1962, he was hired by the Metallurgy Division of the National Bureau of Standards where he is currently employed.

George has a daughter and son and enjoys Sue Walsh's three grandchildren. He has many hobbies and is involved with bridge, golf, and of course skiing. George has resided in Derwood Maryland since 1965.

Nancy McKinley was born near Philadelphia and raised in southern New Jersey. She has a daughter, now 27 and married to an English soccer player. In 1974, she made her first foray on skis to Holly Mountain in South Jersey where, she claims, they dug a hole down from the top of the landfill and blew homemade snow onto the single slope. Nobody mentioned that the J-bar is supposed to fit neatly behind your fanny and not yank you up by the arms from above. Nancy became an avid Eastern skier nonetheless.

Having never been west of Ohio, Nancy transplanted herself in 1981 to Okinawa which became a jumping off point for travel around the far east. ("The skiing was lousy.") While there she taught English as all good expats do and completed her bachelor's degree in Management at the University of Maryland in Tokyo. Then on to northern Germany for a two year stint and lots of travel in Europe with ski trips in northern Germany ("a lot like Round Top, only smaller") and Zermatt in Switzerland.

Hearing that there were jobs in DC, she moved here in 1985 and completed a Master's degree in Human Resources Management at George Washington University. She is currently Director of Human Resources at the American Institutes for Research. Nancy read about PVS in the Washington Post article in 1990 and met Ray in June of that year. ("You go to how many PVS events a month???" ) Ray and Nancy now add a couple of countries every year to their "been there" list. Alta tops the list of favorite ski areas. "Not only is the skiing spectacular, but you can take off your boots, put on those big furry things and sit down to a gourmet meal right on the slopes. That's heaven!"

NAT SEEMAN.... Born (1923) and raised in New York City. BA degree from Brooklyn College with majors in Physics and Math. World War II service with the US Navy as a radio and radar specialist. After the war, back to school for graduate studies at the University of Illinois (MS, Physics). Came to Washington at the end of 1947 to get married, start work at the Naval Research Laboratory and continue graduate studies at the University of Maryland. My wife and I settled down in a home just south of Alexandria and started a family (two daughters). We developed a strong interest in black and white photography, built a large darkroom, competed in area-wide club competitions.

Lost my wife to cancer in 1973. Remarried in 1976, didn't work and subsequently divorced.

Enjoyed a 38-year career at NRL doing basic experimental research in physics. Retired from federal service in 1986. but continued part-time work. Retired fully in 1993 when work began to interfere too much with pleasure (skiing, travelling).

Skiing! Was on a two-year assignment (1964-65) to London and took the family off on a two-week "learn to ski" holiday in Kitzbuhel. That did it! In 1992 or 3 I answered an ad in the NRL newsletter for a ski trip to Aspen, CO with the Potomac Valley Skiers, and it's been PVS ever since. While there, had some ecstatic "cruising" down Snowmass's Elk Camp runs with a Mary Jane McCarthy and we've been "cruisin' ever since.

Additional nominations may be made by the signatures of any five active members in good standing presented at a business meeting at least one month prior to the April meeting



**PVS E MAIL ADDRESSES**

Felker, Karen and Knox

[Karknox@aol.com](mailto:Karknox@aol.com)

Hass, Marvin

[MarvinHass@ichange.com](mailto:MarvinHass@ichange.com)

Marx, Bob and Jan

[jebbmarx@aol.com](mailto:jebbmarx@aol.com)

Matthews, John and Ramona

[GMCJ94A@prodigy.com](mailto:GMCJ94A@prodigy.com)

Triau, Serge and Liz

[MNNJ27A@prodigy.com](mailto:MNNJ27A@prodigy.com)

There must be more PVSers who are on line! Send a message to Serge to be added to the list or for any corrections.

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**PVS OFFICERS, 1995**

President ..... Serge Triau  
Vice President ... Lu Beale  
Secretary ..... Irene Farrell  
Treasurer ..... Nancy Garrett  
Membership ..... Marilyn Clark  
Program Chairman . Ray McKinley  
TOOT editor ..... Jessma Blockwick  
TOOT production... Bette Walker  
Ski Trip Chairman. Glade Flake  
Midweek Activities Charles Huggins  
Ombudsman ..... Bill Anderson

**EXCOM**

First Term:  
Ned Flaherty  
Ray Garrett  
Shirley Rettig

Se cond Term:  
Jessma Blockwick  
Charles Boykin  
Betty Lawrence

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From Jack Peoples, the Indian definition of skiing:

Whoo - ooo - ooo - sh. Then walk a mile.

# COOK'S CORNER



by  
Nancy Garrett

Marty McNeill treated PVS&E's to many varied goodies at the October meeting. There have

been requests from several of you to publish some of her recipes and Marty has very graciously provided several. We hope you enjoy trying these for your family and friends.

## CURRIED CHUTNEY - CREAM CHEESE

Mix together well:

- 1 (8 oz.) softened cream cheese  
(Can use Neufchatel or low fat)
- 1 Tablespoon milk

Add:

- 1 Tablespoon Worcestershire
- 1 Tablespoon curry powder  
(Can add more or less - to taste)

Form into mold on serving plate. Indent the center and chill. Just before serving, add:

- 1 jar Chut-Nut Chutney

Decorate with chopped pecans. Serve with Keebler rye toasts or Escorts.

## HOT ARTICHOKE DIP

In large bowl, stir together:

- 2 cans (14 oz.) artichoke hearts, drained and chopped
- 1 cup fat-free mayonnaise
- 1/2 cup fat-free Parmesan Cheese
- 1 teaspoon lemon juice
- 1/4 teaspoon garlic powder
- Dash Tabasco
- 1 cup non-fat mozzarella cheese  
grated

Spray 3-cup casserole with nonfat cooking spray. Bake at 350 for 15-20 minutes. Serve with Snackwell's no-fat crackers.

Marty will use regular Parmesan the next time instead of fat-free. However, the recipe as stated has 52 calories per 1/4 cup serving.

## MARTY'S KIELBASA

Slice 3 lb.s Kielbasa into bite-size pieces. Brown in skillet and drain the fat.

Mix together:

- 6 oz. yellow mustard
  - 20 oz. currant jelly
- Pour over heated Kielbasa.

Marty makes this a few days ahead and reheats just prior to serving.

## MUHAMMARA

(Turkish: Walnut, Red Bell Pepper and Cumin Spread)

In a food processor, blend together until smooth:

- 1 (7 oz.) jar roasted red peppers  
(drained and charred skin removed)
- 2/3 cup fine fresh bread crumbs
- 1/3 cup walnuts, toasted lightly and chopped fine
- 2 to 4 garlic cloves, minced and mashed to a paste with 1/2 teaspoon salt
- 1 Tablespoon fresh lemon juice
- 2 teaspoons pomegranate molasses  
(or use regular molasses)
- 1 teaspoon ground cumin
- 1/2 teaspoon dried hot red pepper flakes

With motor running, gradually add:

- 3/4 cup extra-virgin olive oil

Serve at room temperature. Especially good with Shra-Lin's pita chips or you may cut pita bread into triangles and toast. May also use as a dip for fresh vegies.

Next month - Date Cake, Lemon-Spice Bars, and Caponata.



# THE KNEE

- 9 -

by

Ray McKisley

This is a special  
Blizzard of '96 Knee.

The Knee promised that with the Knee year would come a new chance to practice our favorite addiction--skiing. Little did I know!

We had the best powder snow our area has seen in at least two decades. The Knee and Nancy put on our downhill skis and skied on our own powder-filled, packed by sledgers street. A great run, and no lift lines. And no lifts. Once was definitely enough.

After trying them in Maine, Bob Harmon bought lightweight aluminum snowshoes and snowshoed through the blizzard. They're more maneuverable than cross country skis, much better through the trees and they require much less snow. Bob hopes other PVSers will take up this sport. The Knee's new sport is snowscuba, using the new lightweight aluminum flippers.

More traditionally, Aina Thomas went cross-country skiing and spent lots of time catching up on reading.

In Baltimore, Carol Parmenter was busy trying to keep her streetside parking spots unclogged after each passing snowplow refilled them. No such problems in DC. Lu Beale's street was never plowed. Everything was "Barryed" in snow except the Mayor.

Dick and Marilyn Clark spent a portion of the Blizzard in Rehoboth. Over 18 inches of snow and much beach erosion. They visited Bob and Vivian Barry who had just returned from Florida, to a real weather shock.

In the midst of the snowfall, Mary Jane McCarthey and Nat Seeman slogged their way to the Kennedy Center. After the concert they returned to Nat's car and a flat tire. Yuck.

Some PVSers worked hard through the storm. Charles and Genee Boykin hosted our spring dinner planning committee including the Garretts, the Clarks, and the Heitchues. Could dessert have been snowcones?

Nancy and Ron Ewing and others skied

at Whitetail. Was the drive up a white tale?

The Knee received a postcard from Ski Liberty claiming "perfect snow, more than Colorado" signed by Charles Huggins, Jan Marx, Jack Peoples, Myron Marquardt, Audrey Conner, and John Newdorp. Since it was Liberty there were no postcards. The group pasted a portion of a trail map on the back of a postal service postcard. And since it was Liberty the card had no cancellation nor postmark. Liberty isn't yet a "destination resort." Even a short destination.

Pity Betty Lawrence? For the entire storm she was snowed in--to her slopeside A-frame at Blue Knob. Yes, they did groom. And for a week it was White Knob.

There was even some talk of cancelling the January PVS meeting. After discussing the possibility with hostess, Shirley Rettig, President Serge Triaux decided to hold the meeting. If no one had showed up, Shirley could bring the food on the PVS Wisp trip.

Had the meeting been cancelled by the blizzard, it would have been PVS' first snow cancellation since February 1979. That meeting was just two days after the "President's Day" 17-inch storm. It was to have been at the Knee's house--before there was even a Knee. (You figure it out.)

More recently we continue despite snow. Our March 1993 meeting at Olga Gilloegly's was 3 days after 8 inches of snow. Over 35 showed up. In January 1994 during an ice storm (there were a lot of them in 1994) only 4 showed up at Suzanne Boisclair's Arlington home. (As you read this, Suzanne is skiing at Val D'Isere, where the Knee understands the "in" sport is snowscubaing.)

Back to the Blizzard. I called Shirley Rettig. Her answering machine took over. "This is a special PVS broadcast message. Our meeting will be held as scheduled and there is lots of snow free parking. See you tonight." And "click," the machine hung up so the next PVSer could get through. Unfortunately, I wanted to talk about opera.

CALENDAR:

- Feb. 8 ... Midweek skiing at Liberty. P. 2.
- Feb. 13 ... Midweek skiing at Whitetail. P. 2.
- Feb. 17 ... Pre-Steamboat party at the McKinleys. Call 703-527-7126.
- Feb. 19 ... through 21st, skiing at Blue Knob. P. 2.
- Feb. 20 ... Monthly meeting at the Waddicks'. P. 1.
- Feb. 27 ... ExCom at Lu Beale's. 7 p.m.
- Mar. 2 ... Wine Tasting at the Copes'. P. 2
- Mar. 10 ... through the 12th. Skiing at Blue Knob. P. 2.
- Mar. 19 ... Monthly meeting at the Yesslers'.
- Mar. 26 ... ExCom at Bette Walker's.
- Mar. 30 ... Spring dinner. P. 3.
- Apr. 13 ... Tour of Kreeger Museum. Call Genee Boykin.
- Apr. 16 ... Monthly meeting at Charlotte Couture Kline's.
- Apr. 27 ... Spring Fling. P. 3.

Note new area code for the Elrods: 540

Bette Walker  
 2801 New Mexico Ave., N. W.  
 Apt. 806  
 Washington, D. C. 20016

