

VOLUME

NUMBER

WASHINGTON

MARYLAND VIRGINIA

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JUNE ,1990

PRESIDENT'S MESSAGE

Once again the summer season is approaching and the Program Chairman has done an excellent job filling our calendar with interesting events. Remember to sign up for the events early and be sure and cancel if you are unable attend the function.

Congratulation to Kirk Burns, who was nominated for the Blue Ridge Ski Council's ski safety award,

Dick Comerford, President

### MONTHLY MEETING

Tuesday, June 19,1990 8:00 P.M.

Home of June Read

10916 Candlelight Lane

Potomac, Md.

Telephone: 299-4602

Winter's gone. Time to take off those big boots and relax in the sun. Come to June's house for a prevue of all the summer events planned just for you!

#### FROM VIRGINIA:

North on 495. Veer left onto 270. and loop around. Follow Democracy Blvd. to end. Right on Gainsborough Rd. Right on Candlelight Lane. 10916 is on left with two-story Right on Candlelight Lane white pillars.

#### FROM THE DISTRICT:

North on Connecticut Avenue. Left on East-West Hwy (Rt. 410) Take 2nd Democracy Blvd. exit, Cross Wisconsin/Rockville Pike to get onto Old Georgetown Rd. Left on Democracy Blvd. Follow Democracy Blvd. to the end. Right on Gainsborough Rd. 10916 is on left with two-story white pillars.



West on 495. Veer right onto 270. Exit Old Georgetown Road. Immediately get in left lane. Left on Tuckerman Lane. Left on Candlelight Lane. 10916 is on right with two-story white pillars.

# Coming Events

### SAIL/SWIM AT JACQUES HADLER'S COTTAGE ON THE BAY

Saturday, June 9th. Rain date: Sunday, June 10th. Come and see Jacques' completely redone house and enjoy a swim in the bay and a picnic with old friends.

Limited to 40, **E**ach participant will bring salad or dessert to share at cookout beginning at 4:30. (**C**ome as early as 10 and bring your own lunch if you wish.) \$4 fee for main course & beverages. Call Coordinator Gail Pease NOW - Home: 620-4573.0ffice: 248-2100.

If weather is "iffy" on Saturday morning call Jan Marx (451-9158) for a decision on Go or No Go.

#### DIRECTIONS TO THE HADLER COTTAGE:

Go east from Annapolis on Rte 50 over the Bay Bridge. At first overpass after the bridge bear right to go south on Rte 8 on Kent Island. The Matapeake Recreation Ground entrance is 3 miles south of Rte 50 (a public boat landing if you wish to launch your own boat). At the Kentmorr Airpark entrance, 5 miles south of Rte 50, turn right (back towards the bay). Take that road to Hadler's cottage. It's the only road - you can't go wrong. It's the blue (4th) cottage after the 90° turn.

MATINEE AT THE KENNEDY CENTER - Saturday, July 14,1990

There are still seats available for the PVS group attendance at the Kennedy Center performance of the skating spectactular "STARLIGHT EXPRESS" on Saturday afternoon July 14th. Music is by Andrew Lloyd Webber.

<del>\*</del>

CALL

NOW!

First tier seats priced at \$33.75 per person.
IN ORDER TO MEET KENNEDY CENTER PAYMENT REQUIREMENTS TICKETS
MUST BE ORDERED AND PAID FOR BY JUNE 9th.

Soooo send check (made out to PVS) with a stamped self-addressed envelope to Steve Grenleski, 13422 Tamarack Rd., Silver Spring, MD. 20904 PRONTO!! Telephone 384-9013.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Steak and Swim at the Elrods - Saturday, July 21st: 2:00 P.M.
Rain date:Sunday, July 22. Price - \$12 or \$15. Limited to 50.
Call coordinator Myra Evans (620-0545) to reserve your place.Details later.

\*

The First Australia Wine Tasting Saturday, August 25.

A special new event hosted by new members John and Dorie Waddick featuring an assortment of fine Australian wines accompanied by appropriate hors d'oeuvre. Limited attendance. Call the Waddicks now to reserve a place. (751-3143). Directions later.

Special

## PVS End-of Summer 1990 Rehoboth Beach Weekend

Special

Event

WEEKEND GETAWAY

Bring your bikinis, tank tops or coverups and sign up for a renewal of the Rehoboth Beach, Delaware weekend partying first introduc ed in the early 1980s. The Barrys and Browns have offered their beach residences (a total of three which can accommodate 20 adults) for two/plus days of fun, sun and—what else—eating over the weekend of 21-23 September, just in time to celebrate the end of another summer and beginning of planning for a hopefully snowy winter of skiing. The cost of \$65 per person includes a cocktail party Friday nite, breakfast at each residence on Saturday, a beach cookout (weather permitting) on Saturday evening and a brunch on Sunday. Space is limited so make your reservations early (no children please) by calling Bob Barry on 560-3127 (home) or 376-5522 (work), or Bill/Susan Brown on 299-5187 (home).

# SKI TRIPS

\*<del>\*\*\*\*\*\*\*\*</del>

MONT SUTTON - January 13 - 20,1991

See Sutton flyer in this issue of TOOT and call leader Jack Peoples if you need more information. (301-840-2213)

SKI THE WEST - February 9, 1991

Because of escalating prices and conflicting requirements regarding areas and accommodations, plans for the club's Western trip are still being worked out. Watch for details in future TOOT.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

In the meantime, call leader Dina Taylor (Home: 301-663-6089. Office: 427-3227) for info, Dina will appreciate your input.

\*\*\*\*\*\*

BLUE RIDGE SKI COUNCIL - April 29, 1990 Meeting by Janet Marx

One new club joined BRSC: The World Bank Ski Club which is a purely skiing group of about 200.

PVS nominated Kirk Burns for the Ski Safety Award but he was not selected.

Ric Nauen 1s working to establish a new data base for club addresses and to have a better exchange of information between clubs. Of specific interest is to have a running list of trips, dates, contact person of all clubs so that smaller clubs can contact each other if trips coincide and perhaps join forces for better prices.

Next year Ski-O-Ree will be at Canaan Valley Feb 2+4, and Winter Carnival at Lake Tahoe Feb 24-Mar 3. Jack Peoples proposed an Eastern Carnival Amtrak trip to Guebec Province for 1992.

Other clubs had trouble with Steamboat Resort and Sun Valley Corporation.

It was established that outside agents and organizations had to be invited to BRSC meetings and be present only in appropriate sessions. Also BRSC mailing lists were to be used only within the Council.

\*



# THE KNEE

Ray McKinley

the end of the month, days will getting shorter

will be headed towards winter again. But there is still lots news from earlier events and even news of late season skiing.

Steve Grenleski skied at Megève and Verbier in France April 26 and 27. He's thinking of running a PVS trip to France next winter.

Kirk and Perry Burns skied at Mont Sutton until it closed on April 26th. They had more snow at the end than in early January and there were no lif+ lines.

Dean Worcester and Biddy Esher helped close Sugarbush on April 22. They reported it should have been closed earlier. Dean arrived back following Tuesday to find his home had been broken into. The major damage was to Dean's waistline as the only noted effect of the breakin was a huge bowl of brownies on the kitchen table. Dean is still looking for the culprit.

The Wyckoffs, as mentioed last month, did get back from their European trip barely in time for the last International Dinner at the Copes making it truly international.

The Heitchues- cut it even closer. They attended a graduation in Richmond earlier on the same day and arrived during cocktails at the dinner. Jean had signed up to bring dessert just in case they were late.

Once again this year, Huey Roberts will not get the Blue Ri dge Ski Council's safety award. However, some females at the Clarks Fun Run were willing to vote him the sexiest runner.

PVS & E and our Munchcans: The Leonhardts' ExCom meeting in January at which dinner was included was attended by a record 30 souls or should I say "stomachs" ?

The ExCom meeting the following month

was the first in this reporter's memory to be reconvened after adjournment. Dot Mills wanted to bring up the subject that dissident voices are not heard in the PVS election process. Dot was immediately silenced and removed from the room (without even a chance to get dissent). She has not been seen since.

Quote from our Corner Kook -er -Cook Nancy Garrett: "No speed bikes are my

speed."

At the Garretts' Kentucky Derby party Jack Peoples rolled a number which enabled Rosey Soler to win one game "You should split the pot with me," said Jack. "Your pot is already sufficiently large," quipped Marilyn Clark. Jack said he hoped Knee didn't hear that one. Tough cookies, Jack.

Day trivia: there were three Derby Nancys present, Garrett, Laymon and Monacelli. Also, two Rays and a Roy, McKinley, Garrett and Elrod. (Hey, it's hard to fill an entire column every month!)

In the party's preparation stages there was a mint (as in julep) shortage. None could be found. Eventually, several people volunteered and we ended up with a mint.

It made sense that you subtracted the cost of your food contribution and it made sense that you needed play money for betting.But, Barbara Wingrove was a bit chagrined when she wakked in and Irene Farrell told her, "Go upstairs, take off what you brought and <u>Huey</u> Roberts will give you money.

Meanwhile, Lu Beale , having misplaced her glasses, was in the living room munching on some fragrant potpourri in the mistaken belief that it was one of the party snacks. She was toopolite to say it tasted AWFUL.

It's June and time for brides and grooms (present Knee excepted). Dick and Marilyn Clark's oldest son, Vince, is getting married in Grand Teton National Park. In August, their other son, Cam, ties the knot in Montana . And Adele Waggaman's daughter, Victoria, will be getting married in July at Martha's Vineyard. \*\*\*\*\*\*\*\*

COOK'S CORNER



by

### Nancy Garrett

As always when PVS gets together, there are many wonderful treats. Derby Day was no excep-

Louisville tradition appetizers were very beautifully presented and the tastes were superb. Below are two which everybody enjoyed.

In large skillet, cook slowly until just softened (3 to 4 minutes): HAWAIIAN GRAB BAG

- 4 tablespoons unsalted butter, melted Mary Jane McCarthy
- 1/2 cup minced onion
- 1/4 cup minced shallots In large bowl, combine:

Raise heat to moderate, stir and cook - 1/2 cup sour cream until soft, but not brown (4 minutes): - 1/2 cup prepared horseradish

- 3/4 cup peeled and chopped tart - 1/2 teaspoon monosodium glutamate cooking apples (such as Granny Smith) - 2 teaspoons dry mustard Transfer mixture to bowl of food - 1/2 teaspoon salt processor fitted with steel blade. - 1 tablespoon lemon juice

In same skillet, over high heat, heat: Suggestions for treasure. - 2 tablespoons vegetable oil all:

Add and cook for 5 minutes or until - Cucumber cubes pink in the center:

- 1 pound chicken livers, trimmed - Green pepper pieces cleaned and drained on paper towels - Water chestnuts

Remove from heat, and add to skillet: - Mushrooms - 1/3 cup apple brandy, such as - Raw oysters Calvados ( or substitute Applejack) - Cooked chicken livers

Avert your face and ignite brandy. - Cauliflower buds After 30 seconds, return skillet to low - Broccoli flowerlettes heat and cook until flames subside and - Pineapple chunks alcohol is cooked off. Add to mixture - Olives in food processor. Process for 1 to 2 - Pickled mushrooms minutes, til thoroughly smooth.

If mixture seems too thick, add until smooth and soft:

- 2 to 4 Tablespoons Heavy Cream Add 1 tablespoon at a time mixing thoroughly after each.

Cool to room temperature. When cool, add through food tube and process until all is incorporated:

- 8 tablespoons unsalted butter, adding 1 tablespoon at a time

#### Add:

- 1 teaspoon salt
- 1/2 teaspoon freshly ground pepper rr
- tion and in typical 1 teaspoon fresh squeezed lemon juice
  - Pinch cayenne pepper

Process 15 seconds. Pour and scrape the mixture into crocks serving bowl for PVS. Cover and CHICKEN LIVER PATE refrigerate. Mixture will keep up to WITH APPLES AND BRANDY 10 days. There was none left to keep Peggy Burns on Derby Day. Serve with crackers.

- 2 cups mayonnaise

Use any or

- Cherry tomatoes
- Avocado chunks

  - Boiled, peeled shrimp

  - Artichoke hearts

Use a very large bowl to gently fold treasure items into sauce. Serve with toothpicks.

This made two large bowls of hidden treasure. Every last drop was eaten.

#### PAST EVENT

### THE LAST OF THE BEST by Doris Mair

the low edge for a line and

The twentieth (and, alas, final) International Dinner at the Copes on May 19 was a rousing success. The garden-party weather was perfect for sipping one or all three of the cold punches -- strawberry, Margarita or bluesberry -- and sampling The artichoke dip, the gorgeous salmon mousse and the paté with green peppercorns.

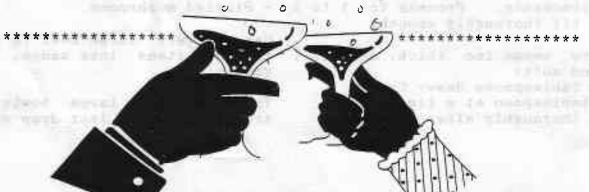
Courses beginning with a cold cream soup with mussels (Bili-Bi Froid) followed by chicken cakes and Shii-take mushrooms was served by the two Karens -- Karen Cope and her friend, Karen Strauss. Two white wines accompanied the chicken -- L'Epayrie Blanc de Blanc and Pedroncelli Chardonnay '88 -- followed by two reds -- Penfolds Cabernet/Shiraz '84 and Sonoma, Riverwest old Vines, Zinfandel '77 -- to accompany the butterflied lamb served with wild rice salad and spinach cheese squares.

PVS members, being sweet-toothed, managed to devour a platter of assorted cheeses, a cold lemon soufflé, grasshopper pie, a poppy seed pound cake, strawberries chantilly and an apple walnut torte! Pat says that at the first International Dinner only 3 desserts were served, along with 4 hors d'ouvre, 5 entrees, and 6 vegetables/salads. Our tastes have obviously changed, not to mention our wine consumption. In 1978 the total wine consumption was \$81; in 1989 it was \$263!

It was great fun to see so many old friends at this last festive event, including a few of the lucky ones who attended the first dinner in 1971 -- Marilyn and Dick Clark, Jan and Bob Marx, Hank Thomas, Othmar and Doris Mair and, of course, the Copes. Jan and Bob Marx even wore the same South Seas print sport shirt and dress that they wore at the first dinner in 1971-- would that more of us could do the same!

Kudos and our eternal gratitude go to Don and Pat for hosting this event in their home for 20 years. They've always been charming and gracious hosts and those of us who've attended the dinners are indebted to themofor their generousity, as well as to Marilyn Clark who has so ably assisted Don and Pat with arrangements and reservations over the years.

O o & PVS salutes you, Don, Pat and Marilyn. Thanks for the memories!



#### PAST EVENTS

#### A DAY AT THE RACES by Myra Evans

On Saturday, 5 May, 50 PVS'ers gathered at Nancy and Ray Garrett's for the Second Annual Kentucky Derby Day. As folks arrived, they were directed to bookies Huey Roberts and Jan Marx who swapped real money for fun money. For the next couple of hours, while we waited for the race to begin at 5:30, the guests sipped mint julips, snacked on hors d'oeuvre and played games. (Hot tip from Lu Beale: potpourri looks and smells wonderful, but it leaves a terrible after taste.) In addition to the games, there were also some betting boards where people could decide how much they wanted to wager. People soon discovered it's a lot more fun to bet when it's fun money you're betting! By 5:30,"My Old Kentucky Home" was being heard on televisions around the house, and then the horses were off. Of course, the odds-on favorite was stomped, so to speak, by Unbridled who belonged to a 92-year-old woman who has been in the horse racing business for many years, but had failed to win the big one. (She sounds like possible PVS material if her house is large enough for meetings!) After the race, everyone was treated to a scrumptious meal of barbecued beef, pinto beans, salad and Derby pie. No one went away hungry from that feast. While most of the group was eating, Ray McKinley and Nancy Garrett had been busy tallying up winnings for the gang and after dinner, the prizes were handed out. Nancy Monacelli was the big winner with Ellen Burgess coming in a close second. The entire day was full of fun and all were looking forward to next year's Kentucky Derby Race.

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#### FUN RUN by Nancy Garrett

House beautiful very aptly describes the Clarks' new addition. Adding a "sun room" has added a whole new dimension to an already lovely home. The sun room is filled with blooming violets and a charming needlepoint pillow of violets offers just the right touch. The addition also included a garage to house the pride of Dick's life, the '62 MG which he refinished. We were all most pleased to be a part of the first PVS event held there since the renovation. The KNEE remarked that we were eating out "stark deck-ed".

Since the rains held off for almost all of this fun filled event, the 20 of us who ran and walked began to think that maybe it wasn't really a weekend day, but one of those during the week. To keep us straight, Mother Nature brought a few drops out during the brunch time. We really couldn't gripe about the cloudy day, as it kept the temperature most pleasant for the runners and walkers.

Runners this year were very few - Dick Clark, of course, with Bob Marx, Ray Garrett, Huey Roberts, John Newdorp, and Ruth Schrider. John and Ruth decided that six miles wasn't quite enough, so they took a detour and ran two extra miles to catch up with the group. As Ray and Huey passed by the walkers, Ray said to Huey, "As soon as we pass this group, we can quit running and slow down." The walkers kept apace with one another. Someone remarked that they could remember when those who walked sauntered along and enjoyed the scenery and conversation. This year, the pace was aerobic, but fun.

Marilyn changed the brunch this year serving a french toast casserole with strawberry jam, sour cream, or syrup toppings. This was accompanied by a lovely fruit compote, and Marilyn's famous walnut bread and blueberry bread. A very satisfying end to a wonderful walk/run. Thank you Marilyn and Dick for hosting another fun filled PVS event.

### POTOMAC VALLEY SKI CLUB MONT-SUTTON, QUEBEC, CANADA

Jan. 13-20, 1991 SUNDAY TO SUNDAY

Reservations are firm at the slopeside LaPaimpolaise for the 6th annual Mont Sutton ski trip.

# TRIP INCLUDES THE FOLLOWING:

1. Round trip airfare, Washington, D.C. to Burlington, Vermont.

a Study and helical managers of the New York

- 2. Round trip bus, Burlington to Mont-Sutton.
- 3. Seven nights lodging at LaPaimpolaise.
- 4. Seven full breakfasts.
- 5. Seven gourmet dinners with wine.
- 6. Six day interchangeable lift ticket.
- 7. Welcome party on sunday.
- 8. Constant open hospitality in trip leaders suite.
- 9. Fifteen passenger van for transportation during the week.

ALL OF THE ABOVE FOR ONLY \$699.00 PER PERSON, DOUBLE OCCUPANCY. Seniors 65 years and older will receive a discount on the lift ticket.

For those who are not familiar with Mont-Sutton, here are some of the statistics on the mountain. Sutton has nine chairlifts (no lines during the week), 3000 foot elevation, 1550 vertical, 53 trails, long runs and glade skiing (trails through the trees) and four restaurants on the mountain for coffee breaks and lunch. Snow making is now completely computerized. Chairlift #1 is at the side door of the LaPaimpolaise so you can put your ski boots on in your room. The lift ticket is good at all four mountains - Sutton, Bromont, Orford, and Owl's Head, and we plan to have the rental van available for trips to the other mountains if it is desired.

Please complete the form below and mail, along with your \$200.00 to, JACK PEOPLES, 8907 EDGEWOOD DRIVE, GAITHERSBURG, MD. 20877 by August 31th. A second payment of \$200.00 will be due by Oct. 31th, and final payment of \$299.00 is due by Dec. 8th. If you have any questions, you can call Jack at 840-2213. Make your check out to PVS Mont-Sutton.

Name		Male		Female	
Address			Non Smoke	er	Smoker
City	well distri-	State_	sheet acts	Zip_	attiti yalif (1997)
If driving, please list	names	man do	Add to	říli.	pa prida pride est
Phone: Home	Office		Roommate	Pref.	5 mile has Jeffer
I ACKNOWLEDGE THAT PVS, IN MAKING THESE ARRANGEN NOR ADDITIONAL EXPENSES	MENTS AND AS:	SUME NO	RESPONSIE	BILITY	FOR ANY INJURIES
Nata	Ciamatum		70 70 70		

#### SAFETY AWARD

Although Kirk Burns, 'PVS's nominee for the Blue Ridge
Ski Council Safety Award for 1990, lost out to another
club's candidate, our members should know why Kirk was our
man. The following excerpts, submitted by Janet Marx, tell the story.

As a member of PVS, Kirk Burns has been a positive influence on our awareness of the importance of safety when skiing. At one club meeting each year, Kirk gives a talk and demonstration about avoiding injury from cold, including frostbite, hypothermia and muscle spasm. He provides charts and explains the physiological effects of cold on the body and how to prevent dangerous situations. He explains that knowing why something happens helps one understand why and how to avoid problems.

Kirk was a member of the Washington Metropolitan Ski Patrol for at least 12 years until it was disbanded 4 years ago. He is now a divisional coordinator to acquire surplus government equipment for the Patrol, and is a member of the USA Ski Patrol. In this capacity, he visits many ski areas throughout the country and at each will acquire and disseminate information as appropriate.

# News From the West

Mary Ward sends us all a note ....

"Thank you for your card and good wishes for Jim when he was ill. He's much improved since escaping from the hospital. This dratted illness has kept us from skiing for the first winter since we met back in 1975! (Actually the Great Western Drought conspired in that by keeping Mt. Bachelor closed for our annual Thanksgiving trip to Oregon.) Well, there's next year.

Thanks again and fond greetings to you all.

Mary and Jim"

## FVS OFFICIERS

President .... Dick Comerford Vice President. Nancy Garrett Secretary .... Irene Farrell Treasurer .... Margaret Wyckoff Membership.... Marilyn Clark Program Chairman .. Ray McKinley TOOT Editor .. Lu Beale TOOT Production .. Jan & Bob Marx Movie Mogul ... Rosemary Soler Answering Service. The Marxes (451-9158)

#### EXCOM

SECOND TERM
Bill Anderson
Myra Evans
Dina Taylor

FIRST TERM /
William Brown
Howard Hensley
June Kelsay

#### CALANDAR

June 2 ... Spring Bike Outing.

June 6 ... Evening at Wolf Trap. Picnic at 6:30. Curtain at 8:15. Coordinator: Barbara Leonhardt (279-9056).

Picnic at Jacques Hadler's bay house. See page 2

June 19 .. Monthly meeting at June Read's. See page 1.

June 26 ... ExCom at the Garretts'. 7:30 P.M.

July 14 ... Matinee at the KenCen. See page 2
July 21 ... Steak & Swim at the Elrods'. See page 2. 127-2

July 24 ... ExCom

Aug. 11... Boating & Picnicking at the Flakes. Limited. Rosy Soler coordinating (301-649-2155).

Aug. 25...Summer wine tasting at the Waddicks.Limited. See page2. Aug. 28...ExCom

Sept. 2...Leesburg Bike & Sapper with the Comerfords. Dot Mills coordinating. (202-527-5036)

9...Crabfest at Barbara Wingrove's. Limited. Ruth Schreider coordinating (770-3438).

Sept 18 ... Monthly Meeting
Sept 21 ... Weekend at Rehoboth Beach. See page 3

Sept 25 ... ExCom

? ... Boating and Picnicking with Dean Worcester. Oct

NOV 3 ... 25th ANNIVERSARY DINNER.

Bob & Janet Marx 8312 Oakford Drive Springfield, Va 22152



